

2024 MHS Track & Field Schedule

Tues., January 3rd – Mandatory Pre-Season Workouts begin – Mon., Tues. & Thur. – 3:45 – 5:15

Sat., January 6th – Indoor Meet at Vanderbilt (for those interested)

Mon., February 12th – First day of practice @ the Track @ Coulter Grove – Every day from 3:45 – 5:30

Thur., February 22nd – Time Trials for MHS and MMS @ Coulter Grove – 4:00 p.m.

Sat., February 24th – Indoor State Championship at Vanderbilt (for those who qualify and are interested)

Tues., March 5th – Meet @ Hardin Valley – 4:30 p.m.

Mon., March 11th – Fri., March 15th – Spring Break – Optional Practice Every Day – Time To Be Decided

Mon., March 18th – Mon., April 3rd – 5 for \$50.00 Fund Raiser

Thur., March 21st – MMS Home Meet @ Coulter Grove – 4:30 p.m.

Fri., March 22nd & Sat., March 23rd – Karns Invitational – 4:30 p.m. on Fri. & 9:00 a.m. on Sat.

Tues., March 26th – Meet @ Eagleton – 4:30 p.m.

Fri., March 29th & Sat., March 30th – Hardin Valley Invitational – 4:30 p.m. on Fri. & 9:00 a.m. on Sat.

Thur., April 4th – MMS Home Meet @ Coulter Grove – 4:30 p.m.

Fri., April 5th & Sat., April 6th – Oak Ridge Legends Invitational – 4:30 p.m. on Fri. & 9:00 a.m. on Sat.

Tues., April 9th – Blount County Championships @ Coulter Grove – 4:30 p.m.

Wed., April 10th – Reward Day for 5 for \$50.00 Fund Raiser – After Practice

Fri., April 12th & Sat., April 13th – Mountain Brook Invitational, Birmingham, AL – 4:00 p.m. on Fri. & 2:00 p.m. on Sat.

Tues., April 16th – Home Meet @ CGIS – 4:30 p.m.

Thur., April 18th – Blount County Middle School Championships @ Coulter Grove – 4:30 p.m.

Fri., April 19th & Sat., April 20th – Vol Classic @ UTK – 4:00 p.m. on Fri. & 8:00 a.m. on Sat.

Sat., April 20th – Pancake Breakfast @ Aubrey's – 8:00 a.m. – 10:00 a.m.

Mon., April 22nd & Tues., April 23rd – Pent./Deca. @ Morristown West – 9:00 a.m. (just for the 3 boys & 3 girls we pick)

Wed., April 24th – Meet @ Oak Ridge – 4:30 p.m.

Fri., April 26th – Last Chance Meet @ Coulter Grove – 4:30 p.m.

Sat., April 27th – TMSAA East Sectional @ CGIS – 8:00 a.m.

Wed., May 8th – Joe Hall Invitational Elementary School Track Meet @ CGIS – 8:00 am (Only a select few track athletes will be working this event)

Sat., May 11th – Sectional Championships @ Hardin Valley High School – 9:00 a.m.

Wed., May 15th & Thur., May 16th – State Pentathlon and Decathlon @ Austin Peay – 9:00 a.m.

Thur., May 23rd – State Track & Field Meet @ MTSU

*** Please be advised: this schedule is subject to change.** Not all track and field athletes will be going to every meet. We will let each athlete know at least a couple of days in advance if they are going. If you are on the roster to go to a meet, you are expected to go! We do not have a set Varsity and Junior Varsity roster, so it is subject to change from meet to meet. Those that usually go to the Invitational meets would be considered Varsity and those that do not would be considered Junior Varsity, but each individual posted meet roster will be the deciding factor on who exactly goes to each meet. We will work with athletes on practices to allow them to do other things but meets are different. Keep this fact in mind. All high school track & field athletes are expected to work the middle school meets!