

# DRESSING FOR COLD WEATHER



adding layers will help keep you warm as the temperature drops

## CHILLY



1-2 layers

long layer

outer layer  
to keep out wind,  
rain

warm shoes  
water proof

## COLD



2-3 layers

gloves

1-2 layers

warm hat

outer layer  
to keep out wind,  
wet snow

boots  
water proof

## EXTREME COLD



3+ layers  
1 insulating

gloves

2+ layers

warm hat

face mask

outer layer  
to keep out wind

boots  
water proof



[weather.gov/safety](http://weather.gov/safety)