

# WELCOME CLASS OF 2028

## A MESSAGE FROM MRS. KUPSEY

Dear Dragon Families,

My name is Mrs. Theresa Kupsey, and this is my 25th year in education. I am the 7th-grade school counselor and look forward to working with you and your student. I am here to help your students succeed in middle school and beyond!

School counselors take on many different roles within a school. My primary responsibility is to promote all students' academic, college/career, and social/emotional development. It is important to me that I work closely as a team with parents/guardians, teachers, administration, and staff to ensure your student is receiving all the support they need to guide them through these middle school years. I aim for each student to develop academically, socially, and emotionally, and I strive to create a safe and positive environment in which each child can accomplish this.

Please do not hesitate to contact me with any questions or concerns. I look forward to working with you and getting to know your student during their time at the middle school.

Sincerely,  
Mrs. Theresa Kupsey  
7th Grade School Counselor

## Helpful Links:

- [School Counseling](#)
- [PowerSchool & Schoology](#)
- [Career Day](#)
- [Clubs & Activities](#)
- [Wellness Counselor](#)

## Tips for a successful school year:

- Have a positive attitude.
- Have good attendance.
- Get involved in extra-curricular activities.
- If you are struggling, ask for help.
- Stay organized throughout the year.
- Get good grades.
- Have fun!

