



**TRY
OUTS**

**2024
2025**



SATURDAY, MARCH 23 | RA Long Main Gym | 8:30 AM START-TIME

Athletes must wear appropriate attire:

Athletic shorts, sweats, or non see-through leggings, t-shirts, athletic shoes, no jewelry (all body jewelry must be taken out for the try-outs.)

Bring Water Bottle

Open to all RA Long Students (including incoming Freshman)

**CLOSED TRY-OUTS
(No spectators)**

**COMPLETED by Mar. 25
Family ID Registration**

**COMPLETED/SIGNED
Application indicating
Football, Basketball or Both**

Questions? Send to Coach Jodi Reid cheerral@gmail.com