

Nutrition Services 2023-24 POTENTIAL ALLERGEN LIST based on USDA Top Nine

MENU ITEMS	Eggs	Milk	Soy	Wheat	Sesame	Fish & Shell Fish	Nuts
Bagel, minis strwbry cheese		x		x			
Bagel, jalapeno cheese		x		x			
Burrito, Egg & Cheese	x	x	x	x			
Burrito ,Beans & Rice				x			
Chorizo & Cheese Bolillo		x		x			
Breakfast sandwich, sausage			x	x			
Breakfast Pizza,Turkey sausage		x	x	x			
cinnamon roll	x	x	x	x			
Cereal, Rice Chex							
Cereal, Honey Scooters				x			
Cereal, Kix							
Cereal, cinnamon toast crunch			x	x			
Cereal, crispy rice							
Egg ,Hard boiled	x						
Egg Scramble (in egg chilaquiles)	x	x	x				
Granola				x			
Muffins ,variety	x	x	x	x			
Nada, Cinnamon Apple			x	x			
Oats,Rolled							
Pan Dulce	x	x	x	x			
Pancake sausage roll up	x		x	x			
Pancake, mini confetti	x	x	x	x			
Pop-tarts			x	x			
Waffles, Mini Maple	x	x	x	x			
Waffles, Belgian	x	x	x	x			
Yogurt, Chobani		x					
Yogurt, Danimals		x					
Yogurt, Yoplait		x					
Alfredo Pasta	x	x		x			
Burrito,Bean & Cheese		x	x	x			
Beef , slices fully cooked							
Beef Salami Slices							
Beef & Cheese Crisp up		x	x				
Cheese Sliders,twin		x	x	x			

Cheese, dip cup; string cheese		x					
Chicken,Corn Dog	x		x	x			
Chicken , Fajita							
Chicken, Drumsticks				x			
Chicken, Nuggets			x	x			
Chicken, Patty crispy			x	x			
Chicken, Patty spicy			x	x			
Chicken, tenders			x	x			
Chicken, orange	x		x	x			
Chicken,poppers				x			
Chicken, Sweet and Sour	x		x	x			
Grilled Cheese Sandwich		x	x	x			
Hummus,cup							
Hummusburger			x	x	x		
Meatball Hoagie Sandwich	x	x	x	x			
Nada ,Turkey Taco		x	x	x			
Cheese Pizza (Big Daddy's)		x	x	x			
Cheese Pizza ,Galaxy		x	x	x			
Pepperoni (Turkey)Pizza,(Big Daddys)		x	x	x			
Pepperoni Stuffed Sandwich	x	x	x	x			
Cheese Pull Aparts		x		x			
Sunbutter Sandwich,Grape			x	x			
Three Bean Chili			x				
Turkey ,BBQ			x				
Turkey Ham & cheese croissant	x	x	x	x			
Roll, Artisan			x	x			
Bread, Sandwich		same bakery	x	x			
Roll, Deli			x	x	x		
Bun,mini burger			x	x			
Bun,Hamburger		same bakery	x	x			
Crackers,Cheez Its		x	x	x			
Crackers.wheat			x	x			
Cornmuffin	x	x	x	x			
Gravy Mix		x					
Whole grain Pita				x			
Potatoes,mashed		x	x				
Toast,Texas garlic		x	x	x			
Tortilla, flour				x			
Tortilla Chips			x				

Sunflower kernals							
Ultimate Breakfast Round (UBR)	x	x	x	x			
Yogurt Vanilla (Yoplait)		x					
Turkey Sausage BF scramble	x	x	x				
Turkey & Swiss Combo		x					
Hard Boiled Eggs	x						
Coleslaw Dressing	x						
Tzatziki Sauce		x					

as of 9.29.2023

* subject to change based on product availability
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