

ROSEVILLE MEALS ON WHEELS MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN & DUMPLING SOUP MIXED VEGETABLES CHILLED PEACHES WARM CORNBREAD DESSERT	2 SALISBURY STEAK MUSHROOM/ONION GRAVY POTATOES MIXED VEGETABLES FRUIT COCKTAIL	3 MANDARIN ORANGE CHICKEN BROWN RICE ASIAN STIR FRY VEGETABLES FRESH PEAR FORTUNE COOKIE	4 CHEESEBURGER WHOLE GRAIN BUN SEASONED POTATOES BAKED BEANS CHILLED PEARS	5 GOULASH STEAMED GREEN BEANS CHILLED PINEAPPLE BUTTERY BISCUIT DESSERT
8 LEMON PEPPER TILAPIA RICE PILAF STEAMED BROCCOLI MANDARIN ORANGES	9 DICED TURKEY IN GRAVY MASHED POTATOES STEAMED CORN BANANA WHEAT ROLL DESSERT	10 CHICKEN PARMESAN OVER SPAGHETTI NOODLES ITALIAN VEGETABLES CHILLED APRICOTS FRENCH BREAD	11 TATOR TOT HOTDISH STEAMED CARROTS CHILLED FRUIT WHEAT ROLL DESSERT	12 SWISS STEAK POTATOES CALIFORNIA BLEND VEG WHEAT ROLL BLUEBERRIES
15 BEEF CHILI STEAMED CORN CHILLED PEARS WARM CORNBREAD DESSERT	16 BEEF CHOW MEIN CRUNCHY NOODLES BROWN RICE ASIAN STIR FRY VEGETABLES MANDARIN ORANGES FORTUNE COOKIE	17 ITALIAN CHICKEN BREAST RICE PILAF ROASTED VEGETABLES APPLESAUCE DESSERT	18 BEEF LASAGNA GREEN BEANS CHILLED FRUIT COCKTAIL FRENCH BREAD	19 CHICKEN THIGHS in BBQ SAUCE SEASONED CUBED POTATOES STEAMED EDAMAME WARM APPLE SLICES
22 SCALLOPED POTATOES with DICED HAM CAPRI VEGETABLES BANANA WHEAT ROLL	23 STUFFED GREEN PEPPER with BROWN RICE MIXED VEGETABLES CINNAMON APPLESAUCE DESSERT	24 MEATLOAF PEAS & CARROTS POTATOES CHILLED PINEAPPLE WHEAT ROLL	25 CHICKEN KIELBASA & SAUERKRAUT with WHEAT BUN WARM 3 BEAN SALAD CHILLED PEARS DESSERT	26 SWEDISH MEATBALLS with EGG NOODLES GREEN BEANS MANDARIN ORANGES
29 PIZZA BURGER WITH MOZZARELLA CHEESE SEASONED POTATOES STEAMED PEAS BLUEBERRIES DESSERT	30 ROAST BEEF MASHED POTATOES STEAMED GREEN BEANS FRUIT COCKTAIL WHEAT ROLL			