

COURSE CODE: MMS Physical Education

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1st Trimester-2017
Monday-Friday
Credit hours: 1 Trimester Credit

COURSE DESCRIPTION: We will provide a wide variety of activities for the students. Two to three times a week we will have a fitness workout, which includes such things to improve cardiovascular fitness, flexibility, stability and strength.

PREREQUISITES/COREQUISITES: No prerequisites required.

OBJECTIVES: To provide a wide variety of activities for the students. Two to three times a week we will have a fitness workout, which includes such things to improve cardiorespiratory endurance, flexibility, stability and strength. Students will be able to track their growth through various fitness tests given during the school year.

INFORMATIONAL RESOURCES:

Google classroom will be your go to place for handouts and resources from class.

ATTENDANCE AND PUNCTUALITY: If a student is absent please contact the office to let us know.

Students who arrive at school after the first tardy bell should report to the main office to sign in.

Students are allowed nine (9) absences per class period during the semester.

Students who receive ten (10) absences in any class will lose credit unless cleared by the attendance office as extraordinary within five (5) days of the absence. Verbal communication must come from a parent/guardian within 48hours of the absence to prevent truancy

The following absences count against a student's total of nine (9) absences: In-School Suspension (I), Out of School Suspension (O), Truancy (R), Unverified (A), Verified (E), Unexcused (U)

TARDIES

Students are considered tardy if not in their assigned classrooms when the tardy bell rings. Tardies accrue on a semester basis. The tardy policy incorporates the following:

First Tardy -- Teacher warns student

Second Tardy -- Teacher warns student

Third Tardy -- Student assigned to designated detention

Fourth Tardy -- Student assigned after school detention.

Additional Tardies - Saturday School (9:00am-12:00pm) **

COMMUNICATION: If you have a question you can reach me by phone, email, and even google classroom. I will answer emails within 24 hours.

Skyward is where you will find the grades for students. (*Note: you can set Skyward up to email you progress reports and missing assignments so you don't have to go into Skyward to find out how you are doing

Progress reports will be emailed to parents on a regular basis. I will try to have all grades updated and in the gradebook no later than midnight on Sundays. I will also meet with students one-on-one, on a regular basis to discuss how they are doing in class.

CELL PHONES, COMPUTERS, AND OTHER ELECTRONIC DEVICES: Cell phones and other electronic devices are not allowed in the gym or locker room. Students may lock their phones in their lockers but at **NO** time will they be using their phone/electronic devices in the gym or locker room.

GUM: We have a NO gum policy in the gym. Gum is very difficult to remove from the gym floor and is a potential choking hazard for your student.

GRADING: 10% of the final grade is from the EOC. These will be converted to letter grades as follows:

90-100% = A 80-89% = B 70 -79% = C 60-69% = D < 59% = F