



LEOTA MIDDLE SCHOOL

February 2, 2024 Family Newsletter

Hello Leota Middle School Families!

Second semester is off to a great start. There was an extra level of energy at Leota this week. Hopefully the energy was from a fresh start and excitement for their new classes. We have just two weeks until Mid-Winter Break. With that being said, there will be a lot of learning and extra-curricular activities taking place for our students.

Upcoming Events

Physical education classes participating in square dancing for the next two weeks. This activity will end with an assembly on Friday, February 16th.

Music Performances

Jazz Pathways Concert on February 14th at Woodinville HS

Choir Pathways Concert on February 15th at Woodinville HS

Spring Performance- auditions are taking place beginning on Monday, February 5th, right after school.

The next **Principal Chat** is Monday, February 12th at 2pm. Here is the [zoom link](#) if you would like to join online. You are also welcome to join in person.

If your student is interested in learning more about North Creek High School football, on Wednesday, February 14th North Creek Head Football Coach, Torrey Myers, will be coming to Leota. Coach Myers will be here to speak with 8th graders who are attending North Creek next year and are interested in playing high school football.

Grade Notification- As, Ds, & Fs on February 16th. Please remember, you can access ParentVue anytime if you are concerned about your child's grades.

Nurse's Message

Looking ahead to next fall for 6th graders moving to 7th grade:

As families of current 6th graders look ahead at scheduling well child visits over the next several months, don't forget to check in with your healthcare provider about any immunizations that may be due at this time.

- **TDap Vaccine:** All students entering 7th through 12th grades must have one booster dose of **TDap vaccine**. In the 2024-25 school year, all students in 7th grade must have received their Tdap dose on or after age 10 years before the first day of school.
- All immunizations must be verified by health care provider records.

For complete vaccine requirement information go to:

<https://doh.wa.gov/you-and-your-family/immunization>

Not sure if your child is up to date on their vaccines? Access their immunization record for free at:

<https://myirmobile.com/washington-sign-in/>

Additionally, the Washington State Legislature requires us to make information available to you about meningococcal disease and human papillomavirus (HPV). Your health care provider may also recommend Meningococcal and HPV vaccines at this time.

Thank you for taking the time to read the newsletter. If you have any questions please contact me.

In partnership,

Scott Leick, Principal
Leota Middle School

Upcoming Events:

02/05

Periods 1-6, Pride

Drama Club Spring Play Auditions: 2:35 Theater

Game Club: 2:35 Library

02/06

Periods 1-6, Pride

Yearbook Club during both lunches in Room 711

ASB Meeting: 2:35 P-5

02/07

Periods 1-6, Early Release

South Asian Club during lunches: Choir Room

02/08

Periods 1-6, Pride

East Asian Club during lunches in P2

Drama Club Spring Play Auditions: 2:35 Theater

Star Time: 2:35-4:05 Library

Geography Club 2:35pm Room 720

7th Girls Basketball: 3:30 Leota@Skyview

8th Girls Basketball: 4:30 Leota@Skyview

02/09

Periods 1-6, Pride

Drama Club Spring Play Callbacks: 2:35 Theater

02/12

Periods 1-6, Pride

WHS & NCHS Registration Distribution in Science Classes

Principal Chat 2:00pm at Leota or via Zoom

Game Club: 2:35 Library

7th Girls Basketball: 3:30 Leota@Northshore

8th Girls Basketball: 4:30 Leota@Northshore

02/13

Periods 1-6, Pride

WHS Registration Distribution in Science Classes

ASB Meeting: 2:35 P-5

Wrestling: 3:30 Skyview&Leota@Northshore

02/14

Periods 1-6, Early Release

PTSA Staff Appreciation Luncheon (Baked potatoes)

Black Student Union: 7:30 Room 604

Jazz Pathways Concert: 7:00pm WHS

02/15

Periods 1-6, Pride

Latino Cultures Club: 7:30 Library

East Asian Club during lunches in P2

Star Time: 2:35-4:05 Library

Geography Club 2:35pm Room 720

6th Girls Basketball: 3:30 Leota@Canyon Park

7th Girls Basketball: 3:30 Canyon Park@Leota

8th Girls Basketball: 4:30 Canyon Park@Leota

Choral Pathways Concert: 7:00pm WHS

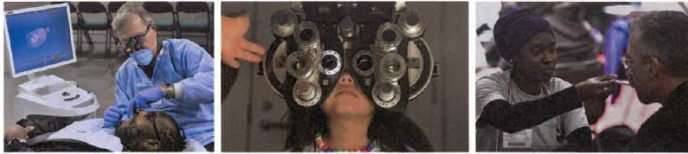
02/16

Periods 1-6, Pride
Bookworms Book Club: 2:35 Library
DF&A Notifications emailed home

Free Medical, Dental & Vision Flyer Below:
Please note:

These activities are not sponsored by the Northshore School District or any of its schools. The District assumes no responsibility for the conduct during or the safety of the activities. Northshore School District shall be held harmless from any cause of action, claim, or petition filed in any court or administrative tribunal arising out of the distribution of these materials including attorney's fees and judgment or awards.

FREE Dental, Vision & Medical Care!



SEATTLE/KING COUNTY CLINIC FEBRUARY 15 – 18, 2024 at Seattle Center

ABOUT THE CLINIC

- **Limited number of admission tickets** distributed in Fisher Pavilion at Seattle Center (Corner of 2nd Ave N & Lenny Wilkens Way)
- You cannot get both dental and vision care on the same day
- No advance registration – **FIRST COME, FIRST SERVED**
- **DO NOT** attend if you are feeling sick
- Interpreters available
- FREE parking Mercer St. Garage (650 3rd Ave N)
- **Come prepared for a long day with food, comfortable clothing and any daily medications**

ALL ARE WELCOME!

- For anyone in need who struggles to access and/or afford healthcare
- Patients do not need ID or proof of immigration status
- Patients do not need to be residents of Seattle or King County

ALL SERVICES ARE FREE

DENTAL: Fillings, extractions, x-rays, deep cleanings.

VISION: Vision screening, complete eye exams, reading and prescription eyeglasses. Bring a current eyeglasses prescription (no more than two years old) to skip the eye exam and just get eyeglasses.

MEDICAL: Physical exams, x-rays, mammograms, ultrasounds, select lab tests, immunizations, foot care, dermatology, physical and occupational (hand, wrist, elbow) therapy, acupuncture, chiropractic care, nutrition, behavioral health, and more.

RESOURCES: Social work, help with health insurance, and more.

Website:
seattlecenter.org/patients
Email:
SKCClinic@seattlecenter.org
Phone:
206.684.7200



MORE
INFO

(OVER)



How Do I Get into the Clinic?

- Get a ticket in Fisher Pavilion at Seattle Center. Fisher Pavilion opens each day at 12:30 AM for patients who arrive early (see seattlecenter.org/patients for a map and details).
- Before entry, patients and their guests will go through a health screening. Anyone with flu or COVID-like symptoms will not be admitted.
- A limited number of tickets will be given out each day starting at 5:30 AM. The ticket is only good for that day. One ticket per person.
- Patients will enter the Clinic in order of ticket number

How Should I Prepare for the Clinic?

This may be a long day. Come prepared to take care of yourself.

- **DO NOT** attend if you are feeling sick.
- Bring food, beverages, and any medications you may need throughout the day.
- **DO NOT** fast for lab tests.
- To get dental care, you must have blood pressure and glucose within certain limits for safety.
- Wear comfortable clothing.
- **Masks are optional for all participants but are strongly encouraged in crowded areas and may be required during some treatment processes. This policy may change according to public health guidance.**
- Pets are not allowed unless they are trained service animals.
- A parent or legal guardian must accompany a patient under the age of 18. Exceptions may be made for youth ages 13 and above who are not in contact with a parent or legal guardian. Pediatric specialists may not be available to provide care for children.



Will Someone Speak My Language?

- Interpretation will be available throughout the Clinic.

What Happens Once I Enter the Clinic?

- There will be a large number of patients. **You may not be able to get all of the services that you want or that are offered on the same day.** You cannot get both dental and vision care on the same day.
- Patients can wait in line for an admission ticket on another day for additional services.
- You will be given a pass for the Clinic. This pass will allow you to leave and re-enter Clinic buildings for that day only.
- We will collect basic personal information including name, age, and a mailing address where we can send lab results and/or completed eyeglasses.
- In each service area (dental, vision or medical) you will wait your turn in line and will be seen on a first-come, first-served basis (not based on your original ticket number).
- If you are in line for service and you leave your place for a long time you will lose your place in line and will need to go to the end of the line when you return.



What Services Will NOT Be Provided?

DENTAL: Bridges, complex extractions including wisdom teeth, dentures, implants, orthodontics, root canals on molars, sedation, teeth whitening.

MEDICAL: Biopsies, casts, CT scans, stitches/sutures, immunizations for children under 18 years of age, MRIs, new prescriptions for behavioral health medications.

VISION: Contacts, sunglasses.

Opioids will not be used or prescribed.



PARTNERS INCLUDE

141 Eyewear - Amazon - AMN Healthcare - APTA Washington - Arcora Foundation - Bill & Melinda Gates Foundation - Climate Pledge Arena
 DCG ONE - Delta Dental of WA - Dentsply Sirona - Essilor Vision Foundation - Fred Hutchinson Cancer Center - Gull Industries
 Hepatitis Education Project - Kaiser Permanente - King County Medical Society - King County Nurses Association - Labcorp
 Lucky Seven Foundation - Mary Mahoney Professional Nurses Organization - Medical Teams International - Meta
 Niasli Immigrants Health Board - National Association of Social Workers - WA Chapter - The Nordliffe Foundation
 Optometric Physicians of WA - Peer Seattle - Philips Healthcare - Project Access Northwest - Public Health - Seattle - King County
 Seattle Center - Seattle Center Foundation - Seattle Fire Department - Seattle Housing Authority - Seattle Information Technology
 Seattle-King County Dental Society - Seattle Office of Immigrant & Refugee Affairs - Seattle Police Department
 Snohomish County Dental Society - Underwood Gartland Development - UW Medicine / UW School of Medicine - UW School of Dentistry
 Vitalogy Foundation - VOSH Northwest - WA Academy of Eye Physicians & Surgeons - WA Dental Hygienists' Association
 WA Healthcare Access Alliance - WA State Dental Association - WA State Department of Health - WA State Nurses Association
 WA State Society of Oral and Maxillofacial Surgeons



E-newsletter originally published Jan. 31, 2024

In this issue:

- Become a PTSA member
- Congrats to Science Olympiad
- Help plan the 8th Grade Party
- Next PTSA General Meeting
- Staff Appreciation signup
- Student Store signup
- Message from Northshore Council

- Thank you, sponsors

Have you signed up for a PTSA membership yet?

We are doing great things here at Leota! Help us build that momentum by **signing up for a \$15 PTSA membership**. Support PTSA's efforts, stay connected to your school community, and help us advocate for change. Join today and help us be a powerful and effective voice for all children.

[Sign up for a PTSA membership here.](#) Your support will help us get closer to our goal of 200 Leota PTSA members. With 91 members to date, we need your help!

For more info about membership, please email contact@leotapta.com.



Lions make strides at science competition

Congratulations to **Leota Alpha, our very own Science Olympiad team**, which competed in the Science Olympiad Invationals on Jan. 13 at Northshore Middle School. They went up against students from nearly 30 other middle schools from across the state that day (*pictured below*).

We're proud to share these students' achievements at the invationals:

2nd position, Anatomy & Physiology:

Laya Mohan (8th), Sushrut Yearva (7th)

4th position, Microbe Mission:

Maia Starkebaum (8th), Laya Mohan (8th)

5th position, Fast Facts:

Sushrut Yearva (7th), Sameer Hussaini (8th)

7th position, Optics:

Sameer Hussaini (8th), Sushanth Vegineti (7th)

7th position, Experimental Design:

Laya Mohan (8th), Sushrut Yearva (7th), Maia Starkebaum (8th)

Kudos to the Science Olympiad team! Best of luck at Northwest Regionals on March 9!



Help us throw an amazing party for the 8th graders

Here's a little poem to kick off 8th Grade Party planning:

*Calling all families of Leota young and bold,
We need your spirit, your stories to be told.
Join the 8th Grade Party crew,
Let's make memories, create something new.
In the spirit of celebration, let's unite,
To make this event truly out of sight.
Your talents and ideas we eagerly await,
Together, let's make the 8th Grade Party great!*

[Sign up here to volunteer for the 8th Grade Party.](#) We need help with everything: food, decorations, entertainment, chaperones, tickets, and more. Your child doesn't have to be in 8th grade for you to volunteer. For more info, please email president@leotaptsa.com.



Save the date: General Meeting

The next Leota PTSA General Meeting will be **Wednesday, March 20, at 7 pm in the Leota Library**. Please add this event to your calendar.

Note: Applications for National Junior Honor Society are due March 29, and we know students are looking for volunteer opportunities to complete the membership requirements. We plan to offer a service project opportunity during the meeting: birthday card-making for a local senior center.



Show you care at next Staff Appreciation lunch

Let's show our amazing Leota staff how much we care by treating them to **soul-warming, fully loaded baked potatoes with chili** for lunch on Valentine's Day.

Feb. 14: [Loaded Baked Potatoes](#)

If you're bringing chili or potatoes, please drop it off between 9-10:15 am on Feb. 14, warm, in a Crock Pot (chili) or cooler (potatoes), with a serving spoon (chili). Other perishable items should be delivered between 8-10 am on the 14th. Nonperishable items (marked "for Staff Appreciation") can be dropped off at the Leota office on Feb. 12 or 13, or before 10 am on Feb. 14.

All Crock Pots and serve ware should be labeled with your name, including lids. They can be picked up after school on Feb. 14.



Student Store would love your help

Sign up to volunteer in the Student Store! We have several openings in the upcoming months. Take advantage of this opportunity to experience middle school lunch culture! [Click here to sign up](#) or [email Emily Cavanaugh](#) if you'd like to be added to the mailing list or sub list.



Council-level PTSA accepting nominations

The following message comes from the Northshore Council PTSA 6.10 Nominations Committee 2024: Holly Muenchow, Anna Jensen, and Laura Staneff:

We need your help filling several important positions for Northshore Council PTSA next year. In particular, **we're looking for VPs of Elementary and Secondary Support**. These roles are focused on supporting the school PTAs and helping them succeed with resources and conflict resolution. Both positions require previous experience as a PTA president and on the board of a PTA. [Learn about the roles and required qualifications here.](#)

In fact we're still accepting nominations for all our positions: Council President, First VP, VP of Communications, VP of Elementary Support, VP of Secondary Support, Co-VP of Events, Co-VP of Advocacy, Treasurer, and Secretary.

Council positions are built on the experience of local PTA leaders. We are actively looking for new leaders to join us. Please consider whether you would be willing to step into any of these roles or if other PTA leaders and/or PTA members would be good candidates for any of these roles. If you are ready to volunteer or know of a current or former PTA leader who would be an excellent candidate, please email nomcom@northshorecouncilptsa.org or [anonymously complete the nominations form here.](#)

Reminder: Volunteer background checks

To volunteer on campus at Leota or any other facility in the Northshore School District, you'll need to submit an online application for a Level 1 background check. Volunteers must update the application every year, and it must be completed before the first day of volunteering. To begin the process, visit the district's [Become a Volunteer webpage.](#)

Thank you to our sponsors

The Leota PTSA thanks all of the Paving the Way Together donors, and especially this year's sponsors (listed below). Our programs and events are possible because of you all!

Lionheart Champions

Anonymous

Cheng Peng & Jerry Zhang

Noli Bruk

Gene & Sharon Park

Lionheart Heroes

Mosaic, Pablo Sala, Vijay Ankireddi

Lionheart Friends

Carrie Mosley, Paul Chang, Held Family, Stodola Family, Prajinesh & Priya, Peter Waddington, Randy Graybeal, Dynamic Natural Medicine, Theresa Miller, Tracey Ward

Let's get social

For the latest news and opportunities, follow us on social media:

- Join the Facebook page [Leota Middle School PTSA](#)
- Join the Facebook private group [Leota PTSA Volunteers and Info](#)

About us

Leota PTSA is a parent, teacher, staff, and student membership organization that advocates for all students. We make a variety of educational and community programs possible at Leota. For more information, visit www.leotapta.com.

Thanks for reading our e-newsletter! We hope you find it a valuable resource to learn about the events, programs, and opportunities available to all Leota families. If you have feedback or suggestions, please reach out to us at communications@leotapta.com.

Copyright © 2024 Leota PTSA, All rights reserved