

Competitive Athletics: La Mirada High School

School Year 2023-2024

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| Total Enrollment: 1740 |
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| Total Number of Students Who Participated in Competitive Athletics: | |
| Male: 404 | Female: 332 |

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| Total Number of Boy's Teams / Girl's Teams | |
| Male: 12 | Female: 14 |

| Total Number of Boy's Teams and Girl's Teams, Classified by Sport and by Competition Level | | | | | |
|--|----|---------------------|---------------|----|---------------------|
| Male | | Level | Female | | Level |
| Football | 95 | Varsity/JV/Freshman | Volleyball | 38 | Varsity/JV |
| Water Polo | 15 | Varsity/JV | Tennis | 33 | Varsity/JV |
| Cross Country | 27 | Varsity/JV | Golf | 11 | Varsity |
| Soccer | 49 | Varsity/JV/Freshman | Cross Country | 25 | Varsity/JV |
| Basketball | 39 | Varsity/JV/Freshman | Basketball | 20 | Varsity/JV/Freshman |
| Wrestling | 36 | Varsity/JV | Wrestling | 4 | Varsity/JV |
| Volleyball | 18 | Varsity/JV | Soccer | 40 | Varsity/JV/Freshman |
| Tennis | 12 | Varsity/JV | Water Polo | 12 | Varsity/JV |
| Golf | 10 | Varsity | Softball | 29 | Varsity/JV/Freshman |
| Baseball | 53 | Varsity/JV/Freshman | Track | 20 | Varsity/JV |
| Swim | 20 | Varsity/JV | Swim | 23 | Varsity/JV |
| Track | 30 | Varsity/JV | Cheer | 39 | Varsity/JV/Freshman |
| | | | Comp. Dance | 18 | Varsity/JV |
| | | | Flag Football | 20 | Varsity |

Competitive Athletics: La Mirada High School

School Year 2022-23

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| Total Enrollment: 1751 |
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| Total Number of Students Who Participated in Competitive Athletics: | |
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| Male: 398 | Female: 311 |

| Total Number of Boy's Teams / Girl's Teams | |
|--|------------|
| Male: 12 | Female: 13 |

| Total Number of Boy's Teams and Girl's Teams, Classified by Sport and by Competition Level | | | | | |
|--|-----|---------------------|---------------|----|---------------------|
| Male | | Level | Female | | Level |
| Football | 111 | Varsity/JV/Freshman | Volleyball | 35 | Varsity/JV |
| Water Polo | 16 | Varsity/JV | Tennis | 28 | Varsity/JV |
| Cross Country | 31 | Varsity/JV | Golf | 11 | Varsity |
| Soccer | 37 | Varsity/JV/Freshman | Cross Country | 25 | Varsity/JV |
| Basketball | 44 | Varsity/JV/Freshman | Basketball | 23 | Varsity/JV/Freshman |
| Wrestling | 25 | Varsity/JV | Wrestling | 4 | Varsity/JV |
| Volleyball | 17 | Varsity/JV | Soccer | 47 | Varsity/JV/Freshman |
| Tennis | 11 | Varsity/JV | Water Polo | 14 | Varsity/JV |
| Golf | 10 | Varsity | Softball | 28 | Varsity/JV/Freshman |
| Baseball | 46 | Varsity/JV/Freshman | Track | 20 | Varsity/JV |
| Swim | 20 | Varsity/JV | Swim | 24 | Varsity/JV |
| Track | 30 | Varsity/JV | Cheer | 35 | Varsity/JV/Freshman |
| | | | Comp. Dance | 17 | Varsity/JV |

School Year 2021-22

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| Total Enrollment: 1786 |
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| Total Number of Students Who Participated in Competitive Athletics: | |
| Male: 442 | Female: 334 |

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| Total Number of Boy's Teams / Girl's Teams | |
| Male: 12 | Female: 13 |

| Total Number of Boy's Teams and Girl's Teams, Classified by Sport and by Competition Level | | | | | |
|--|-----|---------------------|---------------|----|---------------------|
| Male | | Level | Female | | Level |
| Football | 144 | Varsity/JV/Freshman | Volleyball | 41 | Varsity/JV |
| Water Polo | 13 | Varsity/JV | Tennis | 15 | Varsity/JV |
| Cross Country | 27 | Varsity/JV | Golf | 6 | Varsity |
| Soccer | 51 | Varsity/JV/Freshman | Cross Country | 26 | Varsity/JV |
| Basketball | 37 | Varsity/JV/Freshman | Basketball | 19 | Varsity/JV/Freshman |
| Wrestling | 16 | Varsity/JV | Wrestling | 6 | Varsity/JV |
| Volleyball | 11 | Varsity/JV | Soccer | 63 | Varsity/JV/Freshman |
| Tennis | 11 | Varsity/JV | Water Polo | 24 | Varsity/JV |
| Golf | 11 | Varsity | Softball | 38 | Varsity/JV/Freshman |
| Baseball | 58 | Varsity/JV/Freshman | Track | 31 | Varsity/JV |
| Swim | 20 | Varsity/JV | Swim | 23 | Varsity/JV |
| Track | 43 | Varsity/JV | Cheer | 26 | Varsity/JV/Freshman |
| | | | Comp. Dance | 16 | Varsity/JV |

School Year 2019-2020

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| Total Enrollment: 1923 |
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| Total Number of Students Who Participated in Competitive Athletics: | |
| Male: 429 | Female: 343 |

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| Total Number of Boy's Teams / Girl's Teams | |
| Male: 12 | Female: 11 |

| Total Number of Boy's Teams and Girl's Teams, Classified by Sport and by Competition Level | | | | | |
|--|-----|---------------------|---------------|----|---------------------|
| Male | | Level | Female | | Level |
| Football | 113 | Varsity/JV/Freshman | Volleyball | 37 | Varsity/JV |
| Water Polo | 24 | Varsity/JV | Tennis | 31 | Varsity/JV |
| Cross Country | 25 | Varsity/JV | Golf | 13 | Varsity |
| Soccer | 57 | Varsity/JV/Freshman | Cross Country | 17 | Varsity/JV |
| Basketball | 45 | Varsity/JV/Freshman | Basketball | 25 | Varsity/JV/Freshman |
| Wrestling | 24 | Varsity/JV | Wrestling | 9 | Varsity/JV |
| Volleyball | 15 | Varsity/JV | Soccer | 65 | Varsity/JV/Freshman |
| Tennis | 12 | Varsity/JV | Water Polo | 18 | Varsity/JV |
| Golf | 14 | Varsity | Softball | 50 | Varsity/JV/Freshman |
| Baseball | 60 | Varsity/JV/Freshman | Track | 37 | Varsity/JV |
| Swim | 33 | Varsity/JV | Swim | 41 | Varsity/JV |
| Track | 32 | Varsity/JV | | | |

School Year 2018-2019

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| Total Enrollment: 1938 |
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| Total Number of Students Who Participated in Competitive Athletics: | |
| Male: 418 | Female: 336 |

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| Total Number of Boy's Teams / Girl's Teams | |
| Male: 12 | Female: 11 |

| Total Number of Boy's Teams and Girl's Teams, Classified by Sport and by Competition Level | | | | | | | |
|--|----|---------------------|--|---------------|----|---------------------|--|
| Male | | Level | | Female | | Level | |
| Football | 83 | Varsity/JV/Freshman | | Volleyball | 24 | Varsity/JV | |
| Water Polo | 24 | Varsity/JV | | Tennis | 23 | Varsity/JV | |
| Cross Country | 14 | Varsity/JV | | Golf | 11 | Varsity | |
| Soccer | 55 | Varsity/JV/Freshman | | Cross Country | 10 | Varsity/JV | |
| Basketball | 46 | Varsity/JV/Freshman | | Basketball | 31 | Varsity/JV/Freshman | |
| Wrestling | 26 | Varsity/JV | | Wrestling | 14 | Varsity/JV | |
| Volleyball | 10 | Varsity/JV | | Soccer | 70 | Varsity/JV/Freshman | |
| Tennis | 14 | Varsity/JV | | Water Polo | 30 | Varsity/JV/Freshman | |
| Golf | 11 | Varsity | | Softball | 45 | Varsity/JV/Freshman | |
| Baseball | 60 | Varsity/JV/Freshman | | Track | 36 | Varsity/JV | |
| Swim | 25 | Varsity/JV | | Swim | 42 | Varsity/JV | |
| Track | 50 | Varsity/JV | | | | | |

School Year 2017-2018

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| Total Enrollment: 1917 |
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| Total Number of Students Who Participated in Competitive Athletics: | |
| Male: 454 | Female: 355 |

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| Total Number of Boy's Teams / Girl's Teams | |
| Male: 12 | Female: 11 |

| Total Number of Boy's Teams and Girl's Teams, Classified by Sport and by Competition Level | | | | | |
|--|----|---------------------|---------------|----|---------------------|
| Male | | Level | Female | | Level |
| Football | 87 | Varsity/JV/Freshman | Volleyball | 24 | Varsity/JV |
| Water Polo | 25 | Varsity/JV | Tennis | 23 | Varsity/JV |
| Cross Country | 24 | Varsity/JV | Golf | 6 | Varsity |
| Soccer | 56 | Varsity/JV/Freshman | Cross Country | 20 | Varsity/JV |
| Basketball | 49 | Varsity/JV/Freshman | Basketball | 35 | Varsity/JV/Freshman |
| Wrestling | 33 | Varsity/JV | Wrestling | 5 | Varsity/JV |
| Volleyball | 18 | Varsity/JV | Soccer | 80 | Varsity/JV/Freshman |
| Tennis | 13 | Varsity/JV | Water Polo | 32 | Varsity/JV |
| Golf | 9 | Varsity | Softball | 51 | Varsity/JV/Freshman |
| Baseball | 63 | Varsity/JV/Freshman | Track | 42 | Varsity/JV |
| Swim | 26 | Varsity/JV | Swim | 37 | Varsity/JV |
| Track | 51 | Varsity/JV | | | |