

2024-2025 LHS Course Selection Sheet - 10th Grade

Student Label

PLEASE READ INSTRUCTIONS BELOW AND CAREFULLY SELECT COURSES AS THESE ARE CONSIDERED PERMANENT

- 1) Refer to the LHS website to view the 2024-2025 Course Catalog.
- 2) While there is no guarantee due to class space, please select your desired start time (1st-6th, 2nd-7th or 1st-7th).
- 3) English 10 has been pre-selected for you as it's a **REQUIRED** course.
- 4) Select the appropriate level Math course as Math is also a **REQUIREMENT**.
- 5) PE is a **REQUIRED** course. Please select one option.
- 6) Select either Physical Science or Life Science as it's a **REQUIRED** course.
- 7) Social Science is a **REQUIRED** course. Students must choose between World History or AP World History.
- 8) Lastly, select 3 alternate courses. This is a requirement!

SCHEDULE PREFERENCE

Select One:

- 1st - 6th period (8:30 - 2:42)
- 2nd - 7th period (9:27 - 3:39)

Optional schedule choice pending available space

- 1st - 7th period (8:30 - 3:39)

NCAA ELIGIBILITY

- Check the box if you want to play sports in college. If so, you must meet NCAA eligibility standards. Counselors will provide information on requirements.

Required	ENGLISH	Course #
X	(P)English 10	1021

Choose One	SOCIAL SCIENCE (Required)	Course #
	(P)World History	1523
	(P)World History: Modern, AP	1533

Choose One	MATH (Required)	Course #
	(P)Analysis, Honors	2023
	(P)Computer Science A, AP	5602
	(P)Computer Science Principles, AP	5604
	(P)Math I	2082
	(P)Math IB (Math IA Prerequisite)	2082A
	(P)Math I Integrated, Honors	2083
	(P)Math I Theoretical, Honors	2084
	(P)Math II	2087
	(P)Math II Integrated, Honors	2088
	(P)Math II Theoretical, Honors	2089
	(P)Math III	2090
	(P)Math III, Honors	2091
	(P)Pre-Calculus	2034

Choose One	SCIENCE - LIFE SCIENCE (Required)	Course #
	(P)Anatomy & Physiology (Biology Prerequisite)	3030
	(P)Biology NGSS	3009
	(P)Biology, AP	3600

	SCIENCE - PHYSICAL SCIENCE	Course #
	(P)Chemistry NGSS (Must also be enrolled in Biology)	3102
	(P)Chemistry NGSS, Honors	3110
	(P)Chemistry, AP	3521
	(P)Environmental Science, AP	3518
	(P)Physics NGSS	3108
	(P)Physics 1, AP	3533
	(P)Physics 2, AP	3534

Choose One	PHYSICAL EDUCATION (Required)	Course #
	PE 10	2541
	Fitness Aerobics	2522
	*PE for Athletes	2609
	Weight Training	2549

**PE for Athletes: Must select an additional elective class for a full year if you plan to earn credit for a sport instead of taking PE/Athletic Study Hall*

ELECTIVE CHOICES

(Select 1-2 electives from the options below)

WORLD LANGUAGES		Course #	VISUAL & PERFORMING ARTS		Course #
	(P)French 1	4002	<i>Some of the VAPA courses below require audition/teacher approval prior to enrollment</i>		
	(P)French 2	4003		(P)Art 1	6010
	(P)Italian 1	4105		(P)Art 2	6020
	(P)Italian 2	4110		(P)Band, Beginning <i>(Approval needed)</i>	7090
	(P)Spanish 1/Spanish Speakers	4028		(P)Chamber Choir	7031
	(P)Spanish 2/Spanish Speakers	4029		(P)Concert Band	7003
	(P)Spanish 1	4018		(P)Concert Choir	7100
	(P)Spanish 2	4019		*(P)Dance 1	2524
	<i>(P)Spanish Language, AP</i>	4039		(P)Digital Video Production	6050
				(P)Digital Video Production, Advanced	6051
				(P)Drama, Beginning	7310
				(P)Drama, Intermediate	7321
				(P)Electronic Music	7034
				(P)Electronic Music, Intermediate	7017
				(P)Guitar 1	7038
				Guitar 2	7007
				(P)Jazz Band A	7005
				(P)Jazz Band B	7015
				(P)Lincoln Orchestra	7012
				(P)Lincoln Orchestra, Honors	7029
				(P)Mixed Media	6018
				(P)Mixed Media 2	6019
				<i>(P)Music Theory, AP</i>	7027
				(P)Musical Theater <i>(Must select an additional elective)</i>	7331
				(P)Piano, Beginning	7010
				(P)Piano, Intermediate	7020
				(P)Sculpture/Ceramics 1	6012
				(P)Sculpture 2, Advanced	6027
				(P)Sinfonia Vocé	7021
				StageCraft/Theater Production 1	7313
				StageCraft/Theater Production 2	7314
				(P)Symphonic Winds	7023
				Wind Ensemble	7014
				(P)Wind Ensemble, Honors	7035

CAREER & TECHNICAL EDUCATION		Course #
	(P)Architectural Design, Intermediate (F)	5911
	Building and Construction, Intro	5900
	(P)Cabinetry, Millwork and Woodworking, Intro (F)	5918
	Cabinetry, Millwork and Woodworking, Intermediate	5925
	Child Development and Family Services, Intro	5908
	Child Development, Advanced	5940
	Computer Survey	5820
	(P)Culinary 1 (G)	5947
	(P)Culinary 2 (F)	5948
	(P)Engineering and Architecture, Intro (F)	5902
	Engineering Design, Intermediate	5915
	(P)Fashion, Interior Design and Merch, Intro (F)	5912
	Fashion, Interior Design and Merch, Intermediate	5921
	Games & Simulations 1	5818
	Games & Simulations 2	5819
	(P)Internet Engineering I (G)	5860
	IT Essentials	5849
	Mechanical Systems Install & Repair, Intermediate	5901
	Residential & Commercial Construction, Intermediate	5938

OTHER ELECTIVES		Course #
	(P)Criminal Justice (G)	1571
	(P)Journalism (G)	1013
	(P)Newspaper Production	1026
	(P)Oral Interpretation (F)	1057
	(P)Rhetoric/Speech and Debate (G)	1024
	(P)Student Government - USB (G)	8621
	Yearbook Production	1027

ALTERNATE SELECTIONS <i>(Select 3 alternate electives in case your first choice(s) are full)</i>		Course #
1)		
2)		
3)		

Student Signature: _____ Student Cell #: _____

Parent/Guardian Signature: _____

*(P) = UC/CSU Approved Courses
(P) = UC/CSU Approval Pending

Class of 2028
Lincoln High School
Four Year Plan

Period	9th Grade	10th Grade	11th Grade	12th Grade
1	English	English	English	English
2	PE	PE	Elective	Elective
3	Science	Science	Science/Elective	Science/Elective
4	Ethnic Studies/Health World Geo/Health	World History	US History	Gov't/Econ
5	Math	Math	Math	Elective
6	Foreign Language	Foreign Language	VAPA	Elective
7	Elective (Optional)	Elective (Optional)	Elective (Optional)	Elective (Optional)

* Required classes are listed in bold.

* Standard schedule is 6 classes with an option to select 7 classes.

High School Graduation and A-G Requirements

SUBJECT	YEARS REQUIRED FOR LHS GRADUATION	YEARS REQUIRED FOR A-G ELIGIBILITY
English	4 yrs	4 yrs
Math	3 yrs	3 yrs (4 recommended)
Science	2 yrs	2 yrs (3 recommended)
Social Science	3 yrs	2 yrs
Health	1 semester	0
Foreign Language	2 yrs	2 yrs (3 recommended)
Visual & Performing Arts	1 yrs	1 yrs
CTE	1 or 0*	0
PE	2 yrs	0
Elective	85 credits	1 yrs

*One year of either a visual/performing art OR a world language class is required for graduation.

NOTES ON GRADUATION & COLLEGE REQUIREMENTS:

- Students must earn a grade of **D** or above in each semester of a course to receive credit towards graduation. A grade of **C** or above is required for A-G Eligibility.
- A grade of A in a regular class is a 4.0 GPA, a grade of A in an Honors or AP class is a 5.0 GPA.
- LHS recommends a **maximum** of two Honors or AP classes per year.
- In order to graduate from Lincoln High School, a student must have successfully completed a total of 230 credits.