



March 19, 2021

Dear HSD Students and Families,

Students who have elected to participate in the hybrid model will begin returning to the classroom after Spring Break, so we wanted to take this opportunity to provide you with important information about what to expect and how to evaluate your child's health each day.

Enclosed you will find the following documents:

- Return to School Letter from our District Nurse team
- School Health Check-in Process
- Daily Health Screening Checklist
- Too Sick for School Flyer
- HSD Mask Guidance

Each of these documents is also posted in the Resources section of our 2020-21 School Year website: www.hsd.k12.or.us/202021schoolyear.

For additional information, please see the following webpages/documents:

- **Return-to-School Dashboard** (www.hsd.k12.or.us/dashboard). This dashboard provides information by school, including links to each school's operational blueprint.
- **Hybrid Guide for Families and Caregivers**. This document provides helpful information about what to expect from a hybrid learning experience, including a glossary of terms, information about arrival procedures, attendance, grading, meals, and more. You can find the guide on the 2020-21 School Year page or directly at www.hsd.k12.or.us/hybridguide.
- **MyBus Webpage**. Visit www.hsd.k12.or.us/mybus to access the student bus routing lookup tool. Use your student's ID number and birthdate for bus routing information. Information is currently uploaded for elementary students and will be accurate for secondary students by April 9. If you have questions, please contact Transportation directly at 503-844-1123.
- **Nutrition Services Webpage**. For all the latest information about school meals, please visit www.hsd.k12.or.us/nutrition.
- **Technology Assistance**. If your child needs technology assistance, please contact the Student Tech Support Hotline at 503-886-8956 or techhelp@hillsboro.incidentiq.com between 7:30 a.m. and 8 p.m. Monday through Thursday, and between 7:30 a.m. and 4 p.m. on Friday when school is in session. You can also visit the Student Tech Support website at www.hsd.k12.or.us/studenttechhelp.

We look forward to welcoming students back to our campuses soon, and continuing to serve our HOA and CDL-only students remotely through the remainder of the school year.

Hillsboro School District



Dear HSD Parent or Guardian:

As we return to in-person learning, it is everyone's goal to do so as safely as possible to protect the health, safety and wellbeing of students, teachers, staff, families and the community. In order to do this, we have established important guidelines and procedures for each of our school buildings to follow.

We ask that you please read the enclosed information and review it with your students and family members. Following these safety measures will help all students stay healthy and ready to learn.

The enclosed procedures/guidelines address:

- Home-Based Symptom Screening – Symptoms you will check daily before your student attends school
- When a student needs to stay home from school – Based on guidelines from the Washington County Public Health Department
- School Health Check-in Process
 - Temperature Check – completed by staff with a touchless forehead thermometer
 - Hand Hygiene – all students will wash their hands or use hand sanitizer when entering the building
 - Visual Check – Completed by staff as students enter the building
 - Facemask/Covering – Students must wear a facemask/covering when riding the school bus and while in school buildings (unless they have a medical exception or **due to the nature of the disability cannot wear a face covering**)
- What happens if a student becomes ill at school with COVID-like symptoms
 - Isolation Room – Social Story to share with your students

Please note: it is an expectation that you or an approved guardian are readily available to pick up your student in the event they become ill with COVID-like symptoms at school. A packet of information will be sent home with return-to-school instructions. We appreciate your partnership in creating the safest environment possible for our students and staff.

Sincerely,

Hillsboro School District Nurses

Please see the Nurses page under Departments on the District website to see which [nurse oversees your child's school](#).

School Health Check-in Process

Parent/Guardian: When your student returns to school, we are counting on your partnership and assistance each day to help ensure they are well enough to attend. Take the time to talk to your student about what the health check-in process will look like when they arrive at school. Health check-ins will consist of a no-touch temperature check, hand hygiene, visual check, and the isolation room if they become ill.

- ❖ **When a student needs to stay home:** Parent/Guardian will follow the Too Sick for School Guidelines. Please DO NOT send your student to school if they are exhibiting any of the symptoms listed in the flyers linked below:
 - [Too Sick For School English ODE-OHA updated 9-20.pdf](#)
 - [Too Sick For School Spanish ODE-OHA updated 9-20.pdf](#)Parent/Guardian will complete the home based symptom screening tool daily at home with their student(s), before sending them to school.
 - [COVID Home-Based Symptoms Screening](#)
Keep this form at home to review daily with your student(s).

- ❖ **Face mask/covering:** Student will arrive with a mask/face covering on.

- ❖ **Temperature check:** When your student arrives at school, a staff person will check their temperature with a touchless forehead thermometer.

- ❖ **Hand hygiene:** Students will use hand sanitizer or wash hands after arriving at school.

- ❖ **Visual check:** Staff will perform a visual check of students for any signs and symptoms of illness.

- ❖ **Isolation room:** If your student feels ill while at school and is displaying COVID-like signs or symptoms, they will go to the isolation room. See the “Social Story” presentations linked below for more information about the Isolation Room.
 - [Isolation Room at School Social Story](#)
 - [Isolation Room at School Social Story Spanish](#)

Home-Based Symptom Screening

Caregivers: If your child has any of the following symptoms, they might have an illness they can spread to others.

Check your child for these symptoms before they go to school:

- o Temperature - 100.4 degrees Fahrenheit or higher.
 - [How to check your temperature](#)
- o Sore throat
- o Cough (*for students with chronic cough due to allergies or asthma, a change in their cough from baseline*)
- o Difficulty breathing (*for students with chronic cough due to allergies or asthma, a change in their cough from baseline breathing*)
- o Diarrhea or vomiting
- o New onset of severe headache, especially with fever

If your child has ANY of the symptoms above:

- o Keep them home from school.
- o Keep them home from school if you've been asked to self-quarantine in the past 14 days or if anyone in your household has a positive COVID19 diagnosis or is awaiting a test result for COVID19.
- o Consider whether your child needs to see a healthcare provider and possibly get tested for COVID-19. The CDC has a Coronavirus Self Checker* available on its website, which may help you make decisions about seeking medical care for possible COVID-19.
 - [CDC Coronavirus Self Checker](#)
- o Contact your student's school attendance line and report your child is sick. The school may ask some additional questions to help determine when it is safe for your student to return to school.

If your child does NOT have any of the symptoms above:

- o Send your student to school as usual.

How To Check Your Temperature:

- <https://my.clevelandclinic.org/health/articles/9959-thermometers-how-to-take-your-temperature>

CDC Coronavirus Self Checker:



- <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/coronavirus-self-checker.html>

Proveedores de cuidado: Si su estudiante tiene alguno de los siguientes síntomas, es

TOO SICK FOR SCHOOL

PLEASE KEEP ILL STUDENTS OUT OF SCHOOL

The list below gives school instructions, not medical advice. Please contact your health care provider with health concerns. **During 2020-2021, anyone exposed to COVID-19 must stay home for 14 days.**

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER...
 Fever: temperature by mouth of 100.4°F or higher	*The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses. *Fever-free for 24 hours without taking fever-reducing medicine AND after a COVID-19 test is negative , OR 10 days if not tested.
 New cough illness OR New difficulty breathing	*Symptom-free for 24 hours AND after a COVID-19 test is negative , OR 10 days if not tested. If diagnosed with pertussis (whooping cough), the student must take 5 days of prescribed antibiotics before returning.
 Headache with stiff neck or with fever	*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions if fever is present.
 Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements	*Symptom-free for 48 hours OR with orders from doctor to school nurse.
 Vomiting: one or more episode that is unexplained	*Symptom-free for 48 hours OR with orders from doctor to school nurse.
Skin rash or open sores	*Symptom free , which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.
Red eyes with eye discharge: yellow or brown drainage from the eyes	*Symptom-free , which means redness and discharge are gone OR with orders from doctor to school nurse.
Jaundice: new yellow color in eyes or skin	*After the school has orders from doctor or local public health authority to school nurse.
Acting different without a reason: unusually sleepy, grumpy, or confused.	*Symptom-free , which means return to normal behavior OR with orders from doctor to school nurse.
Major health event, like an illness lasting 2 or more weeks OR a hospital stay.	*After the school has orders from doctor to school nurse.
Student's health condition requires more care than school staff can safely provide	*After measures are in place for student's safety.

HSD Mask Guidance/Guía para uso de mascarillas



Disposable masks
Mascarillas desechables no médicas



Masks or cloth face coverings that fit properly (snugly around the nose and chin and the sides of the face)
Mascarillas o cubiertas faciales que se ajustan correctamente (cómodamente alrededor de la nariz y la barbilla sin grandes espacios alrededor de los lados de las mejillas)



Masks or cloth face coverings with inner filter pockets
Mascarillas o cubiertas faciales de tela con bolsillo interno para filtro



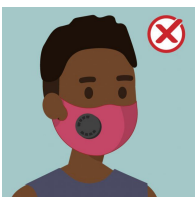
Masks or cloth face coverings made with tightly woven breathable fabric (such as cotton). Face coverings or masks with nose wires help prevent leakage and also help if you wear glasses.
Mascarillas hechas con tela transpirable de tejido apretado (tal como algodón). Las cubiertas faciales o mascarillas con alambres nasales ayudan a prevenir fugas y también ayudan si se usan lentes



Masks or face coverings with **two or three washable layers**
Mascarillas o cubiertas faciales **con dos o tres capas**



Gaiters are discouraged, but if worn need to be two layers thick
Se desaconsejan las polainas, pero si se usan, deben tener dos capas de grosor



Masks with exhalation valves or vents **are not allowed**
No se permiten mascarillas con válvulas o respiraderos de exhalación



Scarves, ski masks and balaclavas are **NOT** substitutes for masks.
Las bufandas y pasamontañas **NO** son sustitutos de las mascarillas