

# WISHEK KIDS WRESTLING TOURNAMENT

Pre K → 6th Grade.

No 7th & 8th grade division

Tuesday, March 21, 2023

Wishek High School Gym Entry Fee: \$5.00

Registration from 3:45 – 4:30 pm

Wrestling begins at 5:00 pm

Concessions will be available

There will be no weigh-ins Tuesday evening, *but if suspicious we will have a check scale*. Please send a list of participants by Monday, March 20th. There's always a problem with no shows when running a registration like this. If possible we would like a call with a list of no shows before you leave for Wishek. I will have someone by the phone from 4:00 to 5:00 pm on Tuesday who will take a list of no shows.

**PHONE #** 701-321-2003      **Email:** mike.vangorkom@titanmachinery.com

**AWARDS:** Medals will be awarded depending on how many wrestlers there are in a weight class. Everyone else will receive ribbons.

This is not a sanctioned USA or AAU Wrestling Tournament, so cards are not needed.

Wrestling will be scored as in high school wrestling, but some free style ideas will be followed for Pre-K → 2<sup>nd</sup> grade. For example, wrestlers will always start on their feet, and if back points are not scored shortly after a take-down, wrestlers will go back to their feet.

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## DIVISIONS:

Pre-K & K Two 1 min periods

1st & 2nd Grade Three 1 min periods--- 1<sup>st</sup> period neutral, 2<sup>nd</sup> & 3<sup>rd</sup> each wrestlers choice.

3<sup>rd</sup> & 4<sup>th</sup> Grade – Three 1 min periods--- 1<sup>st</sup> period neutral, 2<sup>nd</sup> & 3<sup>rd</sup> each wrestlers choice.

5<sup>th</sup> & 6<sup>th</sup> Grade – Three 1 1/2 min periods--- 1<sup>st</sup> period neutral, 2<sup>nd</sup> & 3<sup>rd</sup> each wrestlers choice

All weight classes will be grouped as close as possible by weight with 3 or 4 wrestlers in each group. Most weight classes will wrestle round robin.

If you have any questions, contact Mike vanGorkom (701-321-2003)

**Email:** mike.vangorkom@titanmachinery.com

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## YOU MUST FILL OUT AND SIGN THE SLIP BELOW IN ORDER TO REGISTER:

NAME \_\_\_\_\_ CITY \_\_\_\_\_

AGE \_\_\_\_\_ WEIGHT \_\_\_\_\_ GRADE \_\_\_\_\_

SIGNATURE \_\_\_\_\_

I WAIVE & RELEASE ANY & ALL RIGHTS & CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE DIRECTORS OF THE WISHEK KIDS WRESTLING TOURNAMENT AND THE WISHEK SCHOOL DISTRICT.

Parents Signature \_\_\_\_\_