

# Sensory Motor Progression

Sensory Motor development is important for optimal school readiness. Avery Coonley's preschool curriculum includes creative, engaging activities and lessons that are intentionally designed to help children practice and refine these skills and abilities every day.



**1**  
Solid Tactile, Auditory, and Visual Processes

Integration of the senses bolsters the ability to make connections and think critically.

**2**  
Adequate Balance

Once equilibrium is achieved, the ability to pay attention and regulate behavior is facilitated.

**3**  
Gross-Motor Skills Including Bilateral-Motor Skills

These skills connect both sides of the brain and build strength. They are foundational for School skills such as working with scissors, tracing, and managing clothes.

**4**  
Fine-Motor and Visual-Motor Skills

These skills are essential for copying letters, creating patterns, and drawing pictures.

**5**  
Near-Point Visual Skills

The ability for the eyes to focus between distances, converge, and track objects is essential for reading readiness.

**6**  
Visualization and Visual Memory

Visualization and visual memory are crucial for recognizing letters, numbers, learning sight words, and remembering sequences.

**GOAL:**  
Optimal Readiness for Reading, Writing, Spelling, and Mathematics