




# Downingtown Middle school menu

## Week of February 19<sup>th</sup>, 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
feature	School Closed	turkey barbacoa quesadilla	penne & marina w/ meatballs or broccoli	oven fried chicken w/ a biscuit	french toast or pancakes w/ chicken sausage
grill	On February 19th 2024	grilled cheese	spicy chicken sandwich	cheesy breadsticks with tomato soup	grilled ham and cheese
sandwich / wrap	<u>ham &amp; cheese sandwich</u> (ham & american cheese on pullman bread) <u>hummus pack</u> (hummus, bell peppers, cucumbers, carrots & flatbread)				
Salad	southwest salad (romaine salad mix, grape tomatoes, black beans, corn & cheddar cheese)				
daily options	<p><b>Grill Station:</b> Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger &amp; Veggie Nuggets</p> <p><b>Pizza Station:</b> Cheese Pizza or Pepperoni Pizza</p> <p><b>Grab &amp; Go:</b> Uncrustable</p> <p><b>Fruit:</b> Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice</p> <p><b>Vegetable:</b> Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, &amp; Vegetable of the Day</p> <p><b>Milk:</b> 1% White Milk, Skim Chocolate</p>				
more info	<p><b>Pricing:</b>            Lunch - \$2.80  <u>A la Carte items – Additional charge</u></p> <p><b>Lunch Meals:</b>            Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit &amp; Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!</p> <p>Additional options may be offered on a school-by-school basis</p>			<p>Scan here for  <b>Nutritional Info!</b></p> 	

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Menus are subject to change, as supply chain disruptions continue to disrupt the





# Downingtown Middle school menu

## Week of February 26<sup>th</sup>, 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

feature

**pizza crunchers**

**beef or black bean walking tacos**

**pizza max sticks**

**popcorn chicken parm sandwich**

**boneless chicken wings**

grill

**mini corn dogs**

**buffalo black bean quesadilla**

**bacon cheeseburger**

**mac & cheese**

**bbq chicken cheddar flatbread**

sandwich / wrap

**turkey & cheese wrap**  
**(turkey & american cheese with lettuce & tomato in a wrap)**  
**hummus pack**  
**(hummus, hb egg, celery sticks, carrots & flatbread)**

Salad

**egg chef salad**  
**( hard boiled eggs, mozzarella and cheddar cheese on a bed of romaine mix)**

daily options

**Grill Station:** Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger & Veggie nuggets  
**Pizza Station:** Cheese Pizza or Pepperoni Pizza  
**Grab & Go:** Uncrustable  
**Fruit:** Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice  
**Vegetable:** Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, & Vegetable of the Day  
**Milk:** 1% White Milk, Skim Chocolate

more info

**Pricing:**

Lunch - \$2.80

**A la Carte items – Additional charge**

**Lunch Meals:**

Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!

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# Downingtown Middle school menu

## Week of March 4<sup>th</sup>, 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
feature	orange chicken over rice with broccoli	penne alfredo with broccoli	oven fried chicken drumstick & a biscuit	burger melt	french toast or pancakes w/ chicken sausage
grill	beef cheesesteak	spicy chicken patty sandwich	corn dog	pizza crunchers	bbq chicken melt
sandwich / wrap	<u>cheese hoagie</u> (american & cheddar cheese, lettuce tomato on a club roll)  <u>hummus pack</u> (hummus, bell peppers, cucumbers, carrots & flatbread)				
Salad	<b>buffalo chic pea salad</b> (romaine mix garbanzo beans tossed in hot sauce, mozzarella cheese & tomatoes)				
daily options	<p><b>Grill Station:</b> Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger &amp; Veggie Nuggets</p> <p><b>Pizza Station:</b> Cheese Pizza or Pepperoni Pizza</p> <p><b>Grab &amp; Go:</b> Uncrustable</p> <p><b>Fruit:</b> Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice</p> <p><b>Vegetable:</b> Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, &amp; Vegetable of the Day</p> <p><b>Milk:</b> 1% White Milk, Skim Chocolate</p>				
more info	<p><b>Pricing:</b>            Lunch - \$2.80  <b><u>A la Carte items – Additional charge</u></b></p> <p><b>Lunch Meals:</b>            Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit &amp; Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!</p> <p>Additional options may be offered on a school-by-school basis</p>			<p><b>Scan here for Nutritional Info!</b></p> 	

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# Downingtown Middle school menu

## Week of March 11<sup>th</sup>, 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
feature	School Closed	beef walking tacos	chicken mashed potato bowl	penne & sauce w/ vegetables	boneless chicken wings
grill	On March 11th 2024	buffalo veggie quesadilla	spicy popcorn chicken	chicken cheesesteak	grilled cheese
sandwich / wrap	<u>bbq chicken wrap</u> (diced chicken tossed in bbq sauce with cheddar cheese lettuce & tomato in a tortilla wrap) <u>hummus pack</u> (hummus, bell peppers, hb egg, celery sticks & flatbread)				
Salad	<b>garbanzo bean caesar salad</b> (garbanzo beans, romaine lettuce, shredded mozzarella & croutons)				
daily options	<p><b>Grill Station:</b> Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger &amp; Veggie Nuggets</p> <p><b>Pizza Station:</b> Cheese Pizza or Pepperoni Pizza</p> <p><b>Grab &amp; Go:</b> Uncrustable</p> <p><b>Fruit:</b> Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice</p> <p><b>Vegetable:</b> Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, &amp; Vegetable of the Day</p> <p><b>Milk:</b> 1% White Milk, Skim Chocolate</p>				
more info	<p><b>Pricing:</b>            Lunch - \$2.80  <b><u>A la Carte items – Additional charge</u></b></p> <p><b>Lunch Meals:</b>            Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit &amp; Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!</p> <p>Additional options may be offered on a school-by-school basis</p>			<p><b>Scan here for Nutritional Info!</b></p> 	

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# Downingtown Middle school menu

## Week of March 18<sup>th</sup>, 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
feature	pizza crunchers	pork carnitas tacos	penne rose with chicken	buffalo chicken stromboli	french toast or pancakes & chicken sausage
grill	chicken parm. melt	black bean & cheese burrito	spicy chicken sandwich	bbq chicken tenders	chicken dumpling & fried rice
sandwich / wrap	<u>club wrap</u> (ham, turkey & cheese w/ lettuce tomato in a wrap) <u>hummus pack</u> (hummus, flatbread, apples, cucumbers, carrots)				
Salad	egg chef salad (romaine salad mix, hard boiled egg, mozzarella cheese, tomato & cucumbers)				
daily options	<p><b>Grill Station:</b> Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger &amp; Veggie Nuggets</p> <p><b>Pizza Station:</b> Cheese Pizza or Pepperoni Pizza</p> <p><b>Grab &amp; Go:</b> Uncrustable</p> <p><b>Fruit:</b> Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice</p> <p><b>Vegetable:</b> Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, &amp; Vegetable of the Day</p> <p><b>Milk:</b> 1% White Milk, Skim Chocolate</p>				
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