




Name: The Food is Free Project is a worldwide movement of people growing and sharing food freely. Provides boxes of food for families in need.

Address: 6515 Tacoma Ave S., Tacoma WA

Contact information: David Thompson (253) 677-8848

Description: In Tacoma, we are a food-sharing organization that advocates for front yard gardens and sharing among neighbors. Our Mission is to grow community and food while helping gain independence from a broken agricultural system.

Name:  **Find food assistance, help paying bills,** and other free or reduced cost programs, including new programs for the COVID-19 pandemic. Findhelp.org is a service provided by auntbertha. Enter your Zip code and you will be provided with services available in the area.

Website: <https://findhelp.org/>

Name: United Way of Pierce County

Address: 1501 Pacific Ave # 400, Tacoma, WA 9840

Phone: 211 or (253) 572-HELP(4357)

Hours: M-F 8:30am-4:30pm

Description: About United Way of Pierce County: Our goal is to lift 15,000 local households out of poverty and into financial stability by 2028, one family at a time. We do this with a three-pronged approach that incorporates prevention, intervention and empowerment. United Way creates a solid foundation for *Basic Needs* like food, clothing and shelter so people can move out of crisis; breaks down barriers via *South Sound 211* to connect families to critical resources and navigation services including behavioral health, housing, transportation and employment; and *Builds Strong Families* by helping people face financial challenges with free, one-on-one financial and career coaching and resources that help families thrive and break the cycle of poverty.

Website: www.uwpc.org



Name:  **Mobile Food Bank offered at Nourish Pierce County**

Address: 10702 S 72nd St Suite E Tacoma WA 98408

Phone (253) 383-3164

Eligibility: Residents in need of food.

Intake Process: Drop-in to the food bank during open hours.

Required Documents: Those without this information will still be served, but photo id is preferred to keep wait times to a minimum. - photo id, - full names of everyone in the household and birthdates

Fees: No cost.

Email: info@nourishpc.org

Website: www.nourishpc.org to view most current listing

Description: Provides a mobile food bank that stops in several neighborhoods in the county and provides enough nutritious food to make at least three meals for three days for everyone in the household. People may visit any Nourish Pierce County Food Bank that is convenient for them; service is not dependent on zip code or residence. Clients "shop" and self-select food that meets their needs. Depending on donations, things like pet food, hygiene supplies or baby food may be available. Services is provided once a week, but if there are additional needs, no one is turned away.

Times and Locations of listing as of 10-13-2020

Monday, 1pm-3pm: Mobile Food Bank

- Bethlehem Lutheran Church, 101 E 38th St, Tacoma, 98404

Monday, 10:00am-1:30pm

- Holy Disciples Catholic Church 10425 187th St E Puyallup WA 98374

Monday, 11:00am-4:00pm

- Lutheran Church of Christ the King 1704 E 85th, Tacoma WA 98445

Monday, 2:00pm-6:00pm

- United Methodist Church 6900 Steilacoom Blvd SW Lakewood WA 98499

Monday, 4:30pm-6:30pm Mobile Food Bank

- Giaudrone Middle School, 4902 S Alaska St, Tacoma 98408 –
- Cedar Crest Middle School, 19120 13th Ct E, Spanaway 98387 (closed during the COVID-19 response) –

Tuesday, 1pm-3pm Mobile Food Bank

- STAR Center, 3873 S 66th St, Tacoma, 98409
- Pierce College Fort Steilacoom, Lot D, 9401 Farwest Dr SW, Lakewood, 98498

Tuesday, 4:30pm-6:30pm Mobile Food Bank

- Former Spanaway Elementary, 215 166th St S, Spanaway 98387
- Tacoma Community College (Lot F), 311 Mildred St S and 15th St S, Tacoma 98466 –

Wednesday, 11:00am-6:00pm

- Lutheran Church of Christ the King 1704 E 85th Tacoma WA 98445

Wednesday, 12:00pm-4:00pm

- Mason United Methodist Church 2710 North Madison St Tacoma WA 98407

Wednesday, 1:00pm-3:00pm Mobile Food Bank

- Roy-Near Chevron 403 McNaught Rd Roy WA 98580

Wednesday, 1:00pm-5:00pm

- United Methodist Church 6900 Steilacoom Blvd SW Lakewood WA 98499

Wednesday, 1:00pm-3:00pm -Mobile Food Bank

- Clover Park Technical College, Building 5, 4500 Steilacoom Blvd SE, Lakewood 98499

Wednesday, 2:00pm-6:00pm

- Holy Disciples Catholic Church 10425 187th St E Puyallup WA 98374

Wednesday, 4:30pm-6:30pm Mobile Food Bank

- Bethel High School, 22215 38th Ave E, Spanaway 98387

Thursday, 1:00pm-3:00pm; 4:30-6:30pm Mobile Food Bank

- Tillicum Baptist Church 8415 Maple St SW Lakewood WA 98498

Thursday, 1:00pm-3:00pm

- Tillicum Baptist Church, 8415 Maples St SW, Tillicum 98498

Thursday, 3:00pm-5:00pm Mobile Food Bank

- MultiCare/Mary Bridge Children's Health Center, 311 S L St, Tacoma 98405

Thursday, 3:30pm-6:30pm

- Mountain View Lutheran Church 3607 122nd Ave E., Suite B Edgewood WA 98372

Friday, 10:00am-1:30pm

- Holy Disciples Catholic Church 10425 187th St E Puyallup WA 98374

Friday, 11:00am-4:00pm

- Lutheran Church of Christ the King 1704 E 85th St Tacoma WA 98445

Friday, 1:00pm-5:00pm

- United Methodist Church 6900 Steilacoom Blvd SW Lakewood WA 98499

Friday, 1:00pm-4:00pm Mobile Food Bank

- Salishan Family Investment Center, 1724 E 44th St, Tacoma 98404 –

Friday, 1:00pm-3:00pm Mobile Food Bank

- Purdy Cost Less Pharmacy, 14218 92nd Ave NW, Gig Harbor 98329

Friday, 4:30pm-6:30pm Mobile Food Bank

- LDS Church, 12521 134th Ave KPN, Key Peninsula 9832

Saturday, 11:00am-2:00pm

- Mountain View Lutheran Church 3607 122nd Ave E., Suite B Edgewood WA 98372

Saturday, 11:30am-3:00pm

- Mason United Methodist Church 2710 North Madison St Tacoma WA 98407
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Name: Food Bank offered at Making a Difference Foundation - Eloise Cooking Pot

Address: 3543 East McKinley Avenue Tacoma WA 98404

Phone: 253-426-1994

Hours: M, 12:30pm-4:30pm; Tu F, 11:30am-4pm; Sa, 10:30am-4:00pm;

Description: Provides meat, eggs, milk and fresh produce, baby items (such as baby food, milk, diapers) and household goods to those in need. Location also has Pet food bank. Hygiene products and household items are available, as donations allow. May also provide delivery.

Eligibility: Those in need living in Pierce County.

Intake Process: Drop-in during food bank hours, clients are welcome to come each day. Provides Drive-thru and delivery services. No ID required. Also have the names and birthdates of people in the household.

Required Documents:

Fees: No cost.

Website: <https://www.facebook.com/EloisesCookingPotFoodBank/>

Name: Outreach - Family Services offered at Salvation Army - Puyallup Valley Corps

Address: 4009 9th Street Southwest Puyallup WA 98373

Phone: 253-841-1491

Hours: M- 1:00pm-4:30pm TU-9:00am-11:00am 1:00pm-2:30pm Th 1:00pm-4:30pm

Description: Provides services to East Pierce County residents. Currently have utilities. May also help with rent. Limited resources, please call to verify Food bank is open M-F 9:30-1:00pm Clients are also encouraged to contact Pierce County Community Connections for the LIHEAP/PSE program first. Puget Sound Energy only provides \$300 assistance per household. Availability of Elmhurst funding can change on a daily basis. Currently have Elmhurst funding

Eligibility: Must live within East Pierce County. Have a final notice for Termination of Service notice from Elmhurst. PSE customers need a copy of the shut-off notice (urgent, final or disconnect) and/or "Assistance Provider" notice. Those on a budget billing plan may also have "Budget Removal" warnings on their bill. Agency needs the notices to provide assistance.

Intake Process: Drop-in. Call once arriving 253-841-1491

Required Documents: Documents Required: Food Bank: - Bring ID and - Proof of current address for everyone in the household, including children. Utility Assistance: - Utility disconnect notice, - proof of income (pay stub, award letter, unemployment), - current/valid ID for everyone 17 and older (or photo copies), - everyone in the home needs separate proof of address that has name, address, and is dated within the last 3 months. May also check website for information on needed documentation.

Fees: None.

Website: <http://salvationarmypuyallup.org>

Name: Food Bank offered at Puyallup Food Bank

Address: 1405 E Main St Puyallup WA 98372

Phone: 253-848-5240 Operators available 9:00am-2:00pm M-F

Description: Offers food and personal hygiene products (when available), including baby food if needed. Provides food to the individual or family every 30 days (basically once a month). Also offers a pet food bank. Provides birthday and holiday gifts for children.

Eligibility: Primarily serves individuals and families in the Puyallup area that have a need for food. No one needing assistance is turned away.

Intake Process: First Visit: Call in the morning to schedule an appointment for pick-up that day. There will be a form to fill out. Any Visit after the first one: Call in the morning to schedule an appointment for pick-up that day.

Required Documents: First time: - Please bring current piece of mail or proof of address (rent receipt or utility bill) for all adults in the household and birth certificate or insurance card for proof of children. Any time after: Please bring current piece of mail or proof of address.

Fees: None.

Email: infor@puyallupfoodbank.org

Website: <http://puyallupfoodbank.org>

Name: Food Pantry offered at All Saints Community Services

Address: 204 6th Ave SW Puyallup WA 98371

Phone: 253-848-2000

Hours: Office Hours: M-Th, 10am-noon, 1pm-3pm

Description: Offers a delivery food bank providing emergency food assistance Monday-Thursday to Puyallup residents. This is not a drop-in food bank, must call no later than noon for same-day delivery. See eligibility for more details.

Eligibility: Puyallup residents eligible, within zip codes 98371-98374 (128th St E is the South Boundary, the Puyallup River is the East Boundary, North Boundary is 8th St in Edgewood; West Boundary is Canyon Rd).

Intake Process: Call or visit the Community Services office.

Required Documents:

Fees: No cost.

Email: ascs@allsaintsparish.com

Website: <http://www.allsaintsparish.com/outreach>

Name: Parkway Community Services Food Bank

Address: 11222 10th Ave S, Tacoma

Hours: Tues/Thur, 11am-3pm

*They also offer Thanksgiving & Christmas baskets

Website: <http://www.parkwaycommunityservices.org/>

Name: Prince of Peace Lutheran Church

Address: 10333 Bridgeport Way SW, Lakewood

Hours: Tues, 12:30pm-2pm

Website: <https://www.poplakewood.org/>

Name: St. Leo Food Bank

Address: 1323 S Yakima Ave, Tacoma

Phone (253) 383-5048

Hours T & Th 11:30am-5:30pm W & F 11:30am-3:30pm Sat 10:00am-1:30pm

Name: Tacoma Adventist Community Services

Address: 3108 E Portland Ave, Tacoma

Website: <https://www.tacoma-acs.org/>

Hours: Mon-Thur, 10am-2pm

*Food bank for those with special dietary needs

Name: Washington State DSHS: Helps low income families access basic food **benefits**

Website: <https://www.dshs.wa.gov/esa/community-services-offices/basic-food>

Name: My Sisters Pantry

Address: 621 Tacoma Avenue South
Tacoma WA 98402

Phone (253) 627-1186

Hours: Open the 1st and 3rd Mondays of the month from 3:00pm-5:00pm and 4th Saturday of the month 9:00am-12:30pm

Website: <http://mysisterspantry.org/>

Name: Plateau-Outreach-Ministries (POM) is a single source for those who seek to move out of crisis, providing essentials such as food, clothing and vouchers for utilities, rent and prescriptions as well as individual case management to best address each person's unique needs.

Address: 1806 Cole Street Enumclaw, WA 98022

Emergency Services and Office 360-825-8961 ext 3

More Pennies From Heaven Thrift Store 360-825-8961 ext 2

Hours of Operation

- Office: Mon-Thurs. 9 a.m. to 3 p.m. Fri. 9 a.m. to 11:00 a.m.
- Thrift Store: Tues-Sat 10 a.m. to 4 p.m.
- Food Bank: Wed 9 a.m. to noon
- Emergency Assistance: M-W-Th 9:30 a.m. to 11:30 a.m.

Email Office: info@plateauoutreach.org Thrift Store: mpfh@plateauoutreach.org

Website: <https://www.plateauoutreach.org/>

Name: FOOD PANTRY by Kiwanis Club of Buckley

We provide a weekly food pantry on Mondays and Wednesdays for families within the White River School District boundaries in need of food assistance. Our services include:- Food to meet basic needs.

Coverage Area: This program covers residents of the following counties: Pierce County, WA. Documents **Required** Identification: Photo ID. Proof of Residency required.

Address: 127 North River Road, Buckley, WA 98321

Hours: W: 9:00am - 12:00pm
F: 9:00am - 12:00pm PDT

Website: <https://www.facebook.com/buckleyfoodbank/>

Name: Mt. Si Food Bank

Mt. Si Food Bank provides food and related services to individuals and families who find themselves in need of basic necessities. We also provide a place to serve food and spiritual needs to the people of the valley.

Address: 1550 Boalch Avenue Northwest, North Bend, WA 98045

Phone: 425-888-0096

Hours: Tue.-9:30am-6:00pm

Email: infor@mtsifb.org

Website: <http://www.mtsifoodbank.org/>

Name: Food Bank - Food Basket Program by Key Peninsula Community Services

Phone: 253-884-4440

Food hours: Tuesday, Thursday & Friday 10am-11:45am and 12:45-3pm and Wednesday 10am-11:45am and 12:45pm - 5:45pm.

Description: Food Basket Program provides a 3-day emergency supply of food once a month that includes breakfast, lunch and dinner for everyone in the household.

Eligibility: Bring a recent piece of postal mail documenting that you live on Key Peninsula, addressed to the name of the person asking for the basket with the physical address on it. Bring a picture ID to prove you are actually the same person as on the piece of postal mail. Meet our income eligibility. Bring date of birth for all members of the family.

Name: Food Pantry

by Asian Counseling and Referral Service

Address: 919 South King Street, Seattle, WA 98104

Phone-(206) 695-7510

Email: miguels@acrs.org

Description: Asian Counseling and Referral Service distributes foods that cater to Asian American and Pacific Islander diets, including healthy and nutritious staples like rice, tofu, soy milk, noodles, and other food items.

Coverage Area: This program covers residents of the following counties: King County, WA, Pierce County, WA and Snohomish County, WA.

Website: <https://acrs.org/services/aging-services-for-older-adults/acrs-food-bank/>

Name: Families Unlimited Network's Food Assistance program

Address: 2610 Sunset Drive West, University Place, WA 98466, University Place, WA 98464

Phone: 253-460-3134

Hours: T- 12:00 PM - 3:00pm ; Th- 3:30 PM - 5:00pm; Sat- 10:00am - 12:00 PM

Eligibility: Must be a resident of Pierce County.

Description: Families Unlimited Network's Food Assistance program offers a safe and welcoming environment where you will be able to get fresh, healthy food – including fresh

produce, meat, bread, soup, pasta, peanut butter, rice, canned fruits and vegetables, beans, tuna and refrigerated dairy items. Once registered, you will be able to visit our food bank once a month.

Fees: No Cost

Website: <https://www.familiesunlimitednetwork.org/>

Name: Food Lifeline Hunger Solution Center

Address: 815 S 96th St Seattle WA 98108

Phone: Toll Free 1-877-404-7543 or 206-545-6600

Hours: Monday-Sunday- 24 hours

Description: Use the map on our website to find a Food Lifeline partner food bank, food pantry, or hot meal program in your neighborhood. This food is free and available to you, even if you don't qualify for SNAP or EBT.

Eligibility: Anyone can access this program.

Website: <https://foodlifeline.org/need-food/#foodmap>