

PUSD Family Resource Center Update August 29, 2022, DELAC Meeting

1. The Family Resource Center supports schools with processing volunteers and started the school year with a high volume of volunteer authorizations and renewals. A few changes to the process are:
 - In addition to completing the volunteer forms, attending volunteer orientation, providing TB clearance, when at a school sites volunteers must self attest that –
 - They are fully vaccinated or have negative COVID-19 test results within the past 48 hours
 - Conduct a symptom screening to ensure the individual is not experiencing any COVID-19-like symptoms
 - Wear a mask indoors at all times and strongly recommended to wear mask outdoors

All volunteering requests start at the school – with the School Volunteer Coordinator or with the school's Main Office. For questions, please contact the Family Resource Center at 396-3600 ext. 88191.

2. The Family Resource Center also provides a wide variety of workshops for all schools in partnership with PUSD departments and community partners. All schools have the FRC Parent Workshops Catalog to request their workshops.

Additional workshops in development are:

- Working with LADD to develop parent workshops on -
 - Literacy and how to support your child at home
 - EL designation, how ELs reclassify, parent role, etc.
3. In June and July 2022, FRC staff met with representatives of all parent leadership groups, Principals, Coaches, and parents/caregivers, and asked for suggestions on the format and content of parent workshops. A couple of recurring themes were -
 - Providing families with the tools to support their children's mental health
 - Additional support for 6th grade and 9th grade families
 - Technology skills for parents

Based on the feedback, FRC partnered with Young & Healthy to offer a series of in-person Parent Café sessions at Middle and High school campuses to provide support for 6th and 9th grade families with parenting skills, questions, concerns, and access to resources to support their children's academic and social-emotional growth. All secondary Principals

have been contacted to collaborate with Young & Healthy and start the **Café sessions in September 2022.**

To support families with Mental Health information and resources, the FRC has partnered with PUSD THRIVE: School Mental Health, with Student Wellness and Support Services Department, to offer a virtual workshop on Student Mental Health. The workshop is on **Thursday, September 22, 6:00 p.m.** [HERE is the English flyer](#) and [HERE is the Spanish flyer](#)

To support families with technology skills, FRC has partnered with Twilight Adult Education to offer a series of technology classes. The first session will start in **October 2022** and the flyer will be out soon.

Last but not least, the Family Resource Center has partnered with College Access Plan and will offer a virtual parent workshop on “Preparing for College: What Every 9th Grade Family Should Know,” **Tuesday, September 20, 6:30 p.m.** [HERE is the English flyer](#) and [HERE is the Spanish flyer](#)

For questions or additional information, please contact Suzanne Berberian at berberian.suzanne@pusd.us or 626-396-3600 ext. 88195