

Hillsboro Parks & Recreation

**Adaptive & Inclusive
Recreation**



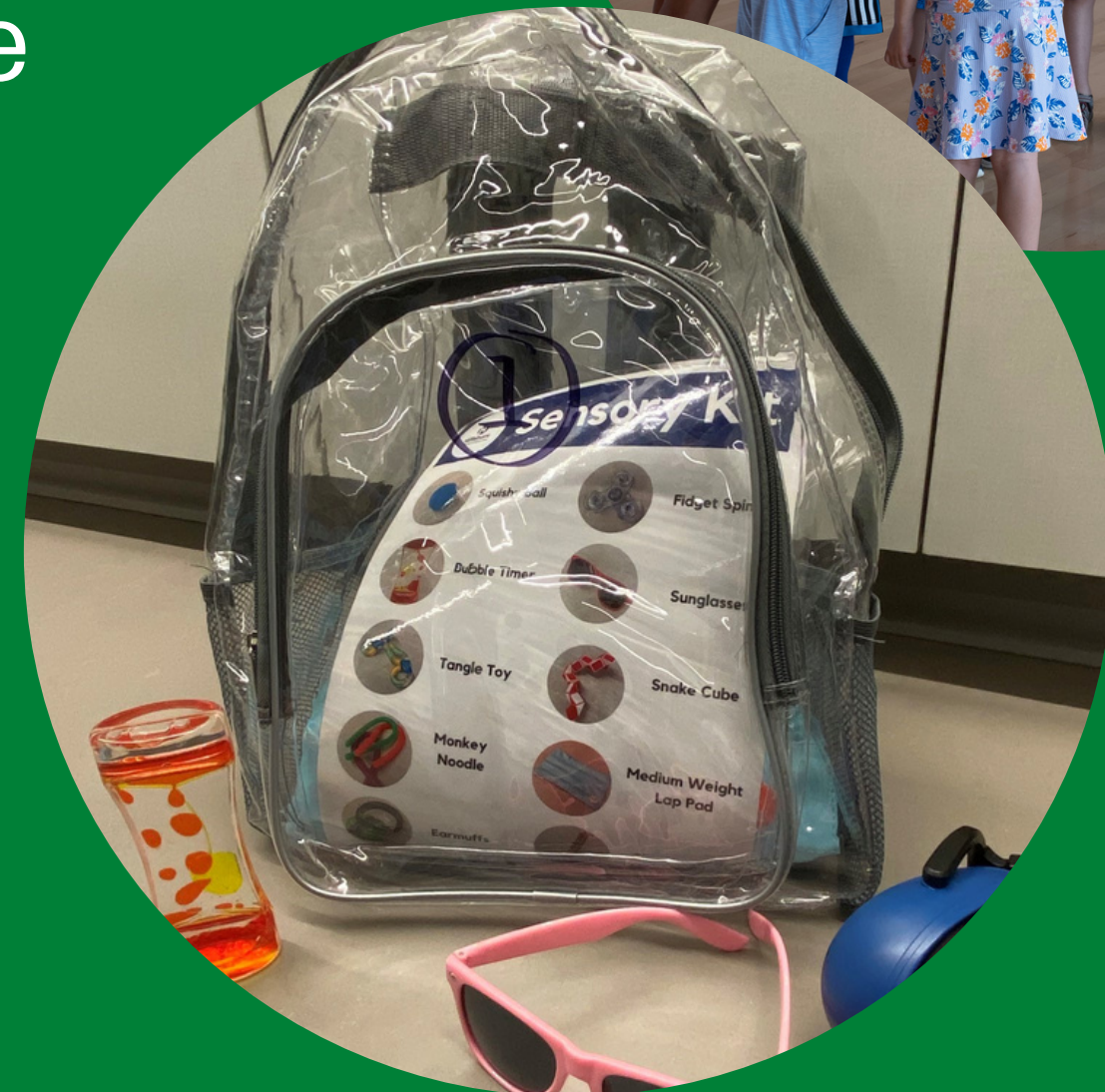
Adaptive & Inclusive Recreation services empowers individuals experiencing disability to participate in any Hillsboro Parks & Recreation offerings of their choice



Inclusion Support

Participants are welcome to attend any program or activity that aligns with their interest & age group. Hillsboro Parks & Recreation offers inclusion supports to make participants successful in programs, which include providing 1:1 aides.

Sensory Kits are available at our facilities & classes to ensure participants have sensory tools available.



Hidden Creek Park West

Hillsboro's new inclusive park & playground is open!

It includes:

Oro, the friendly forest giant

Water & sand play

Stable surfacing

Fully fenced play area

Swinging, sliding, & more!



Fitness and Wellness

Membership discounts to SHARC & Hidden Creek

Certified Inclusive Fitness Trainers available on staff

Inclusive cardio/weight room, which includes specialized equipment & spacious workout spaces



Youth Adaptive Recreation Programs



Adaptive Swim
Lessons



Basketball 4 All



Sensational
Stations

Family Adaptive Recreation Programming



Sensory
Playtime



SENSE-ational
Craft Time



Sensory Friendly
Movie Night

Teen/Adult Adaptive Recreation Programs



All Ability
Basketball



Griffin's Place
Dances & Programs



Every Body
Athletics Fitness
Classes

Check out the Fall 2023 Activities guide for up to date program details, including registration information. The Fall Activities Guide offers programs through December.

Registration for Jan - May 2024 classes begins on November 29th!





Connect with us!



@hillsboroparks



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