

VOL. 2, ISSUE 8 | FEBRUARY 5TH, 2024

BACK FROM BREAK

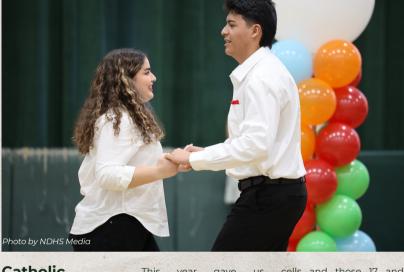
Winter break and returning back to school after the holidays

By The Titan Times Team

Upperclassmen & Underclassmen

We've just gotten back Retreat Week was such a something. class shows. Without saying with Christ, but learn about yourself and those around you.

retreat week blast! It was a great way and....oh wow...that was for students to meet new For the people and make friends! Seniors, we went on our For me, it was such an Kairos trip up in Big Bear amazing opportunity for and it was so nice up me to get closer to both there, especially with the my peers and Jesus! snow. The retreat itself Retreat Week was also a was such a great time for lovely getaway from life. us to grow closer as a Speakers like Mr. and Mrs. and in our Webster had inspiring friendships, and it really talks that touched our hearts. My first time too much, Kairos is a attending Retreat Week wonderful time where at Notre Dame was a you grow not only more memorable experience that I will cherish. Retreat Week was different for everyone, but I have no doubt that the Lord used it to have everyone come closer to Him!



Catholic School's week!

Coming back into the school setting, we are welcomed by the Catholic wonderful Schools week! This week was full of fun activities such as the blood drive on Wednesday, Mass on Monday, and XLT Thursday night. Starting off the week with liturgy, students had Mass on Monday to set the mood for the rest of the week. On Tuesday, we had the amazing experience of seeing the foreign language performances.

This year gave US something new as we saw the American Sign Language classes perform songs as well. Classes spanned from Spanish III all the way to AP Spanish. Many students showed off their dancing talents and shared the cultures of many latin American countries. On Wednesday, students were given the opportunity to be something great in our world by donating blood and saving lives. Students under 17 were able to donate whole red blood

cells and those 17 and above were able to donate just red blood cells, saving even more lives. Moving on through the week with our last activity, XLT. On Thursday, during our TAC period, we experienced a mini XLT where we had a quest speaker and came to worship God. Later that niaht. peer ministry hosted XLT. Students came together, enjoyed pizza, and heard from our amazing Mr. V, as well as share time in the presence of God. This final day summed up our Catholic Schools Week!



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"Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert." - Isaiah 43:19

inter Formal and Homecom

A night of music and friends

By the Cramer Siblings

Jude Cramer, Frankie Cramer, Writers

school hosted the much-Formal, embracing a "Turn Back nostalgic theme that resonated throughout the days. Δς dress-up someone who firmly believes that the enjoyment of school dances lies in one's perspective. I can say that overall, it was a positive experience. However. there were some notable aspects that stood out when engaging with the crowd and experiencing the event firsthand. A noteworthy hiccup in the evening was the late arrival of the DJ, causing a awkward atmosphere during the

On January 19th, our initial half-hour of the dance I understand that anticipated 2024 Winter some things were out of control but I just wanted to note this event. As kids stood around or sat with friends at the tables, the week with various spirit DJ eventually made his and began entrance setting up. It's worth applauding the choice of venue, as it provided a beautiful background for photos and had delightful atmosphere. While awaiting the setup of the DJ, uncertainty loomed regarding the location of the dance floor, which unexpectedly turned out to be outdoors on a rocky cobblestone surface—a unconventional arrangement, to say the least. Despite this, the beauty of the venue helped mitigate any initial



Photo by NDHS Media

Our 2024 Winter Hoco Court:

Freshman Princess: Madison Mendoza Freshman Prince: Mark Cadena Sophomore Princess: Alina Saldanaha Sophomore Prince: Juan Pablo Tomas Junior Princess: Kaitlyn Ngu Junior Prince: Gian De La Cruz Senior Princesses: Ashley DeGennaro, Kaya Villafan, Frances Cramer Senior Princes: Deon Jordan, Kyle Kenzy, Thomas Huelskamp Steven Thomas

Senior Queen: Bianca Avila Senior King: Zachary Crochet discomfort. In terms of the music, there was room for improvement in my opinion. However. acknowledge the thoughtful additions of the 360° photo booth and traditional photo booths, which added to the event. Also the dessert bar, featuring an array of candies and doughnuts, was a nice addition to the dance. While Winter Formal had its share of unexpected twists. including a late-starting DJ and an unconventional dance floor, the overall experience was very nice and enjoyable.



Who did what? Winter Break Edition

By Ana Sofia Ramirez

Sophomore, Writer

As much as it pains me to Let's see what, other say, winter break is over. Titans did over break: Semester 2 is kicking into full swing, but as we get back into our busy day to day lives full of AP classes and extracurriculars, let's Jonathan Medrano got a moment to reminisce on what some Titans did over Winter movie. They recommend Break!

personally and thoroughly enjoyed winter break. I got to spend time with my family and read some books. I hung out offers a great deeper with friends, and watched message. some of my favorite RomComs with my cat, Auggie. (Pictured below)



Photo by Ana Sofia Ramirez

Sophomores Michaela Rodriguez, Mario Cabral Jr., Xavier Felix, and together over break to watch the new Migration the movie to anyone who wants to experience a great story with very real characters. Despite being a movie about ducks, it

Junior Ellison spent some time playing the very popular video game known as Fortnite. I hope he enjoyed his time playing the great game!





Photo by Google Photos

Senior Frances Cramer, says that she got to spend time with her Pookie over break. I evervone. including me. wishes they were her Pookie.

Junior Josephine Schmidt, got to spend time in Lake Arrowhead with her dad. She also got to go mini golfing! Sophomore Alejandra Barragán, celebrated her sixteenth birthday during break. She got together with her friends who celebrated

Sophomore Enoch Light, was hanging out with friends in LA, but on his way, he witnessed a car explode! It was a life changing experience, and he reminds everyone to drive safe.

Freshman Douglas Cube, spent winter break watching Young Sheldon. The show gives the interesting backstory of one of the main characters from The Big Bang Theory. I personally love the show.

Senior Makenna Corea, got to spend some quality time with her bed. (Personally one of my favorite pastimes). She got to catch up on some rest and relaxation, and I love that for her

Despite all of these interesting stories heard about the overwhelming favorite of many Titans, was retreat week! It was a great experience to not only grow in our faiths, but also in our friendships with our

I hope everyone enjoyed their winter break, and were able to get some rest. I wish you all the best of luck in the second semester, and don't forget to take care of yourself:)

NFL Buzz

By Lubianca Gaitan

Junior, Writer

The NFL season is in full swing, and this can be seen with students around campus. As many of you have probably seen if you have been in Mr. Norman's classroom. there are always game predictions on the whiteboard, allowing have students to something to look forward to when coming back to the classroom. Right now, many teams can be seen battling it out on the gridiron for a chance at Super Bowl Glory. As the excitement builds, we took the time gather some our own students. Let's dive deeper



Google Images

predictions prior to last Sunday, let's hear from one of our own students, Michael Barboza, his prediction is that Kansas City and San Francisco go head-to-head, which hit the nail right on the head after the past Sunday games. Mr. Norman himself was rooting for Detroit vs the 49ers or Kansas City Chiefs. Close enough. Another senior that shared his prediction was Aidan Taylor, predicting that the Baltimore Ravens would be on the AFC side and the Detroit Lions would be on the NFC side.

Mr. Norman's Whiteboard



hear

some

let's

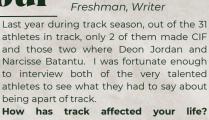
Now.

predictions of some students after last Sunday's games, where the Kansas City Chiefs beat the Baltimore Ravens with 17-10, and the San Francisco 49ers beat the Detroit Lions by 34-31. Freshman Carter Jones says "I don't think I could ever bet on the 49ers to win anything predictions from some of just because I hate them that much. So, I got the Chiefs". Tough, but as a Cowboy's fan I have to agree. Michael Barboza also shared his prediction following the events of last games, saying "Kansas City 31-26 San Francisco. San Francisco will have the upper hand for the first half of the game, but Mahomes and Kansas City will have a legacy drive in the 4th Quarter to help win the game". Our wonderful Nico Kendall shared his predictions as well, saying "I think 49ers. I hate Swift. Plus against the lions they got rid of the lions 17 point lead in 8 minutes. By honestly now thinking about it, I just hate Kelce and Mahomes. They've become the new Brady + Gronk'



NFL Round		Hormon	Ethan	Lubianca	A.T.	i
AFG Championship Kansas Gity v Baltimere	Kansas City 38-36	KC 34-31 (oT)	SS LUMICIMA BAL 34-28	Ransas City	BAL	
NFC Championship Detroit v San Francisco	San Francisco 28-27	SF 20-14	SP 24-21	Son	Lions	
Euffalo Bills 1 KC 2020 A FC 2021 A CIN 2022 A FC 2023 A	AFC CHAM FC DIVIS AFC DIVI	NIONSHIP 3 ZONAL ROW	8-24 L 0 42-36 0 27-10 ND 27-2	(OT) (: "12 L: "WHO E 4 L: WI	DEUL GOO. A A	nose tickety!" (BAO MEMO

Revenge Tour



By Anthony Elias

Narcisse's answer-"It made me run faster and jump harder." Deon's answer-"Track has shown me how to achieve my goals."

What makes track so fun? Narcisse's answer-"Its fun to compete with others but you're also competing with yourself to beat vour PR's." Deon's answer-"I feel like getting to show off your agility while racing others and setting personal goals for yourself to break is what makes track fun.

What do you love most about track? Narcisse's answer- Getting "PR's, and I also like my banner thats up there" Deon's answer-"What I love most about track is relays while hearing teammates cheer for me and being able to cheer for my teammates. It's just such a sensational feeling that gives you the burst of energy you need to finish through."



Photo by Coach Dustin

Thank you to Deon and Narcisse for letting me interview them and good luck to all the athletes that are in track this year.

Thomas Huelskamp: That Guy

By Makenna Corea

Senior, Writer, Social Media Manager

This issue's Athlete of the Week is none other than our very own Thomas Huelskamp. Thomas is a senior and the captain of the varsity golf team at ND. I chose to interview him to shed light on how fantastic our golf team is and has

How long have you been playing?

I have been playing golf for 3 years now.

winning was league last season?

Winning league was pretty cool, we went 12-0 and won league for the first time since the early

Are you planning on playing in college?

Yes. I do plan on plavina the next level. There is a school in Kansas that is offering a scholarship for me to play there, so it is a high possibility that will be my choice.



Photo by Aiden Gamez

memory season?

be Team CIF, our entire earn another banner, team did not really expect and to make it far to even get there in the individually first place, so we just had competition. fun. While most schools were super locked in we What is your favorite were messing around and hype song? putting with golf balls with I love emojis on them. We ended Kendrick Lamar before up taking second place matches to get me into which just made the day my zone before matches, more memorable. Also, I the calmer I am the placed first individually by better I play. a large margin in Team CIF and my score kept us in the place we were in. I played so good that day the coaches of other schools were watching me play, so that also added to it being a memorable day

What was your favorite What are your hopes from last for your senior?

I definitely want to win My favorite memory has to league again this year to in

listening

Wiiings!

By Lubianca Gaitan

Junior, Editor-in-chief, writer

Howdy Readers!

This issue will be a little different from our usual food reviews. Although snack bar is wonderful, there are also some popular restaurants in the area that can also appeal to our taste buds, in particular, outside of Recently, school. in a very indulged interesting hot wing challenge. Wingstop is my personal go-to place for wings, so I ended up getting some Mango Habanero wings from my local Wingstop. Now, this may be easier for people who eat spicy foods on a daily, but I am not one of those people. I bought some non-spicy wings and then a couple spicy. I devoured the normal

wings, savoring each bite. The chicken was so juicy and the sauces, Hawaiian and Korean BBQ, just melted on my tongue. The wait at Wingstop is what always discourages me to go, but a nice alternative, not much different from our own snack bar, is to order online, and that I did. When it came to eating the Mango Habanero wings, I wasn't too worried as I have had these wings from another local restaurant and they weren't too bad, but boy was I wrong about these. At first, the wings were sweet, and that I liked, but once the aftertaste hit, I was sweating. The spicy part of the wings was so awful that I had to



get a glass of milk to soothe my tongue, that of which I could barely feel. I think that I had burnt off taste buds in the process of this. There was no taste to the wings but just hot, hot. I enjoy spicy foods as long as it has some flavor, but this was just pain. To those who enjoy these wings, my father being one of them,



respect to them, they're stronger than me. Besides the whole tongue-on-fire situation, I did very much so enjoy the yummy wings and encourage everyone to at least try them once in their lifetime. Head on over to your local Wingstop and experience some juicy chicken wings coated in a delicious sauce of your choosing.

New Year, New You

By Sara Sanchez & Lubianca Gaitan

Juniors, Writers



With the new year, we often create a New Year's resolution that we tell ourselves we can do. But how long until we give up or forget about it? The goal to achieving a resolution is to make it attainable and create habits that can help you. Whether it be getting straight As or creating a business, anything is attainable, as long as you try. One habit that can help you succeed is using a daily calendar. This habit has proven useful to many. Using a daily planer not only helps you stay organized, but it also reduces the chance of procrastination since you are set on a certain schedule. Another

new year habit is focusing on getting enough sleep. Sleep is crucial not only to your physical well being, but also to your mental health. Getting enough sleep reduces many future health problems and allows you to function better throughout the day. Getting enough sleep can help you concentrate better on school work and reduce stress. It also strengthens the immune system, preventing you from getting sick. These are only a few habits you can adopt as the new year begins. Other habits can include getting a hobby, reading, eating healthier, or journaling.

Fitness Goals

A common theme amongst New resolutions is fitness, specifically wanting to lose weight or get in shape. This can be scary at first, not knowing where to start or having to get into the mindset of self-discipline and sticking to being consistent with the gym and diet. If you are one of these people, then don't fret, because you are not alone. The best thing to do is be prepared mentally. You need to make sure you will stick to your goals no matter what. One little slip and you will go back to the conformist mindset and not want to better yourself. Firstly, decide what exactly it is you want to do, whether it be losing weight, gaining muscle, growing your glutes, or just getting in shape. Once you know what you want to achieve, do some research in regards of workout routines. Now, one of the most important things when it comes to fitness is your diet. If you plan on losing weight, it is best to do it in a safe manner,

and the best way to do this is by going into a caloric deficit, which just means you will be consuming less than you are burning off. If you plan on gaining weight, the opposite goes. You will need to eat more than you are burning off. Now, if you have the mass but just want to turn that into muscle, you need to start working out. Our school offers weight training, or you can sign up for a gym membership. Maybe get a friend or two to go with you. At the gym, don't worry about what others will think. You are there for yourself and that is that matters. researching workout routines, make sure to go into depth to properly achieve your goals. The wrong form when doing a workout can either do nothing or cause big damage. In this new year, it's good to start those good habits, especially when they have to do with one's health. So take some time out of your year to begin taking care of the body that takes care of you.



Scholar Spotlight

By Lizzie Tran Senior, Writer

Welcome back Titans to Titan Times Scholar Spotlight, where we feature these hard-working students who have showed their all into their academic abilities chosen by our awesome teachers! Keep working your hardest and continue to be great people! Coming back from Winter break and from retreat week was quite the break everyone needed! I hope all you students are doing well and continuously working your hardest coming back from break. We have just begun entering our second semester and school is almost nearing to an end, so work hard and push through Titans. Through our Scholar Spotlight issue today, we'll be representing our selected students from AP and Honors Chemistry by Mr. Mitchell and Physics Mr. Cooney, who are both in the science department. Starting off with AP Chemistry, Mr. Mitchell has chosen Senior, Thomas Huleskamp, (top. photo) as a great example of someone whose excelled within the school year.



"I love the subject of chemistry, and I believe Campbell. Great my peers can see that about me. I enjoy Titans, we will see you next learning the subject with all its intricacies, issue!! solving problems and doing experiments or labs. AP Chem is definitely more of a challenge from sophomore year chem as the course challenges your knowledge both old fundamentals and new. To be chosen is cool, and I thank and appreciate Mr. Mitchell for recognizing me as a scholarly student. Mr. Mitchell definitely cares for his students, and I believe that helps in my pursuit of this subject. With this I'll do my best to pass the AP Chem exam in May." Continuing with our Honors Chemistry class, sophmore Savanah Garcia (right side photo) greatly represents as someone who does well in class. Great job Chemistry Scholars, keep up

the good work! Next off in the Science department is Mr. Cooney's physics class! Represented in the photo down below are Senior Christian Campbell and Junior Bailey Milenkiewicz. Mr. Cooney believes that they both do very well in Physics and that they show their hard work and effort to learn. "It feels nostalgic, taking Mr. Cooney's class again. Last time I was here, I was a freshmen, and as a senior I'm glad I'm finishing my time here with another Cooney class!" - Christian work





Photo by Lubianca Gaitan

eacher Feature: Señor Alcala

By Thomas Huelskamp

Senior, writer

Q & A with Señor When did you start working here?

I started working here at Notre Dame in the 2022-2023 school year.

did you start How working here?

I had just gotten my masters degree and was looking around. I had saw a job opening here and contacted my college friend, Mr. Shelton, and he recommended it. After the interview I fell in love with the place being in a private setting.

Thank You Señor Alcala!

This small interview that I had with Señor Alcala was a is known as Coach Alcala great and enjoyable time. Even though he has worked on the field. This year will here for only a year, you can understand his passion for be the second season all his students as well as teaching spanish to them. At Coach Alcala would have a smaller private school, you can see that Señor Alcala coached the Lady Titans excells at his job, holding himself and others to a high Soccer Team. This year standard. I believe that we are blessed for a teacher like they are currently placed him to be here at Notre Dame, and I am grateful for Mr. second in league with a Shelton to have been the one that recommended record of 3-1-2. Señor Alcala. Keep doing what you do Señor, and keep showing a passion for what you love!

Why do you continue to work here?

I continue to work here mainly because I really care for my students again the environment here is really good. I feel like being with a smaller group of students private school really gets to interact with students and actually get to know them and care for each other a little more.

Fun Fact:

Even though Señor Alcala played soccer in college he never really wanted to go pro, but loved the idea. Now his nephew Álex Alcala has just signed a contract with Manchester Citv.



Photo by Thomas Huelskamp

Girls Soccer

After teaching a long day of 5 classes, Señor Alcala

Español

"What I love most about teaching Spanish is culturing my students, letting them know that learning one or another language is really important especially California because it makes you count as not just one person, but two, since you know two sides of the world, and just being able to communicate with others is important".



AP Art projects

By Elyza Lansang

Junior, Writer



This time on The Arts section, we have some fantastic pieces from Ms. Studio students! Ms. Stemmann's art students are so talented to create these beautiful pieces to share with our Notre Dame Community. The art piece above was done by one of the students, Kris Landa. Great job, Kris!

Pictured above, we can see a piece done by none other than our Lubianca Gaitan! There are so many more talented pieces showcased in Ms. Stemmann's room, and I would highly recommend you stop by to support our amazing artists! I would like to give a hand to all our imaginative Titans and thank God for your gifts! Keep up the lovely work!

Dead Poets Society

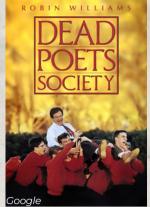
By Lubianca Gaitan

Junior, Writer, Editor in chief

Dead watch released in 1989. It group follows the story of belonged to

If any of you know me, school. In the new school I am a big fan of year, they have a new movies, unfortunately, teacher, played by Robin this does not mean I Williams, who teaches have watched all the them Carpe diem, which classics. Thankfully, I means "seize the day." was recently able to This brings the boys out Poets of their shell, reviving the their teacher some boys in a very student, where they would come together to





read poetry and learn to enjoy the little things in life. The entire film felt like an emotional rollercoaster for me and left me sobbing uncontrollably by the end of it. Although it seems a little cheesy or boring at first, I would recommend this to anyone, so they know they are not alone. Fair warning though, it does touch on some sensitive topics such as suicide. If you or someone you know is struggling with these thoughts, seek help. Suicide Crisis Hotline: 988

OK Computer

By Lubianca Gaitan

Junior, Editor-in-chief, Writer

going to be reviewing one of my Yorke and his amazing Radiohead, vocals, favorite artists specifically their OK Computer instrumentation album. This album was released thought-provoking in 1997, yes, Radiohead is old. The create style goes beyond just ordinary experience for anyone who punk and electronic music, sort decides to listen to the of foreshadowing the digital age album with an open mind. and its impact on society. From The overall theme of the the opening track "Airbag" to the album surrounds the idea final song, "The Tourist", it takes

listeners on journey that I feel can best compared be Howdy Music Lovers. Today I'm dystopian landscape. Thom along with the a meaningful of dehumanization due to



OK computer by Radiohead

technology, and the fear of losing oneself in a world that is ran by machines. Seeing as how the album is almost 30 years old, it does a great job of invoking deep feelings as the theme is even more relevant in society today. My personal favorite tracks are "Exit music (for a film)", "No surprises", and 'Karma Police." Thom Yorke's vocals send chills down my spine in "Exit music (for a film)", as it feels like I am the one experiencing such a strain on my being. I would recommend everyone listens to it at least once in their lifetime if they're willing to experience it.

Laughology

By Notre Dame Students

Memes sent in by students





Submit your own memes!



Behind the Scenes

By The Titan Times Team

















People Featured:

Jared Rodriguez (11), Ellison Tolenti (11), Tristian Hollero (11), Solimar Camargo (12), Siobhan Lee (12), Sofiia Parfeniuk (12), Soma Kpaduwa (12), Makenna Corea (12), Carter Worthington (12), Frankie Cramer (12), Thomas Huelskamp (12), Jude Cramer (10), Sydney Cramer (9), Jude Cramer (10)

Submit your own pictures!

Advice Archives

Submit an Advice Request!

By Frankie Cramer

Q:How do I end things with a guy that really likes me but is also delusional?

A: I think that you have to realize when a guy is being delusional you have to be real. You have to make it clear that you don't want him. By real, I don't mean being nasty or rude, but rather straight up and direct. Don't accept compliments, make it clear you guys are just friends, don't accept gifts, no matter how good it sounds. Accepting any of the above, will allow them to continue being delusional. Stop it now before it gets worse... unless you just like the attention, if so keep doing what you're doing

Q: How do I pass Algebra 2 honors?

A: Practice, practice, practice! To master math, you have to devote time and effort to it. I know it's tedious and draining, but it's ESSENTIAL to pass a math class with a good grade. Every day, set time aside to do math questions, not your homework, but actual practice problems. Maybe do ten problems a day. On topics you don't understand, try asking a teacher for tutoring help during breaks or lunch. Khan Academy and Organic Chemistry Tutor have some great videos when it comes to math help.



20/20

i always get good grades.

Photo credit: Pinterest

The Titan Times

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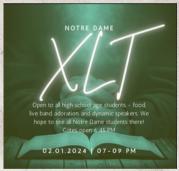
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