

Upcoming Events

11/1

**Citizen/
Student of
the Month
Luncheon**

11/6

**Daylight
Savings Ends—
Set Clocks
Back 1 Hour**

11/7

**Kindergarten
Jump Start
Begins**

11/11

**Veteran's
Assembly**

11/23—11/25

**No School—
Thanksgiving
Break**



Coyote Courier



From the Desk of Mr. Hopkins

Thank you to everyone who was able to attend conferences, as this is very valuable to everyone involved. I encourage you to maintain that open line of communication with your student's teacher and to let us know if you have concerns or questions. You are the primary educator of your child but it takes a village to form solid citizens and our expert teachers are here to help in every way. We continue to keep student achievement at the forefront while also working to develop a strong work ethic and an appreciation for life-long learning.

Our after school literacy program and

kindergarten Jump Start will begin this month and I am looking forward to seeing the growth that is sure to follow. I realize that we are a semester away from our spring ISAT testing, but we are already speaking to students about the importance of putting forth their best effort. The ISAT is but one piece of data but it is an important one that we look to when seeking to improve instruction. This year we will be making more of an event out of this and will help students understand why this is important while at the same time keeping stress levels low. I am excited to

celebrate our successes as a school and I am confident that we will see growth.

Do not forget to join us for our special Veteran's Day celebration on November 11th at 8:30 a.m. in the gym. We are very proud to be able to honor our friends and family who have served this great nation in so many ways. Please send in a photo of your family and friends who have served so we can honor them on our Veteran's Wall of Honor. Lastly, thank you to everyone for being such a supportive community. Purple Sage is truly a special place and we are all fortunate to be here.

Perfect Attendance Awards

In order to emphasize the importance of being at school every day, Purple Sage students received awards for being at school, on time, every day of the first quarter. Research shows that having good attendance is an important factor in student achievement. A missed school day is a lost opportunity for students to learn.

(<https://nces.ed.gov/pubs2009/attendancedata/chapter1a.asp>).

For the first quarter, Purple Sage had 104 students receive special "dog tag" necklaces for their perfect attendance. "Perfect attendance" is being defined as no absences, no tardies, and no leaving early. Each quarter, all students will have a new opportunity to earn this award. Congratulations to those students who came to school EVERY day!



Seven boys from Miss Trosen's class received a perfect attendance award for 1st quarter.

Title I — After School Intervention Program Update from Mrs. Seidel

If your child scored a 1 or a 2 on the Fall IRI, they have been invited to attend an After School Intervention program starting on November 1st. The program will run Tuesdays and Thursdays from 2:50-4:30 pm. Students will be instructed by three certified teachers and two educational assistants, as well as our principal, Mr. Hopkins. They will be working on reading skills and will be using researched based instruction that will support foundational skills development for literacy. See your child's teacher if you have any questions or concerns.

If your child was not invited or is unable to attend, there are still ways that you can help your child at home! Here are a few fun ways. Play "I Spy" for rhyming words something that starts with a certain sound (example: "I spy

something that starts with the letter "m"). Write sight words with glitter glue, write sight words with play-doh, write sight words with puffy paint, trace sight words in sand, write on a bathroom mirror with an expo marker. While driving in the car, have them notice things or places that start with a certain letter. You can model fluent reading by providing opportunities for your child to hear you read aloud. Be sure to read with expression, pausing appropriately at punctuation marks and changing voices for characters. For reading comprehension, help your child make connections with the text they are reading. Ask them questions about what they are reading such as "how would you feel if that happened to you?" Most of all, **read every-day!**

Counselor's Den

Character Trait of the Month: Thankfulness



Instructional Focus: Zones of Regulation

Using “Zones of Regulation” by Leah Kuypers, students will learn about self-regulation and emotional control. They will learn to recognize their own emotions, as well as identify tools that they can use to regulate their behavior. The zones are as follows:

Blue - “Rest Area” - low states of alertness and down feelings, such as sad, tired, sick or bored.

Green - “Go” - calm state of alertness, such as happy, focused, content, & ready to learn.

Yellow - “Slow” - heightened states of alertness & intense emotions yet still in control. Student may be frustrated, anxious, scared, excited, or silly.

Red - “Stop” - extremely heightened state of alertness and elevated emotions. Feelings include: anger, rage, devastation or terror.



Students and Citizens of the Month – October

The following students were recognized in a special luncheon given in their honor:

Students of the Month

- 1st Grade**—Leo Guzman, Jace Eversull-Hymas,
David Hoover, Levi Winkel, Avery Gladwell
- 2nd Grade**—Emily Nevarez, Emma Biggs, Samantha Hensley,
Mason Campbell
- 3rd Grade**—Nicholas Pancheri, Chase Morris, Luke Eager
- 4th Grade**—Taylor Dickens, Sterling Waltman, Russell
Moulton
- 5th Grade**—James Wagoner, Aiden Sawyer, Casey Youngstrom
- 6th Grade**—Jackson Strickland

Citizens of the Month

- 1st Grade**—Andrea Arizmendi, Guilliana Sanguinetti,
Stratton Corder, Jakota Kemp
- 2nd Grade**—Paxton Squire, Maxwell Johansen,
Dalton Schaut, David Strebe, Sage Whitney,
Braelynn Herzberg
- 3rd Grade**—Roy Sotelo, Lily Wagoner, Kenzie Yore
- 4th Grade**—Gabe Vasquez, Sutton Kloseterman, Romina
Ramirez
- 5th Grade**—Preslee Lenz, Konnor Peterson, Jacob Blandford

Forrester's Fitness Facts

I heard some very troubling news when I spoke to the students about Fire Prevention Week earlier this month. We discussed the importance of having a fire escape plan at home and I told them to discuss the plan while eating dinner with their families. I was surprised to hear the number of students that said “we do not eat dinner together.” As a mother myself, I understand the craziness of schedules with sports and activities. However, there are many articles citing evidence that shows just exactly how important it is to have family meals. The following is from one of these articles:

“Children who do not eat dinner with their parents at least twice a week also were 40 percent more likely to be overweight compared to those who do, as outlined in a research presentation given at the European Congress on Obesity in Bulgaria this May. On the contrary, children who do eat dinner with their parents five or more days a week have less trouble with drugs and alcohol, eat healthier, show better academic performance, and report being closer with their parents than children who eat dinner with their parents less often, according to a study conducted by the National Center on Addiction and Substance Abuse at Columbia University. I urge everyone to carve out

some time to sit down together as a family, turn off the tv, cell phones, computers, etc., and enjoy a family meal together.”

Cody, C.(July 18, 2014).*The Importance of Eating Together.*

Retrieved from:
www.atlantic.com/health/archive/2014/07/the-importance-of-eating-together/374256/