

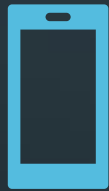
MIDDLETON POLICE
DEPARTMENT
PRESENTS



INTERNET SAFETY FOR
TEENS



COURSE OBJECTIVES



Making on-line and social media smart choices



Be a stakeholder in creating a positive on-line community



Be a good digital citizen



TOPICS OF THE DAY

- How do we connect on-line and with social media
- Do you know your digital reputation
- How do we treat others while on-line
- Social media and your future

HOW DO WE CONNECT ONLINE AND WHERE?



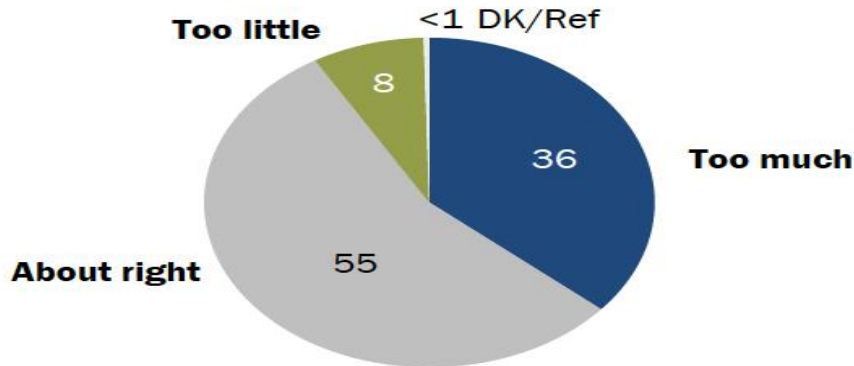
SOCIAL MEDIA

- 1 Facebook 2.7 billion
- 2 YouTube 2 billion
- 3 WhatsApp 2 billion
- 4 Instagram 1.16 billion
- 5 TikTok 689 million
- 6 Snapchat 433 million
- 7 Reddit 430 million
- 8 Pinterest 416 million
- 9 Twitter 353 million
- 10 Discord 150 million



54% of teens say it would be hard to give up social media

% of U.S. teens who say that overall, the amount of time they spend on social media is ...



% of U.S. teens who say it would be ___ for them to give up social media

NET hard	Very hard	Somewhat hard	Somewhat easy	Very easy	NET easy
54	18	35	26	20	46

Note: Teens refer to those ages 13 to 17. Figures may not add up to the NET values due to rounding. Those who did not give an answer are not shown.

Source: Survey conducted April 14-May 4, 2022.

"Teens, Social Media and Technology 2022"

PEW RESEARCH CENTER

WHAT ARE YOU MISSING?



TERMS OF USE

- Before accepting these apps. Make sure you understand what they are asking of you.
 - Many apps ask your age and set requirements due to content. Are you old enough?
 - Many apps require access to your photos, contacts, and location (GPS)
 - With GPS on, who else may have the app you're using and how easy would it be for them to find you? Stranger Danger



PROTECT YOURSELF AND YOUR FAMILY

Selfies

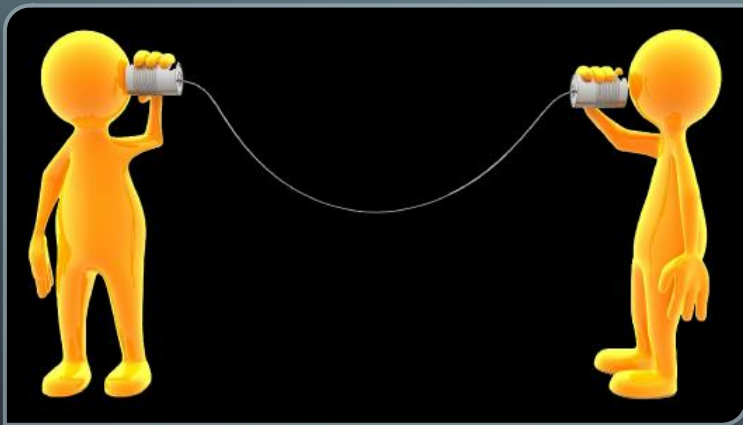
- Who is in the picture
- Where is the picture being taken
- What is in the picture
- Is this photo appropriate

Facebook

Only accept people you have met face to face. It does not make you popular to have the most friends on Facebook; it will make it easier to be bullied.



HOW DO WE COMMUNICATE WITH FAMILY AND FRIENDS?



- Verbally?
- Email
- Social media apps
- Text
- Phone calls
- Letters?




WHEN CONNECTING HOW
DO WE SHOW EMOTION?

WHAT IS CONTEXT



Definition:

Context is the circumstance, tone, or surrounding event that determines something's meaning.

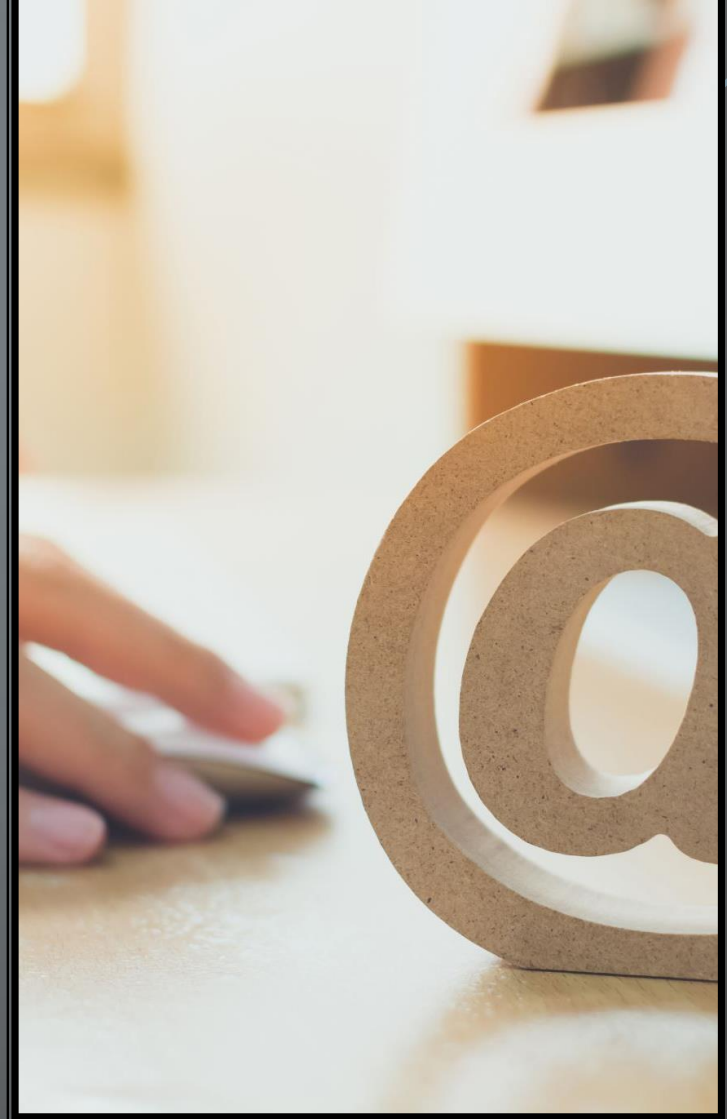


WHEN
CONNECTING
HOW DO WE
SHOW
EMOTION?

- Has someone ever taken what you said through text or online the wrong way?
- I am so sorry that your grandmother passed away.
LOL!!!!

PUBLIC AND OR PRIVATE ACCESS

- Posting an update on your social network profile
- Commenting on a social network page
- Creating and uploading videos and photos
- Gaming online
- Texting
- Emailing
- Blogging



APPS AND SOCIAL NETWORKS



Do you use the privacy settings?

Facebook and other social media sites



Why are the privacy settings important?

1. Understand what information the site needs for your account and how they use it in the first place; Terms and conditions.
3. Remember to set all your posts private so only friends can see them and, of course, be cautious of what you post on any social media site.
4. Make sure that mobile apps for social media sites are not using personal data or sharing additional private information.
5. Social media are always refining and changing their privacy settings.

WITH SOME PRIVACY SETTINGS, YOU CAN:



- Control who sees your page
- Control the information people see about you
- Block people
- Control who can tag your photo or share your location
- Privacy settings are great tools, but remember, people can always copy what you share and send it to other people.

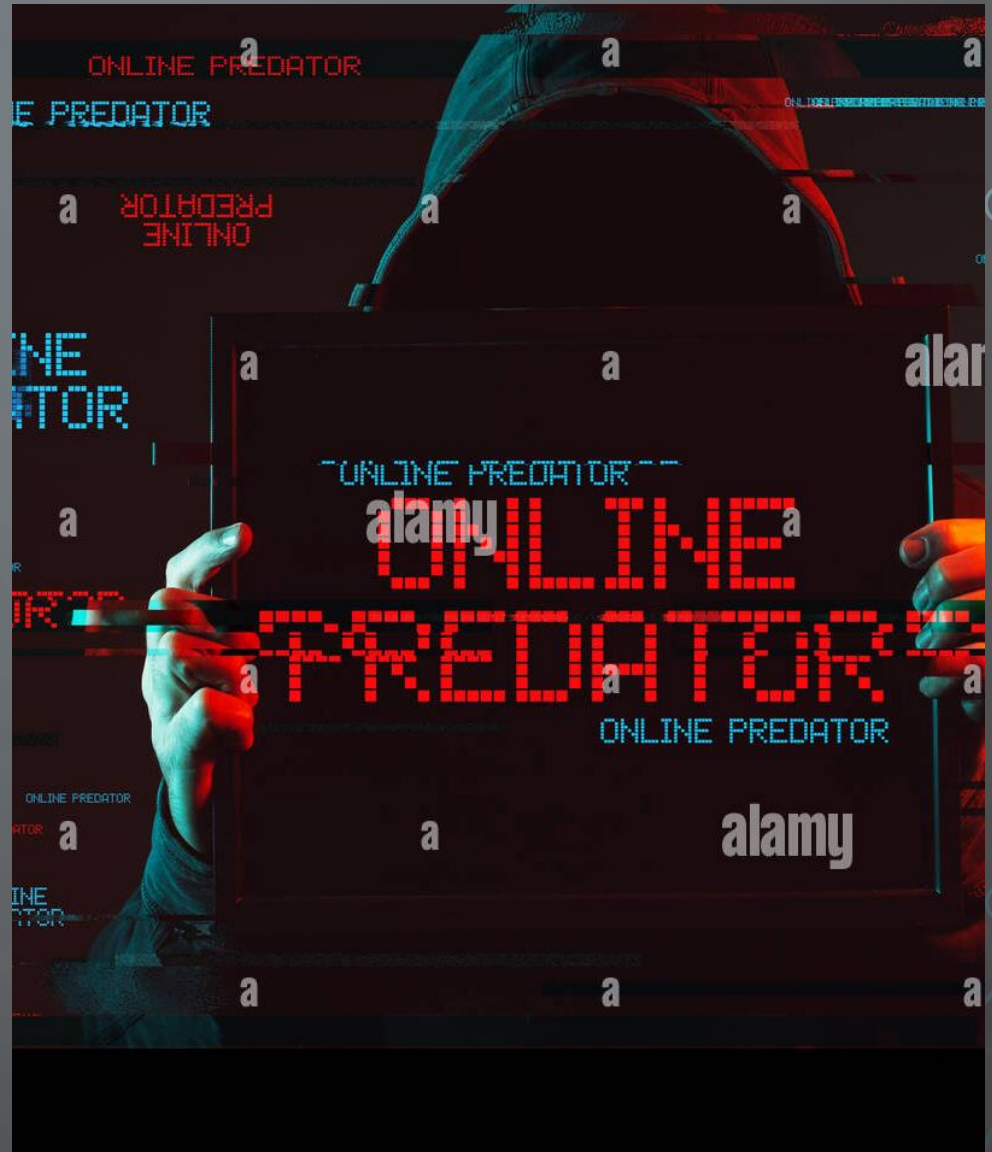
PROTECT YOUR PASSWORDS

You have the power to keep them secure.

Sharing them with anyone outside of your parents means less control.

Friendships can change day-to-day, but the information associated with your password will always be connected to you.

KNOW
WHO YOU
ARE
TALKING
TO



SOCIAL MEDIA ENCOUNTERS



C-BY PERSIN

Who are you guys??



LIFE IS ABOUT BALANCE

Spending time offline isn't about limiting your world. It's about expanding it.

Give yourself some time to recharge! Turn off your phones at night.



DIGITAL REPUTATION

- What is a digital reputation?
- What contributes to your digital reputation?





WHAT IS REPUTATION AND HOW CAN IT AFFECT YOUR FUTURE?

THE BELIEFS OR OPINIONS
THAT ARE GENERALLY HELD
ABOUT SOMEONE OR
SOMETHING.





OVERSHARING &
YOUR DIGITAL FOOTPRINT

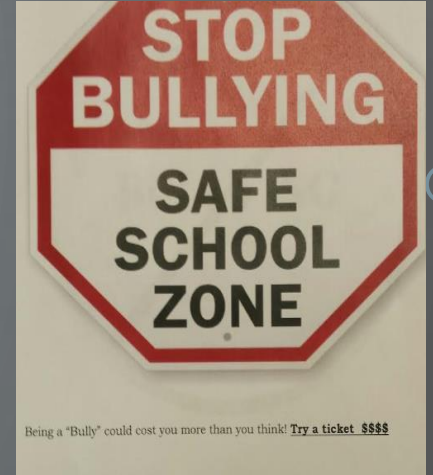


WHAT YOU POST MAY AFFECT YOUR FUTURE.

- You have the power to shape your digital reputation to support your dreams.
- Keep these things in mind:
- Colleges and future employers have access to content on social networking sites and apps.
- Your accomplishments can surface online through things like social networking and news articles.
- Take the initiative to showcase your talents.

HOW SOCIAL MEDIA CAN COST SOMEONE THEIR JOB





Being a "Bully" could cost you more than you think! [Try a ticket \\$\\$\\$\\$](#)

CYBER BULLY



WHAT IS BULLYING

- Bullying is unwanted, aggressive behavior among school aged children that **involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time.** Both kids who are bullied and who bully others may have serious, lasting problems.
- In order to be considered bullying, the behavior must be aggressive and include:
 - **An Imbalance of Power:** Kids who bully use their power—such as physical strength, access to embarrassing information, or popularity—to control or harm others. Power imbalances can change over time and in different situations, even if they involve the same people.
 - **Repetition:** Bullying behaviors happen more than once or have the potential to happen more than once.
- Bullying includes actions such as making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose.

HOW YOU TREAT OTHERS

- Bullying gets a lot of attention — Then and Now
- Is there a difference between online and in-person bullying?
- What can we do to stop it?



IDAHO STATE CODE FOR BULLY OR HARASSMENT

- **18-917A.** Student harassment-Intimidation-Bullying. (1) No student shall intentionally commit, or conspire to commit, an act of harassment, intimidation or bullying against another student. (2) As used in this section, “Harassment, intimidation or Bullying” means any intentional gesture, or any intentional written, verbal or physical act or threat by a student that (a) A reasonable person under the circumstances should know will have the effect of: Harming a student, damaging a student’s property or placing a student in reasonable fear of harm to his or her person; or placing a student in reasonable fear of damage to his or her property; or (b) Is sufficiently severe, persistent or pervasive that it creates an intimidating, threatening or abusive educational environment for a student.
- An act of harassment, intimidation or bullying may also be committed through the use of a land line, car phone or wireless telephone or through the use of data or computer software that is accessed through a computer, computer system, or computer network.
- A student who personally violates any provision of this section may be guilty of an infraction.

BULLY IS A CRIME



WHAT THIS COULD MEAN FOR YOU



CITATION WHICH IS AN
INFRACTION; LIKE GETTING
A SPEEDING TICKET.



FINE: \$75.00 EACH
OCCURRENCE

WHAT CAN YOU DO

01

Don't participate –
Joining in or
standing by while
someone is getting
attacked are equally
hurtful.

02

**Stand up for
others** – Show that
you won't tolerate
mean behavior.

03

Lend support after
– If you're worried
about intervening
immediately, you
can always reach
out later to help
someone handle the
situation.

04

If things get out of
control, contact a
trusted adult.

INAPPROPRIATE PHOTOS

18-1507A. SEXUAL
EXPLOITATION OF A CHILD
BY ELECTRONIC MEANS.



TEEN CHARGED FOR TAKING AND SENDING INAPPROPRIATE PHOTOS



WAYS TO PREVENT THESE STORIES FROM TAKING PLACE IN OUR COMMUNITY

Respect yourself and others

- Asking for sexy or naked photos is not acceptable.
- Be responsible while using social media
- Share wisely.
- If faced with a compromising photo, report it to a trusted adult.
- DO NOT post negative text online. Ask yourself if you were to see negative comments about you, how would you respond? Keep your negative comments to yourself! If you have nothing nice to say.....Don't say anything!
- If you know of someone who is being harassed, tell a trusted adult.
- Only you can make the change to create a positive social media experience.

BEFORE YOU POST

THINK

T – is it TRUE?

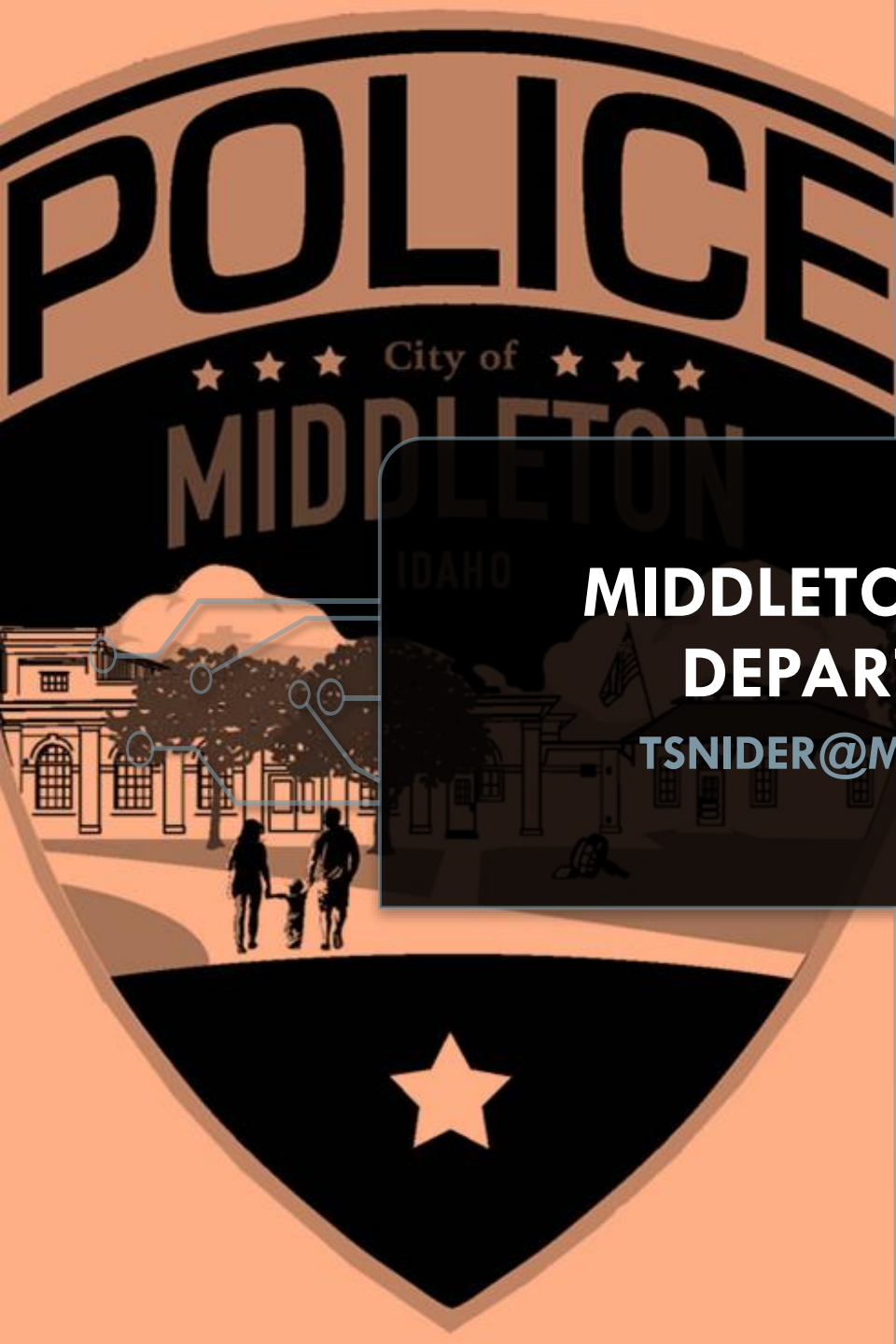
H – is it HELPFUL?

I – is it INSPIRING?

N – is it NECESSARY?

K – is it KIND?

What Side Are You On?



**MIDDLETON POLICE
DEPARTMENT**

TSNIDER@MSD134.ORG

RESOURCE

Resources for Suicide Prevention

- If you or someone you know is contemplating suicide, you can get help to get you through tough times. Talk to a trusted adult or school counselor, or use one of these outside resources:
- **National Suicide Prevention Lifeline** – You can call **1-800-273-TALK (8255)**, or visit [SuicidePreventionLifeline.org](https://www.suicidepreventionlifeline.org) to access free and confidential crisis centers.
- **Reachout.com** – Teens and young adults going through tough times or mental health issues can access informational resources and forums.
- **TrevorProject.org** – LGBT teens can access suicide prevention and crisis counseling online and by phone.
- **Crisis Text Line** – A 24/7 resource, visit [crisistextline.org](https://www.crisistextline.org)

RESOURCES

https://www.washingtonpost.com/news/the-switch/wp/2015/11/03/teens-spend-nearly-nine-hours-every-day-consuming-media/?utm_term=.32f66ab7f4e4

<https://www.xooloo.com/products/digital-coach/>

<http://www.cnn.com/2016/06/30/health/americans-screen-time-nielsen/>