

Mifflinburg I.S.

Random Acts of Kindness Week

February 12th-15th

~Join us in creating a culture of kindness in school, at home, and in the community!

Monday, Feb. 12th- **KINDNESS is a Superpower:**



-Dress like a superhero or wear the color GREEN

Challenge-Thank a teacher or an adult in your life and tell them how SUPER they are and why you appreciate them so much!

Tuesday, Feb. 13th- **Spread KINDNESS to all-starting with yourself!**



- Wear your coziest pair of sweats.

Challenge- Do something you love today and give another person a sincere compliment.

Wednesday, Feb.14th- **VALEN-KINDS DAY:**



-Wear red and/or pink or your "Be Kind" shirt today!

Challenge-Leave a kind note for a friend or staff member today.

Thursday, Feb. 15th- **Be KIND with your time:**



-Decade Day- Dress up like a past decade or wear the color blue!

Challenge: Share a happy memory with friends and family. Maybe you even have a picture from that special day!