



# BREAKFAST

# MARCH 2024

K12 Breakfast

McL High, Steen's, FES, RHS, RUES, RES, Pisgah

## Monday



Chocolate Covered Donuts  
Breakfast Sausage Pizza  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk

4

## Tuesday



Hot Grits  
Pancake Bites  
Bacon Strips  
Southern Biscuit  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk

5

## Wednesday



Dutch Waffle  
Cinnamon Rolls  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk

6

## Thursday



Cocoa Puffs Cereal  
Hot Grits  
French Toast Sticks  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk  
Pancake Syrup

7

## Friday

Mini Cinnis  
Sausage & Pancake on a Stick  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk  
Pancake Syrup

1

Apple Frudel  
Sausage & Pancake  
on a Stick  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk  
Pancake Syrup

8

11

12

13

14

15

# Happy Spring Break Week!

Pumpkin Breakfast Bread  
Lucky Charms Cereal  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk

18

Strawberry WG  
Toaster Pastries, Hot Grits  
Sausage Patty  
Southern Biscuit  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk

19

French Toast Sticks  
Strawberry Toaster Pastry  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk

20

Assorted Breakfast Bread  
Hot Grits  
Cinnamon Crunch Filled Pastry  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk

21

Mini Cinnis  
Sausage & Pancake  
on a Stick  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk

22

Chocolate Covered Donuts  
Breakfast Sausage Pizza  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk

25

Hot Grits  
Pancake Bites  
Bacon Strips  
Southern Biscuit  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk

26

Dutch Waffle  
Cinnamon Rolls  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk

27

Cinnamon Toast Crunch Cereal  
Hot Grits  
French Toast Sticks  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk

28

HOLIDAY

29

Served Daily: Assorted Milks – Low Fat, Chocolate, Strawberry, Vanilla Fat Free

Condiments: Mayo, Mustard, Ketchup, Honey Mustard Sauce, Marinara, Syrup  
Salad Dressings, Saltine Crackers, Croutons

"This institution is an equal opportunity provider."