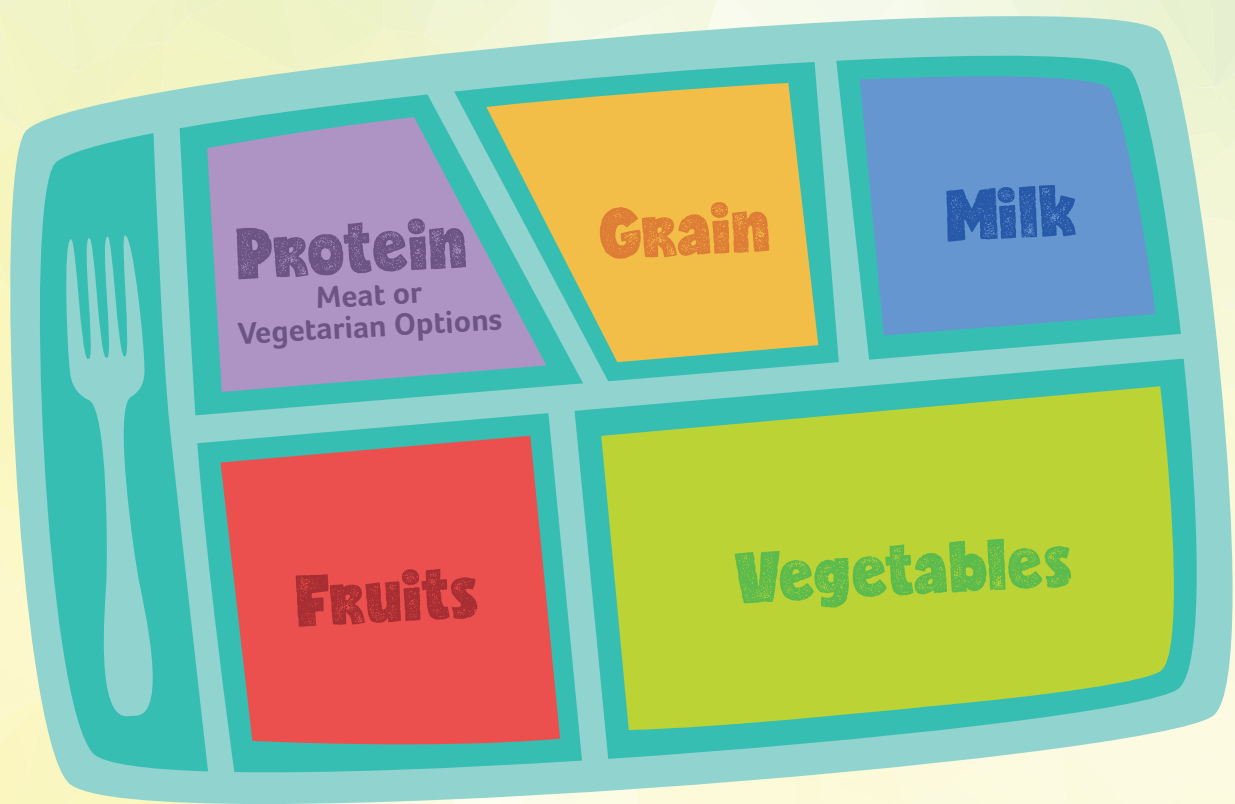


# Build Your Own Lunch



**IT'S EASY!**

CHOOSE AT LEAST

**1 FRUIT or VEGETABLE + 2 OTHER FOODS**

TO MAKE A MEAL

\*Extra servings of the same food or 6 or more foods will result in an additional charge.

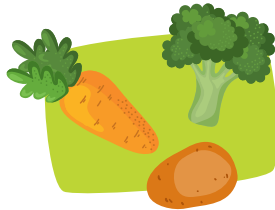
# REIMBURSABLE MEAL

## K8 Lunch

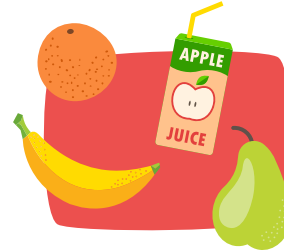
**STUDENTS**  
must select a  
minimum of  
**3 MEAL**  
**COMPONENTS**  
at least one of which  
must be a **FRUIT**  
or **VEGETABLE**

Extra full servings  
from any food group  
will be charged at  
à la carte prices

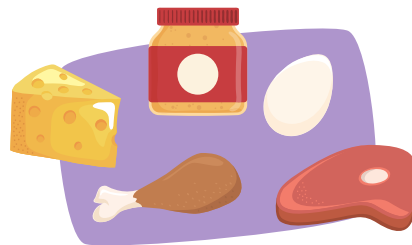
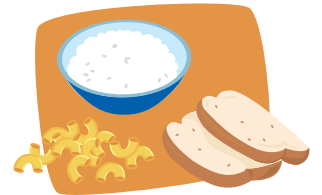
### vegetables



### fruits



### breads/grain



### meat/meat alternate

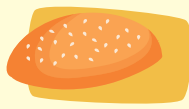


### milk

## Food Group Samples



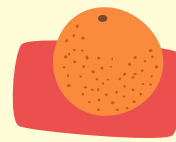
HAMBURGER PATTY



HAMBURGER BUN



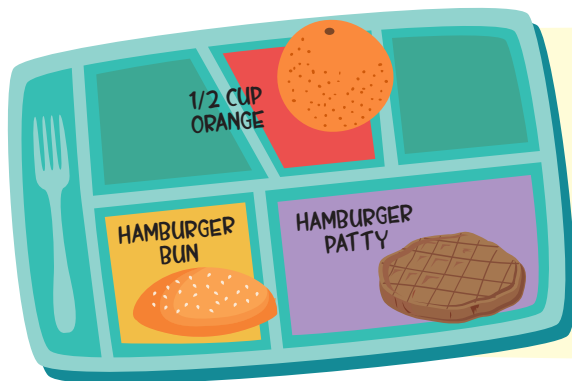
1/2 CUP BROCCOLI



1/2 CUP ORANGE



MILK



## Sample Lunch

1/2 cup fruit OR 1/2 cup vegetables  
PLUS a minimum of 2 full servings  
from other food groups are  
required for a reimbursable meal