

HEALTH SCIENCE/MEDICAL

140000 Health

Grade(s): 10-12 **Credit:** .5 per semester **Term(s):** 1 or 2

AEO

This course is based on the National Health Standards and is designed to assist students in obtaining accurate information, developing lifelong positive attitudes and behaviors, and making wise decisions related to their personal health. It uses a wellness approach stressing prevention and self-responsibility through informed choices. The inter-relationship of the physical, mental, and social dimensions of health and the effects on the total person is emphasized. Students use problem-solving, research, goal-setting, and communication skills to protect their health and that of the community. Students will receive their CPR Certification through this course. *Students may receive the CPR certificate upon completion of a scheduled hands-on certification session. (Students enrolled in AEO will not receive the hands-on certification.)*