



NMRSD Update Thursday, May 11, 2023

Staff Appreciation Week ... As we have done previously during Teacher Appreciation Week, NM recognizes all staff as we celebrate Staff Appreciation Week this week in the NMRSD.

It goes without saying that I am fortunate to be part of a district where all of our staff are so committed to doing what is best for students, each other, and the school district as a whole.

In a time where those entering the field of education is much lower than what we have grown accustomed to, the staff of the NMRSD is top-notch, and we would not be where we are without them.

Thank you for the incredible impact you make on the lives of NM students!
Happy Staff Appreciation Week from the entire NM Administrative Team!!!

Congratulations ... to the NMRHS Treble Choir and Chamber Choir, who were two of only nine choirs statewide to earn Gold Medals at the MICCA Choral Festival on April 1st. In addition, the NM Choral Department had the added distinction of being the only choral program in the state to earn two. As Gold Medalists, both choirs were invited to perform in the MICCA Gold Medal Showcase at Groton Hill Music Center on April 15th.

Project Graduation ... NM Community! We need parents, teachers, alums, and community members to help decorate and/or chaperone Project Graduation on June 2nd! Help us give the Senior Class of 2023 a night to remember! Please fill out Volunteer Form. Too busy? Donate items instead by clicking on Sign Up Genius. Not sure what Project Graduation is about but want to know more? Click on our website. Thank you! We can't do this without you!

Volunteer Form:

<https://sites.google.com/view/nmrhs-projectgrad/volunteers>

Candy/Food/Prizes Sign Up Genius:

<https://www.signupgenius.com/go/409084cadab2fa4f94-candy#/>

Project Graduation Website:

<https://sites.google.com/view/nmrhs-projectgrad>

Last Day of School ... The last day of school will be different for our schools this year. Please note the following:

Wednesday, June 21st

- Last day of school for NMRHS, VBES, SECC, & NMS (½ day)
- AES, SMS, & HBMS will have a FULL DAY

Thursday, June 22nd

- Last day of school for AES, SMS, & HBMS (½ day)

Dear Families ... As one of the district's core values, we believe providing a safe and inclusive learning environment for all students is crucial. Across the district, we have seen an increase in student behaviors resulting from students not being respectful of individual differences. While we understand that children and adolescents do not always fully comprehend the full gravity of their words, our intention is to educate students to stop using inappropriate or culturally insensitive language and be respectful of others' backgrounds.

We strive to create a safe and inclusive environment for all students and want to ensure that all students feel respected and valued.

We appreciate your support of the district in this effort by talking to your children about the importance of respecting others and using kind and inclusive language. With your support, our district will continue working together to foster a positive and all-inclusive learning environment for our students, staff, and community.

Thank you for your support in this important endeavor.

Social Media & Our Students ... Social media has given us a platform to connect with the world. We keep up with friends and relatives, learn about different cultures and ideas, and share our thoughts with a broad audience. Unfortunately, while there are several benefits to social media, it can occasionally be harmful to our community.

Social media can distract our students, disrupt their sleep, and expose them to unrealistic beauty standards, bullying, and rumor-spreading. The more we educate ourselves on warning signs and how to monitor students, the better we can help prevent them from these adverse effects.

There are healthy ways to find a balance with social media and mitigate the related risks. Here are a few tips on how to protect students:

- Set boundaries. Ensure your student has a phone-use routine so their phone does not interfere with their sleep, homework, or other responsibilities.
- Have open discussions. Ask your child why they are using social media and ask if they understand its risks. Ask them how social media makes them feel and have a plan if they start to have negative emotions associated with its use.
- Teach social media etiquette. Discuss appropriate behavior on social media. Ensure they carry their core morals on how to treat others as they interact with others virtually.
- Set social media rules. For example, making their account private, not allowing them to accept friend requests from strangers, and restricting what content they are allowed to post, consume, and share.

At North Middlesex Regional School District, we believe in the power of working together to create a healthy, thriving community and hope you find these tips helpful. If your child is struggling due to the harmful effects of social media, we encourage you to reach out for help. As a reminder, Care Solace is a mental health care coordination service that can find an available mental health care provider for you. To access our complimentary coordination services, call 888-515-0595 or visit www.caresolace.com/nmrsd to get started.

2023 North Middlesex Athletic Boosters Annual Golf Tournament

Date: June 26, 2023

Time: Tee off at 8:30 am

Location: The Overlook Golf Club, Hollis, NH

Please use the following link to register, and please help spread the news!!! All golfers and sponsors are welcome to participate in and support this great event to raise money for scholarships for our graduating student-athletes.

REGISTER HERE: <https://nm-golf-tournament.perfectgolfevent.com>

Communicating with Central Office

We have received feedback from parents and caregivers who are having difficulty contacting Central Office administration.

One of the more frequent issues has been a breakdown in communication when I (Brad Morgan - Superintendent) am confused with Brad Brooks

(Director of Special Education/Student Support Services). This occurs, for example, when I receive a phone call after not responding to an email, when, in fact, the email was sent to Brad Brooks, who replied to the email/phone call, and vice versa. Please note that when someone leaves a phone message and sends an email, only one of those will be replied to when the message/inquiry is the same. In instances where more than one administrator is in the email thread, one administrator will often respond to the email for the group.

To assist with this, the contact protocol is as follows:

Parents/Guardians - Who to Contact

Very often, students and/or parents are not sure who to contact in the North Middlesex Regional School District in case of questions, concerns, or problems. Therefore, please direct these to the appropriate contact(s) below to ensure a prompt response.

*Classroom issues...*contact the teacher first. If you have additional concerns, contact the guidance counselor. If you are still concerned, contact the building Principal.

*Scheduling issues...*contact the Guidance Counselor first. If you have additional concerns, contact the building Assistant Principal/Principal.

*Curriculum issues...*contact the appropriate teacher first. If you have additional concerns, contact the building Principal. Finally, contact the Assistant Superintendent's office to speak with the applicable Director.

*Special Education issues...*contact the appropriate teacher(s) first and then your son/daughter's special education liaison (listed on your child's IEP), if warranted. If you have additional concerns, contact the building Assistant Principal/Principal. Finally, contact the Student Services office.

*Behavioral issues...*contact the teacher first. Then, if you are still concerned, contact the Guidance Counselor and then the building Assistant Principal/Principal.

*Social, emotional, personal, health, or family issues...*contact the Guidance Counselor, the School Adjustment Counselor, or the nurse to discuss your concerns with them. If necessary, also contact the building Assistant

Principal/Principal. Finally, if you feel your concern has gone unresolved, contact the Student Services office.

Homeless or temporary housing status (McKinney Vento, Foster Care, or Military Status): Contact the Guidance Counselor and inform them of your status. In some instances, they may direct you to the building Principal. Finally, contact the Student Services office. The homeless liaison (Brad Brooks) will be notified of the status, and transportation will be arranged through his office (if needed). All homeless students, once identified, receive free lunch for the remainder of the school year, which is certified by the homeless liaison to the free/reduced lunch coordinator. If you become homeless within the school year and then are able to obtain a new residence (either within NM or another community), your child may still be eligible to remain in their school through the remainder of the school year. Please communicate this with your child's counselor and the homeless liaison if this happens.

*Athletics issues...*contact the coach first. If you are still concerned, contact the Director of Athletics. Finally, contact the Principal.

*Attendance issues...*contact the Guidance Counselor first. If attendance issues continue, contact the building Assistant Principal/Principal.

*Report Cards & Transcripts...*contact the Guidance Counselor first. If you have additional questions, contact the building Assistant Principal/Principal.

*Harassment & Discrimination...*contact building Principal. If you are still concerned, contact the Title IX and VI Coordinators. Finally, contact the Human Resources office.

*Suspected Bullying...*contact the Guidance Counselor. If you are still concerned, contact the building Assistant Principal/Principal. You may be asked to fill out a Bullying Reporting Form (available on the district website)
*Technology questions and/or issues...*contact the district technology office.

*Student Activities/Clubs...*contact the advisor first. If you are still concerned, contact the building Assistant Principal/Principal.

*Special Education Transportation (VanPool Transportation)...*contact the Student Services office.

Transportation (Dee Bus)...contact the building secretary, followed by the building Assistant Principal/Principal. Finally, contact the business office.

Food Service...contact the Food Services Manager. Finally, contact the business office.

Ethics Questions...contact the Massachusetts State Ethics Commission. The Commission's Legal Division provides free, confidential advice to anyone subject to the conflict of interest law. To obtain advice from the Commission, call (617) 371-9500 or (888) 485-4766 or submit a request for advice online.

<https://www.mass.gov/service-details/state-ethics-commission-frequently-asked-questions>

District Policies...contact your School Committee representative or the committee chairperson.

For email contact to a specific faculty, staff, or committee member, please enter the person's first initial and last name @nmrsd.org, for example:

jdoe@nmrsd.org.

2022-2023 NMRSD Administrative Team

Name	Role	School
Anne Cromwell-Gapp	Principal Extended Day Program Coordinator	AES
Kate Guziejka	Principal	SMS and SECC
Kristen Fearon	Assistant Principal	SMS
Diane Gleason	Interim Principal	VBES
Ami Dolan	Assistant Principal	VBES
Jason Webster	Principal	HBMS
Chantele Olmstead	Assistant Principal	HBMS
Lauren Young	Principal	NMS

Evan Worth	Assistant Principal	NMS
Tim McMahon	Principal	NMRHS
Laurie Smith	Assistant Principal	NMRHS
Ryan Demar	Assistant Principal	NMRHS
Matt Dawson	Athletic Director	NMRHS
Oscar Hills	Director of Facilities & Grounds	District
David Amari	Assistant Director of Facilities and Grounds	District
Cathryn Hampson	Supervisor of Health Services	District
Jeremy Hamond	Director of Technology & Facility Rentals	District
Nancy Haines	Business Manager	District
Anne Marie Tucciarone-Mahan	Director of Human Resources Title VI/IX Coordinator for Staff	District
Brad Brooks	Director of Student Services/Special Education McKinney Vento Homeless Liaison ADA Compliance Officer	District
John Judge	Assistant Director of Special Education	District
Margaret Desilets	Evaluation Team Leader	District
Gary Burboa-Reese	Assistant Superintendent Homeschool Coordinator Title VI/IX Coordinator for Students	District
Kevin Cormier	Director of STEM (Math, Science, & Engineering)	District
Lisa Comeau	Director of Humanities (English,	District

	Language Arts, History & Social Sciences)	
Brad Morgan	Superintendent	District

From the NMRSD School Committee ... The School Committee formed a Communication Subcommittee to review School Committee interaction with district communities. As part of that work, they decided to post quarterly updates on our website, reviewing major agenda items and decisions as a part of their meetings. The updates can be found [here](#) on our website.

District Facebook

Follow the @northmiddlesexregionalschooldistrict Facebook page to get all the latest district news and updates. The page can also be found [here](#).

School Committee Meeting Dates

For the time being, all sub-committee and most school committee meetings will continue to be virtual as we continue to receive feedback that it is more convenient for the public to attend. Attendance at school committee meetings is one of the best ways to remain current with district policy, budgetary matters, and news.

Meetings, unless noted otherwise, are held on Monday evenings and begin at 7:00 pm. For the full docket of 2022-2023 meetings, please click on the link below:

[2022-2023 School Committee Dates](#)

Beginning in July, School Committee meetings will be held on Thursday evenings starting at 6:00 pm. For the full docket of 2023-2024 meetings, please click on the link below:

[2023-2024 School Committee Dates](#)

Please note that these dates are subject to change as committee business necessitates.

School District Calendar

For the 2022-2023 and 2023-2024 school calendars, please click the link below:

[**School Calendar**](#)