

# Dementia Friends Information Session



## What is Dementia Friends?

A Dementia Friend learns about dementia and then turns that understanding into action. Dementia Friends USA is a part of a global movement that is changing the way people think act, and talk about dementia.

## Who can be a Dementia Friend?

Anyone can be a Dementia Friend. We all have a part to play in creating dementia friendly communities.

## What will I learn?

Through interactive activities and information you will learn what dementia is, how it affects people, and how you can make a difference for people touched by dementia.

## How much does it cost?

The session is free! You will be provided with a session workbook and certificate after attending.

**Join the Movement! Become a Dementia Friend Today!**

**Thursday, February 29th**

**5:30 to 7:00pm MDT**

**Online**

**You will receive the link after  
you register**

**Register by calling**

**208-459-6003**

**or by emailing**

**canyon@uidaho.edu**



**University of Idaho  
Extension**



IDAHO DEPARTMENT OF  
**HEALTH & WELFARE**  
ALZHEIMER'S DISEASE AND RELATED DEMENTIAS

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