



# Student Wellness

Pasadena Unified School District

## Targeted - Intensive (High-Risk Students)

- [Multiple Mental Health Agency Partners](#)  
(School-Site Specific)
- Intensive Case Management
- Behavior Support Plans
- Behavior IEP ([Special Education](#))
- [504 Plan](#)
- School Attendance Review Board ([SARB](#))
- IMPACT
- Parenting Education/Support Referrals  
([Parent University](#))
- Community Referrals

## Tier 3

- Tertiary Intervention
- ~5% of students
- Individualized Intensive Intervention

## Selected

### (At-Risk Students)

- [Check-in/Check-out](#)
- [School-Home Note System](#)
- [Class Pass System](#)
- [Self-Monitoring Checklist](#)
- [Positive Behavior Contract](#)
- Restorative Circles ([REP Program](#))
- [Thrive: School Mental Health](#)  
(MSW Interns)
- School Attendance Review Team  
([SART](#))
- Student Social Skills Groups
- Peer Mentoring ([Mentors for LIFE](#))

## Tier 2

- Secondary Intervention
- ~15% of students
- Selected Behavior-Based Interventions

## Tier 1

- Primary Prevention
- Universal Supports for all students
- Proactive Interventions

## Universal

### (All Students)

- 3-5 Positive Behavior Expectations (School-Site Specific)
- Positive Behavior Acknowledgement System (School-Site Specific)
- K-8 Social-Emotional Learning ([Second Step](#))
- Out-of-School Time Program/ After School SEL ([Second Step](#))
- School Climate Assessment ([California Healthy Kids Survey](#))
- Universal Student Behavior Screener ([Review 360](#))
- Trauma-Informed Care Practices
- [The Shmoop Heartbeat](#)
- [Playworks](#) (Elementary Schools)