

Summer Outdoor Resource List for Families

Free and Low-Cost Activities to do together

Free and/or low cost Garden Classes

<u>Free summer garden classes for children ages 3-11</u>- WSU Pierce County Master Gardener Puyallup Children's Garden, occurs select Saturdays May-October. Visit link for more details.

https://extension.wsu.edu/pierce/youth-program-puyallup-demonstration-garden/

Growing Groceries Glasses- learn best practices for growing fruits and veggies in Western WA. Wednesdays 7:00PM to 8:30 PM on Zoom. \$7.50/class and some Financial Need Waivers are provided https://mgfkc.org/education/growinggroceries

<u>Native Plant Classes</u>- South Sound Washington Native Plant Society, FREE https://www.wnps.org/south-sound

<u>Garden Talks and Classes in Puyallup</u>- WSU Pierce County Master Gardeners, FREE https://extension.wsu.edu/pierce/demonstration-gardens/

Parks to hike and visit

<u>Federal Way Parks</u>- explore nature in a local Federal Way Parks like West Hylebos, Steel Lake or Celebration Park, FREE

https://www.cityoffederalway.com/parks

<u>Dash Point State Park</u>- Explore our own local state park here in our home town, FREE https://www.parks.wa.gov/496/Dash-Point

<u>Tacoma Nature Center</u>- 70 acre wetland habitat with play area and trails and free family nature walks, FREE https://www.metroparkstacoma.org/place/tacoma-nature-center/

Browns Point Lighthouse - tours on Saturday, FREE

https://www.metroparkstacoma.org/place/browns-point-lighthouse-park/

Gardens to visit

<u>PowellsWood</u>- A Northwest Garden-tours of a 37 acre garden here in Federal Way. Children are free. Adults \$7 https://www.powellswood.org/

<u>Rhododendron Species Botanical Garden</u>- one of the largest collections of rhodedendrons in the world, free for kids under 12, \$5.00 for seniors and students with ID, \$8 adults https://rhodygarden.org/visit/

Pacific Bonsai Museum- admission by donation https://pacificbonsaimuseum.org/

<u>Light of Christ Community Garden</u>- Garden volunteers are available to "teach" individuals/groups that want to learn more about gardening. They ask individuals to come during our regular workdays which are Mon & Wed 9 – 12. Groups can make arrangements for other days/times. Contact Jim Cox at <u>locgarden@comcast.net</u> or 253-326-7166. Check out website at https://www.lightofchristgarden.org.

Other Outdoor Activities

South Sound Bike Riding Trails- Kid Friendly

https://www.parentmap.com/article/best-bike-paths-kids-families-tacoma-olympia-south-sound

Pick Berries

U Pick: https://www.parentmap.com/article/u-pick-berries-a-taste-of-summer-sunshine

Wild Foraging: https://www.parentmap.com/article/summer-urban-foraging-pick-wild-berries-in-local-parks

<u>Federal Way Farmers Market</u>- shop local and enjoy your community. May 11th-October 26th, Saturdays 9am-3pm, accepts WIC, SFMNP and SNAP benefits

https://federalwayfarmersmarket.com/

<u>Agents of Discovery in Tacoma Metro Parks</u>- Perfect for families looking to spend time outdoors, Agents of Discovery is a free, educational app to get youth active, engaged and learning about the world around them. Challenges (or questions) are geo-triggered as participants walk the trail.

https://www.metroparkstacoma.org/agentsofdiscovery/

Make painted rocks and leave them in nature for others to find!

https://www.parentmap.com/article/painted-rocks-treasure-hunt-kid-craze

Native Plants

<u>Washington Native Plant Society</u>- online resources and classes/activities to learn about Native Plants in the Puget Sound area.

https://www.wnps.org/

<u>Garden Raised Bounty-</u> Free educational resources and a series of seasonal classes to learn about native plants and Indigenous wisdom

https://www.goodgrub.org/wild-foods/wild-foods-and-medicine#

<u>Puyallup Tribal Language Department</u>- Learn how to speak the first names given to plants in our area. This website shares Lushootseed and includes videos of native plants and their Lushootseed and English names.

https://www.puyalluptriballanguage.org/nature/plants.php

Muckleshoot Garden

Tribal events open to the public? Potlatch, Canoe Journey