



La Vega ISD SHAC Committee Meeting
School Health Advisory Committee (SHAC)
Held In-Person February 1, 2024 ~ 11:30 am-12:30 pm

Chairperson: Dr. Peggy Johnson

Members Present: Grace Rodriguez, Jenna Buckner, Nancy Muhammad, Patrick Shade, Robert Glynn, Lisa Drafahl, LaToya Beavers, Brandy Stratton, Melina Suarez, Vanessa Hernandez

Other(s) Present: Andrea Montoya (Minutes), Dr. Sharon Shields, Dave Thiel

Mrs. Lisa Drafahl called the meeting to order at 11:30 AM.

Welcome

Mrs. Lisa Drafahl had group members introduce themselves and their positions within the committee, community, or district.

Discussion Items

- Mr. Dave Thiel, Director of Child Nutrition, shared some highlights from the nutrition department. He informed the group that the State challenges districts to use local fruits, vegetables, bread, milk, and ingredients known as the Farm Fresh Challenge.
- He shared that last year La Vega Elementary and La Vega Intermediate were given a grant in the range of \$30,000-35,000.00 dollars each. This grant allowed those campuses to send home fresh produce with an information sheet explaining where those products were grown and nutritional information.

Wellness Policy

Mrs. Lisa Drafahl asked the group to review the Wellness Policy for five minutes and share any changes or updates that should be made. Minor changes were made, and the Wellness Policy can be found on the La Vega ISD website page.

Grant Update

Dr. Peggy Johnson shared that a Stronger Connections grant will come into effect on November 15, 2024, lasting until September 30, 2026. The primary purpose of this grant is to support systemic change, including safe and inclusive environments for our students. The district is looking forward to the training opportunities this grant will provide.

Dr. Peggy Johnson shared the Eight Components of Coordinated School Health diagram. She paused for questions or concerns and there were none at this time.

SHAC

Mr. Glynn discussed the role of SHAC and how it supports the whole school, the whole community, and the whole child. Mr. Robert Glynn shared some of the current practices that they are using to support the whole child. Some examples were mediating teacher and student relationships when a student has had issues in the classroom, and even following students who were moved to JDC and supporting them as they move back to the district.

Mrs. LaToya Beavers shared that we must address each student as an individual and understand that they can come with different environments at home. Their goal is to support the students and create a successful learning environment.



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Dr. Johnson shared these are not brand-new practices but this grant will help take these steps farther and reach more students.

Dr. Sharon Shields, Superintendent, shared that she is extremely grateful for the grant writers, one of whom was Dr. Peggy Johnson, who was able to secure these funds for our students and bring those funds to our district. Dr. Sharon Shields shared with the group that we cannot discipline our way out of everything and we have to use restorative practices and interact with our students by engaging them with positive and restorative practices.

Mrs. Lisa Drafahl informed the group of the next meeting on March 14 at 11:30 AM.
The meeting was adjourned at 12:07 PM.