

BELL TIMES ADVISORY COMMITTEE
Tuesday, January 19, 2021
6:00 PM
Remote Attendance



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1. **WELCOME Monty Sabin**
 - **Online Meeting Norms**
 - **Welcome & Introductions**
 - **Purpose**
 - **Agenda Overview**
 - **Leading with Equity**

 2. **SURVEY REVIEW Monty Sabin**

 3. **DECISION / RECOMMENDATION Monty Sabin**

 4. **CLOSING Monty Sabin**

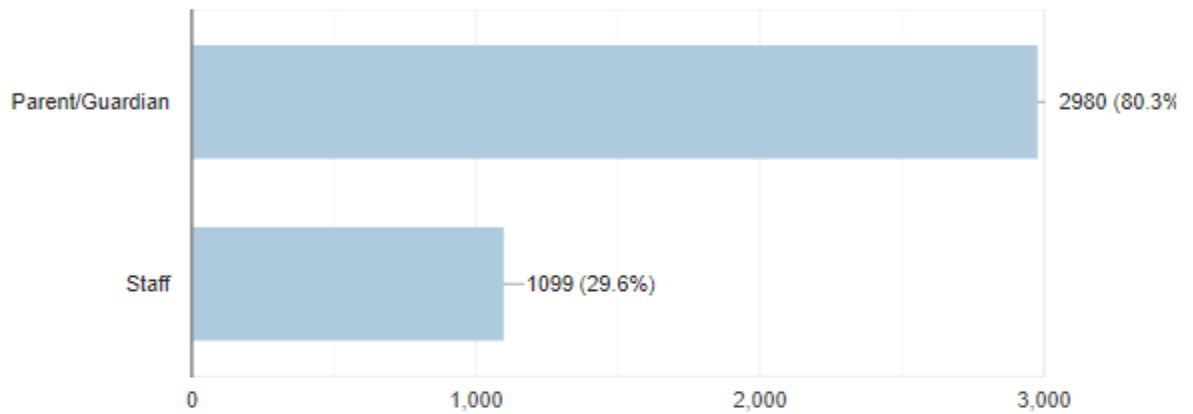
Board Meeting:
February 23, 2021

Bell Times Family Survey

Tell us about yourself

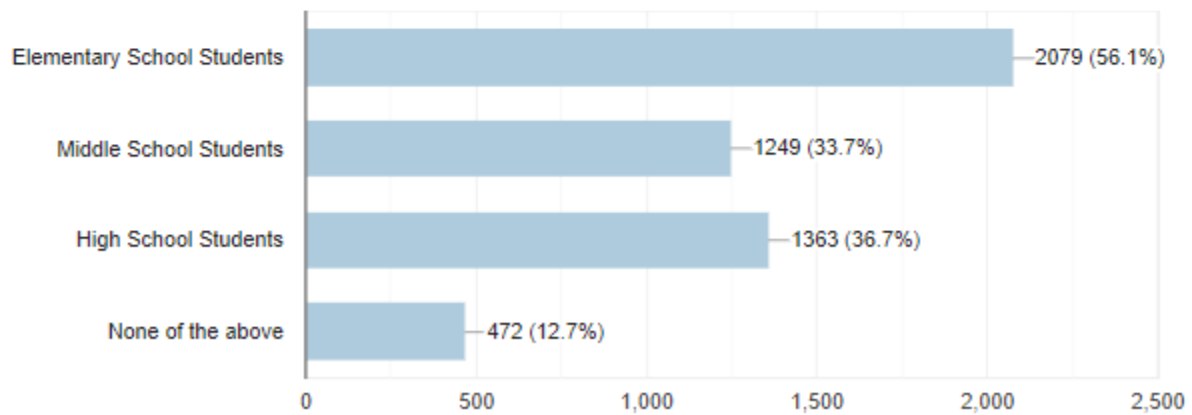
What is your relationship to NTPS? (check all that apply)

3,709 responses



Our family includes: (check all that apply)

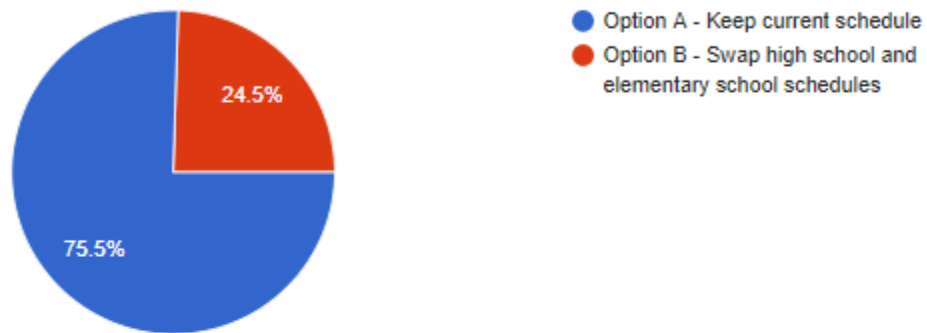
3,709 responses



Schedule Preference

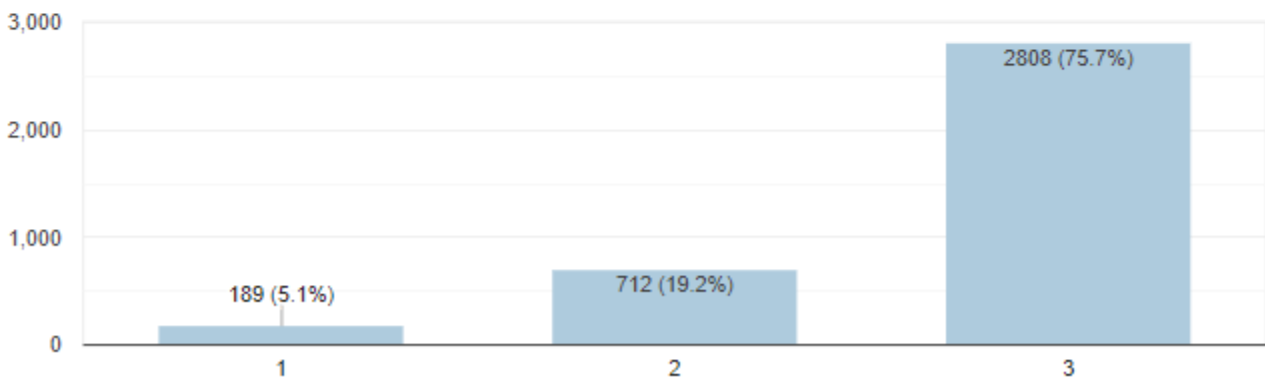
Which bell schedule would you prefer?

3,709 responses



How strongly do you feel about your choice?

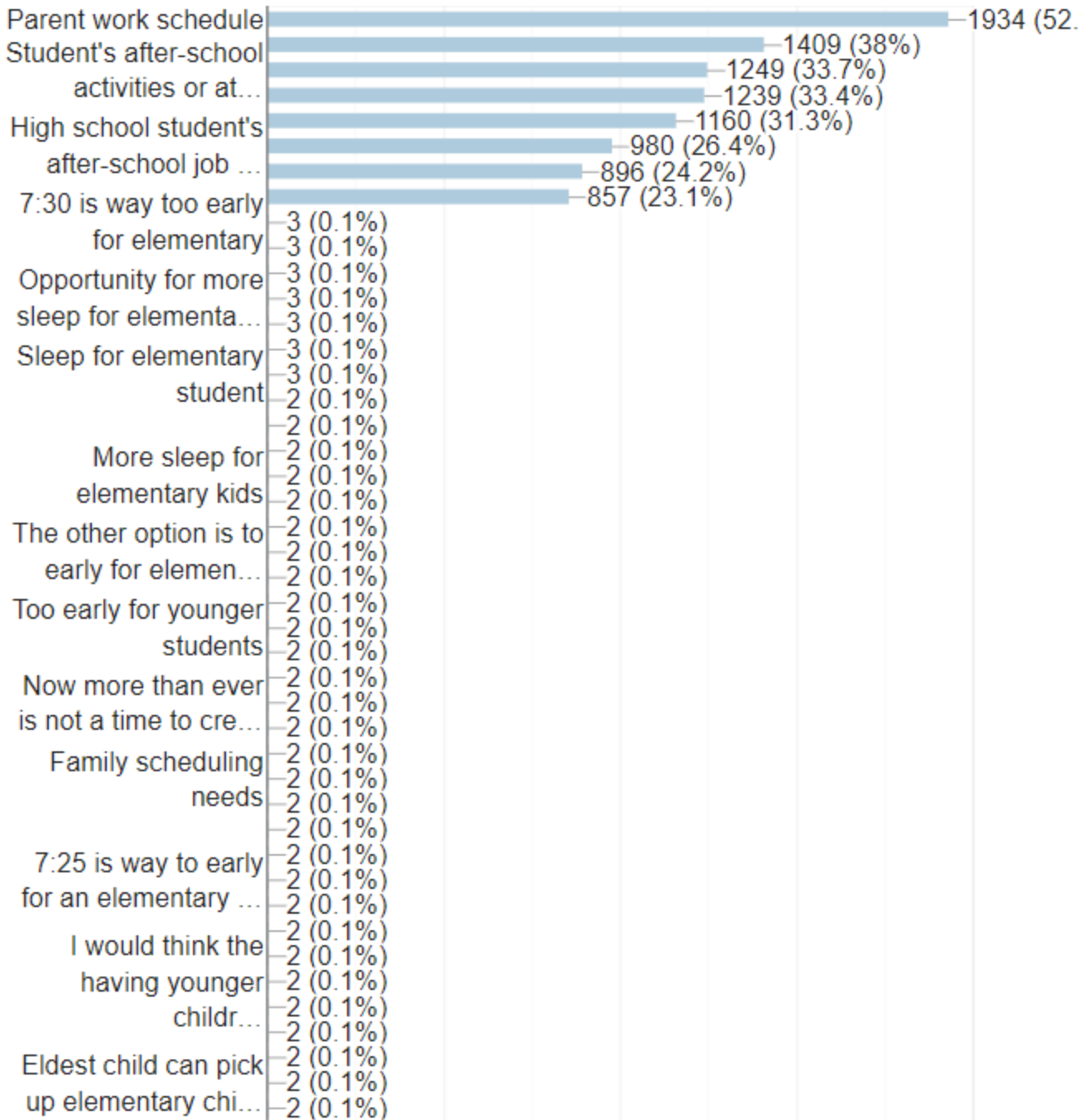
3,709 responses



- 1 is slightly prefer, 3 is strongly prefer

What factors influenced your choice? (check all that apply)

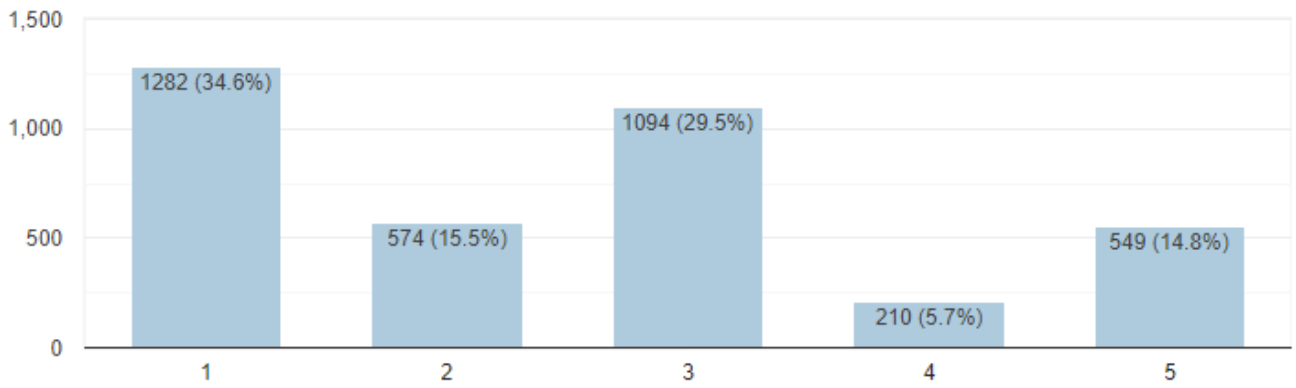
3,709 responses





If Option B were enacted to CHANGE elementary & high school bell times, would the effect on your family be generally positive, negative, or neutral?

3,709 responses



- 1 corresponds to negative outcomes, and 5 corresponds to positive outcomes

January 19, 2021

Bell Times Advisory Committee Meeting Notes

Remote Meeting

6:00 pm

12 members attended

Welcome and Introductions

Assistant Superintendent, Monty Sabin welcomed everyone to the meeting at 6:00 pm.

Purpose and Leading with Equity

Monty Sabin shared online meeting norms. He shared the purpose of the advisory committee was to determine if changing to a later start time for the high schools is feasible for the district and beneficial for our students.

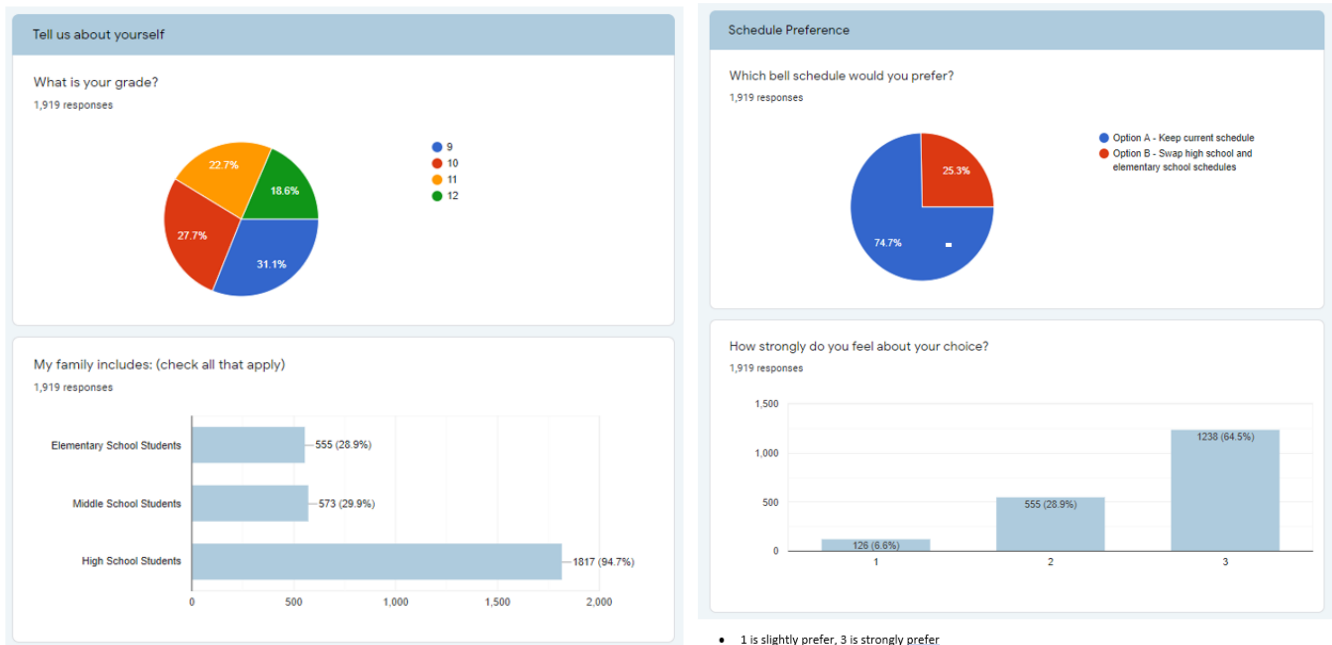
He also asked the group to assess all options through an equity lens and to ask the following questions about the proposals: How does this issue connect with our strategic plan and the goals of the district? Will this decision ignore/worsen existing disparities or produce unintended consequences? If so, how? Finally, does this proposal support the message of inclusion? He referred the group to the district's Equity Resolution and EL-11 Policy, Race and Equity for guidance.

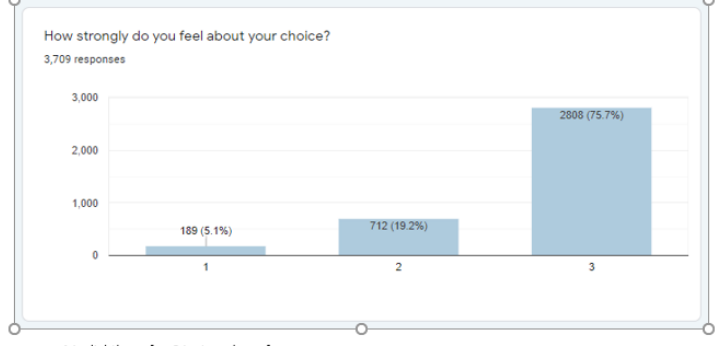
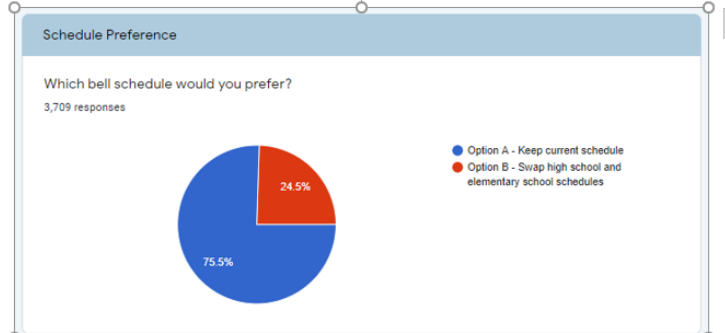
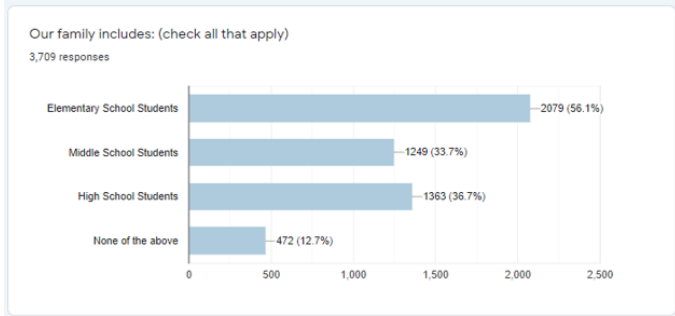
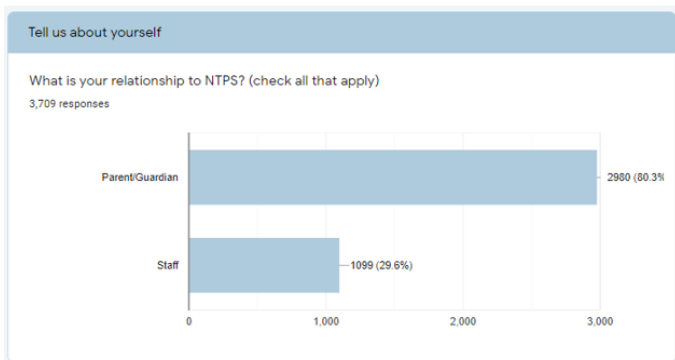
Survey Review

Monty reviewed the full results of the parent/staff and the student Bell Times Surveys with the committee.

Review of the survey taken by over 1,900 High School Students showed that nearly 75% of students were not in favor of changing the school start times and the results also indicated that they felt very strongly about their decision.

The full survey results and the survey summary document will be posted on the web page for review.





The Bell Times Family and Staff Survey indicated a very similar response. The survey was taken by nearly 3,000 district families and over 1,000 staff members. The results very closely mirrored that of the student survey. 75.5% wanted to keep the current school schedules. With the majority feeling very strongly about their choice.

Monty shared that the Superintendent’s Student Advisory Committee, which includes students from all of the district’s elementary, middle and high schools were presented information about the work of the Bell Times Advisory Committee at their December meeting. At the end of the meeting, students were given a poll asking if they would like a later high school start time and an earlier elementary school start time. The poll results showed that the majority of the students were also not in favor of a change.

Decision / Recommendation

The committee discussed that based on the results of the survey it was clear that parents, staff and students were not in favor of making a change to bell schedules at this time. Committee members commented on the good response from all groups surveyed. Following discussion, the committee asked if it would be possible to make a recommendation of “not at this time” rather than a recommendation to not make a change to the bell schedules. Members shared that they felt pandemic along with the change to remote learning during the last year may have left students and families less likely to want additional change. Committee members expressed concern that the stress and financial constraints of the last year may have overshadowed study data that reflects multiple benefits of a later start time for high school students. They asked for the option to revisit at a later date. The group agreed the recommendation to the board should be – not now.

Next Meeting

- February 23rd – Board Meeting

Monty encouraged members to attend the board meeting on February 23, 2021 when he would share a presentation with the school board reviewing the work of the committee and make the agreed upon recommendation on their behalf.

Closing

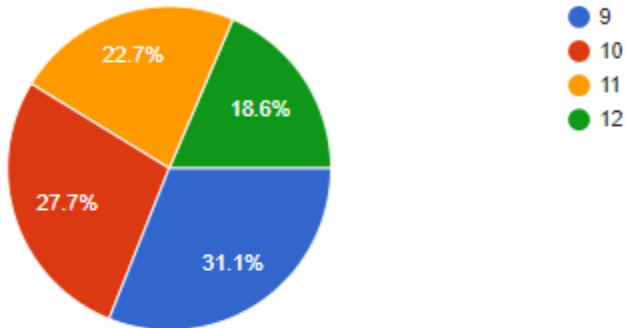
The meeting adjourned at 6:45 pm.

Bell Times Student Survey

Tell us about yourself

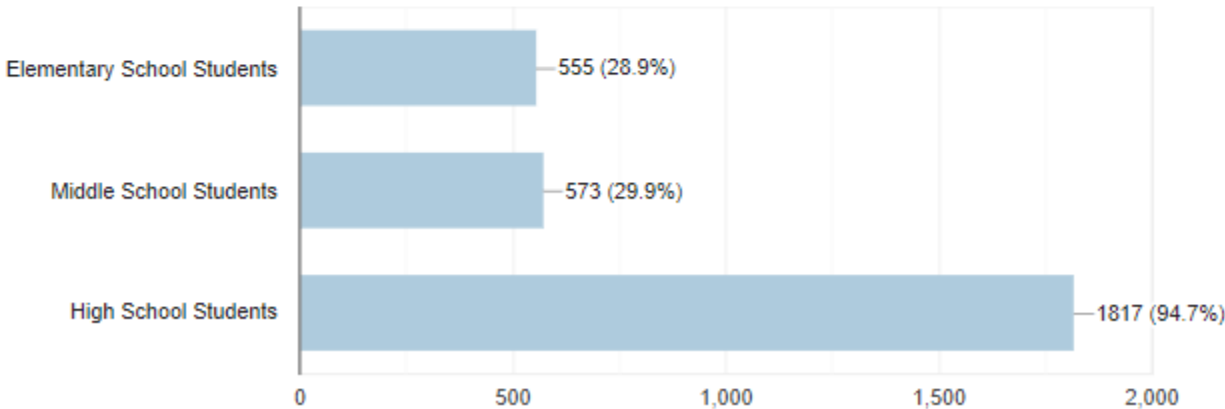
What is your grade?

1,919 responses



My family includes: (check all that apply)

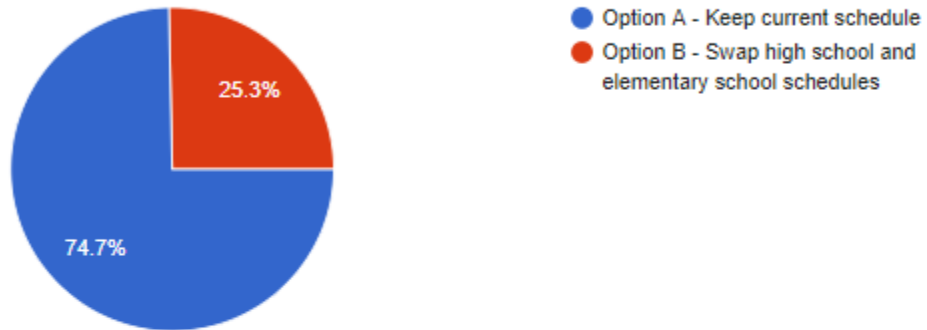
1,919 responses



Schedule Preference

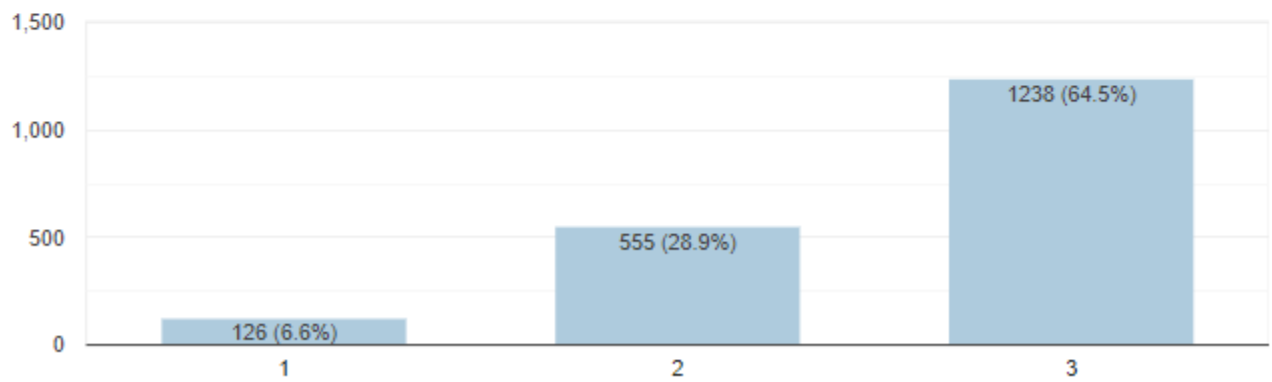
Which bell schedule would you prefer?

1,919 responses



How strongly do you feel about your choice?

1,919 responses

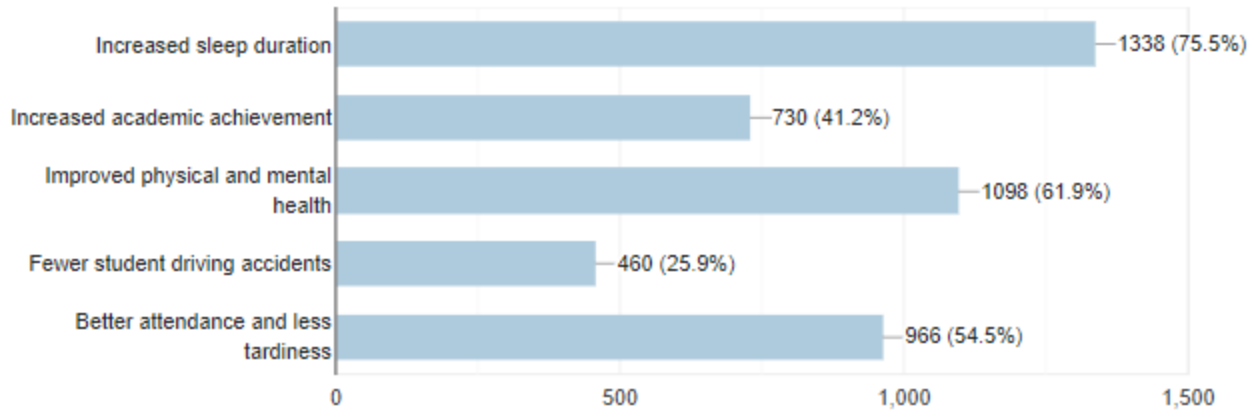


- 1 is slightly prefer, 3 is strongly prefer

Tell us how the change would impact you

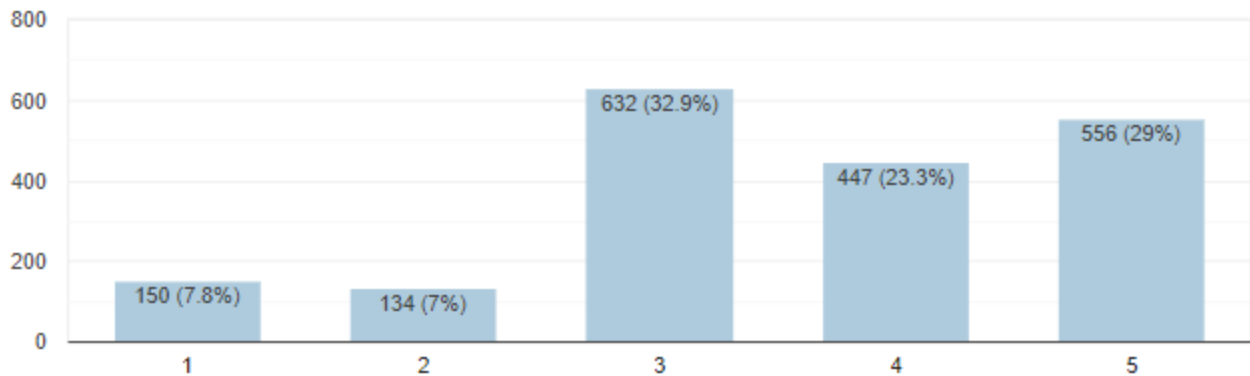
What benefits from research on later start times for HS students are most important to you?

1,773 responses



If your high school bell times shifted later in the day (Option B), how would your SLEEP be affected?

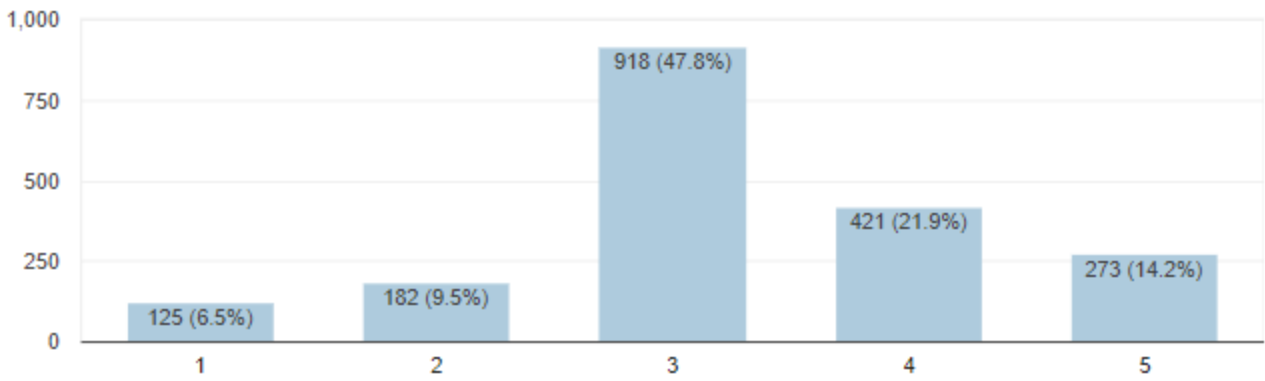
1,919 responses



- For all 1-5 scales, 1 corresponds to negative outcomes, and 5 corresponds to positive outcomes

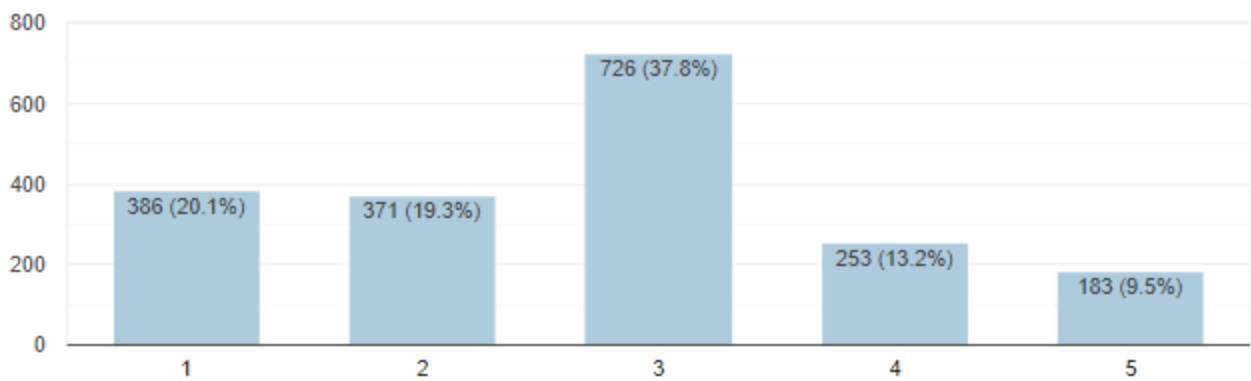
If your high school bell times shifted later in the day (Option B), how would your **ACADEMIC PERFORMANCE** be affected?

1,919 responses



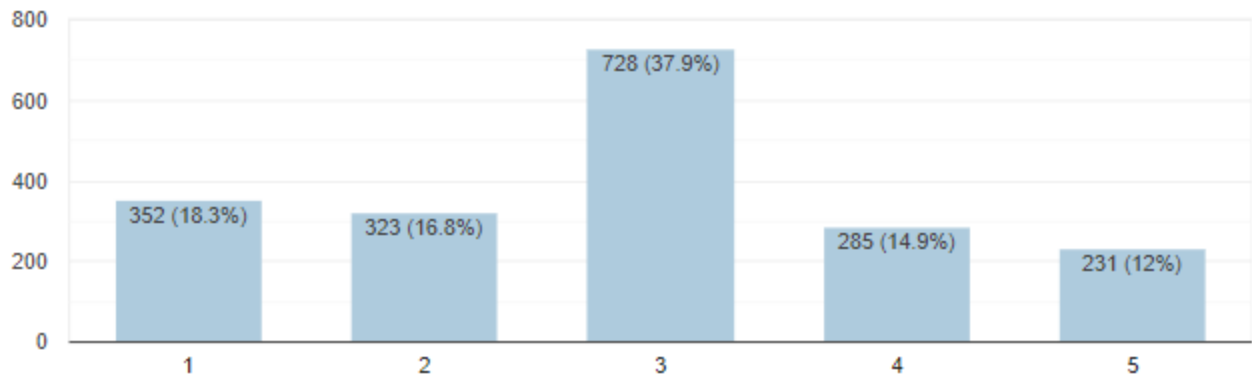
If your high school bell times shifted later in the day (Option B), how would your **EXTRACURRICULAR ACTIVITIES** be affected?

1,919 responses



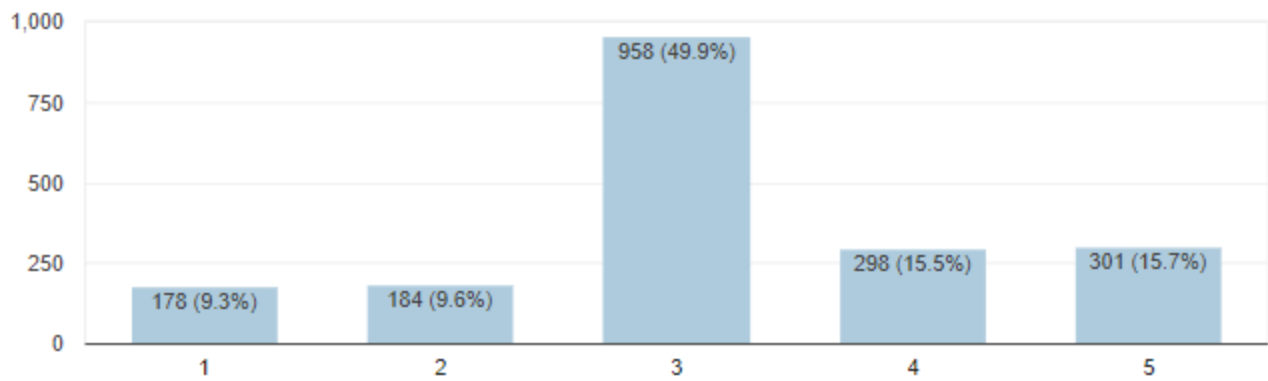
If your high school bell times shifted later in the day (Option B), how would your ability to WORK be affected?

1,919 responses



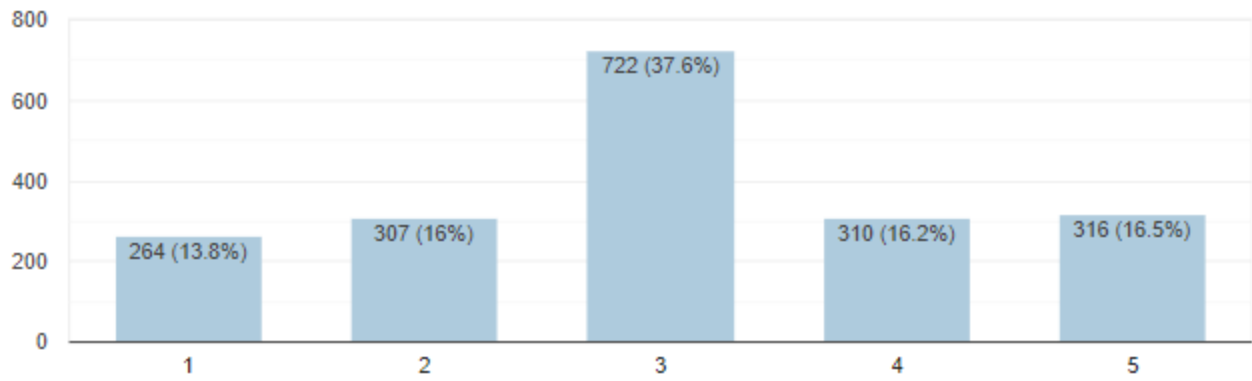
If your high school bell times shifted later in the day (Option B), how would your TRANSPORTATION to and from school be affected?

1,919 responses



If your high school bell times shifted later in the day (Option B), would the effect on YOU be generally positive, negative, or neutral?

1,919 responses



If your high school bell times shifted later in the day (Option B), would the effect on YOUR FAMILY be generally positive, negative, or neutral?

1,919 responses

