THE KING'S ACADEMY

Philippines Missions Trip
Packing List 2023

What to Bring – Every student is limited to one backpack carry-on and one check in medium size luggage (24-26 inch soft sided only, please!!). You will be checking in a balikbayan box as your second luggage

Clothing - ALL CLOTHING MUST ADHERE TO THE TKA DRESS CODE

- Casual Bottoms (bermuda shorts, capri pants, loose fitting jeans, dry weave/mesh clothing (would be best since it will be hot!)
- Casual Tops or T-shirts (girls and boys must wear tops with sleeves at all times; girls - no midriff or part of belly showing)
- **Church Clothes** :
  - Boys - Nice pants or Bermuda shorts with Collared Shirt
  - Girls - Dress or Skirt below your knees - Top must cover your shoulders
- Windbreaker/Jacket/Sweatshirt (**evenings get chilly)**
- Bathing Suit (one piece)
- Undergarments - enough for duration of trip if you do not want to wash your own
- Cotton bed sheet cover
- Self-inflating sleeping pad (https://www.target.com/p/h2ogo-matte-finish-inflatable-raft-pool-float-air-mat-72-x-27/-/A-90905491)
- Shoes (more than one pair - tennis shoes, closed-toed shoes, sandals/flip flops)
- **One** outfit suitable for getting **messy-beyond-recovery (construction)**

REMEMBER THAT YOUR UNDERWEAR SHOULD NOT SHOW AT ANYTIME!

Toiletries

- Soap/Shampoo/Conditioner/Razor
- Toothbrush/Toothpaste
- Deodorant
- Comb/Hairbrush
- Heavy-duty hair ties
- Bug repellent; itch cream for bug bites; Sunscreen
- Bath towel, Beach towel and face towel
- **No hair dryer/curling iron**

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BACKPACK to take as carry-on : pls pack the following

- Bible, small journal notebook, writing pen
- TKA booklet (to be distributed on our first meeting, Wednesday, Feb 21st)
- Hat, visor, sunglasses, sunblock
- Empty water bottle
- Passport

- Pillow
- Flashlight
- One clothing outfit (if our luggage gets delayed)
- Pocket money : $50 (suggested amount)

What NOT to bring : anything of value to you!!

***Side note from Mama Bell :**
Being mindful of the local culture and economic conditions, I choose to dress appropriately and modestly and try not to draw attention to myself by wearing yoga pants, crop tops (imagine Mama Bell in a crop top - ha!) or name brands. We are going into the slum areas and most of these people do not have enough money to feed their families let alone buy clothes. In summary, you will probably encounter a situation where Filipinos will make "nice comments" about your outfit or shoes or baseball hats, etc. Be ready to give them away as ambassadors of Christ. Remember, these people do not have anything! Of course, you are under no obligation to do this at all!

Almost everything that I brought to the Philippines, I have given them away and all I had left coming back to the states was the clothes I was wearing, my backpack and a pair of "tsinelas" (slippers). I even gave away my luggage!! 

Please let me know if you have any questions or concerns.

Purihin natin ang Panginoon!!