

# Welcome Back to School!

Dear Southington Public School Families,

As children return to school, so do head lice. Head lice are a common occurrence, can be treated with over-the-counter medicated treatments, and can happen to ANYONE!

Here are some things to remember if you need to treat head lice at home:

<b><u>DO:</u></b>	<b><u>DON'T:</u></b>
Instruct and remind your children often not to share personal items such as hats, hairbrushes, combs, hair ties/scrunchies, ribbons, or scarves.	Panic
Observe for itchiness, scratch marks on scalp, live lice and nits strongly attached to hair.	Allow sharing of personal items
Contact your school nurse and family health care provider if you suspect your child has lice.	Use products on your child without checking with their doctor.
Follow ALL treatment recommendations.	Send your child to school with live lice bugs or new nits in their hair.
Remove nits. This is an important lice control method.	
Your child may return to school after being treated, and will be rescreened by the school nurse before returning to the classroom.	
Incorporate a head check as part of a normal grooming activity with your child, but inspect hair every other day during lice alerts	

For more information - <http://www.cdc.gov/parasites/lice/head/>

**Have a wonderful school year!**