Packing List Navajo Nation

Packing List - Arizona - Spring Trips

It is important to note that spring weather in Black Mesa can vary and be unpredictable from day to day. It can be very cold and windy. I can get below freezing but it can also get up into the 70s. It is important to plan accordingly. It is helpful to dress in layers so you can remove layers as the day warms up.

Clothing for 6 days

- Work Clothes that can get dirty or ruined. (Long pants)
- 1 pair of shorts to wear if the weather is warm enough
- T-shirts
- 1 pair of sturdy work shoes - tennis shoes or boots for the worksite
- warm socks
- 1 hat (baseball cap or similar for sun shade-optional)
- **1 Beanie for cold days/ gloves**
- Safety Glasses
- Sunglasses (optional but recommended)
- Work Gloves
- After work relaxing clothes
- Pajamas
- **Warm jacket (It could be quite cold))**
- Clean casual clothes for midweek church service (jeans and t-shirts are fine, skirts are not necessary

***Clothing Note:** It is important to remain sensitive to others by dressing in a conservative manner. Please keep this in mind when choosing what to wear. We appreciate your intentionality with this.

Please wear longer shorts - preferably mid-thigh or below. if it is warm enough for shorts. NO short shorts. ***Leggings are okay only if worn with a tunic-length shirt that comes to the upper to mid-thigh****. No tank tops or crop tops for girls or guys This applies to clothing at all times throughout the day.*

- Towel and washcloth
- Bedding - You will be sleeping on the floor
- Blow-up mattress or sleeping pad
- **warm sleeping bag. (sheets if you want them)**
- Pillow (optional, but it sure feels good at night!)
- Toiletries (toothbrush, lip balm etc…)

- Advil, Tylenol, or other personal medications you might need (Please inform your Team Leader of any prescription medications you will be bringing.)
- Sunscreen
- Bible, notebook, and pens
- ***Refillable*** water bottle
- Anti-bacterial hand sanitizer
- Wet wipes *there will be no showers on spring break trips as it is too cold. Wet wipes come in handy
- Flashlight or headlamp
- Spending money
- Day Pack to carry personal items to the worksite etc...
- ***Disposable Masks:*** ***There may be some instances where wearing a mask will be required. Please bring disposable masks at least 1 per day - These should be hospital-grade medical masks, N95, KN95, or KN94 masks. NO cloth masks or gators, please.***