

# Woodbury Community Services Council

## 40 Days 40 Food Items

In observance of the Lenten Season, many of us choose to "give up" something as we enter a period of reflection. An alternative to or perhaps in addition to this observance is to "take on" something new. Please consider contributing shelf stable food to the Woodbury Food Bank. By collecting an item for each day of Lent - 40 days would yield 40 much needed items for our Friends in need. Make a great impact on your community, while reflecting on your life and spirituality. Thank you for your consideration.

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|----------------------|-----------------------|------------------|
| 1. Coffee            | 15. Jelly             | 29. Toothpaste   |
| 2. Black Tea         | 16. Brownie Mix       | 30. Shampoo      |
| 3. Juice             | 17. Cake Mix          | 31. Conditioner  |
| 4. Cereal            | 18. Instant Pudding   | 32. Deodorant    |
| 5. Oatmeal           | 19. Jello             | 33. Hand Soap    |
| 6. Granola Bars      | 20. Minestrone Soup   | 34. Dish Soap    |
| 7. Fruit Cocktail    | 21. Chicken Rice Soup | 35. Laundry Soap |
| 8. Applesauce        | 22. Clam Chowder      | 36. Baby Wipes   |
| 9. Can Chili         | 23. Salt              | 37. Tissues      |
| 10. Corned Beef Hash | 24. Sugar             | 38. Paper Towels |
| 11. Beef Stew        | 25. Flour             | 39. Toilet Paper |
| 12. Ketchup          | 26. Honey             | 40. Ziploc Bags  |
| 13. Mustard          | 27. Olive Oil         | (all sizes)      |
| 14. Peanut Butter    | 28. Vegetable Oil     |                  |

For more information, contact: **Deirdre Bologna**  
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**The Woodbury Food Bank is Open for Donation Drop Offs  
on Wednesday, Thursday, Saturday 8:30 am - 11:00 am  
and Friday 8:30 am - 2:00 pm**

