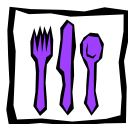


Walled Lake Central High School

LUNCH MENU



Central High Kitchen: 248-956-4735

Breakfast is available daily in the cafeteria includes juice or fruit, milk and a choice of one of the following:

Cheese, Yogurt, Breakfast Pastries,
Bagels, Assorted Cereals

Menu is subject to change without notification.

February



Available Daily

COMBO LUNCH :

LUNCH INCLUDES:

Entrée Vegetable
Fruit Bread/Grain Milk

A variety of fresh fruits and vegetables and whole grain breads are offered daily. A choice of low-fat, skim and flavored milk is served daily.

All students will be required to take 1/2 cup of fruit or vegetable with their lunch. Also, portion sizes are required to be smaller & healthier.

In addition, "Specials of the Day" and daily choices include salads, reduced fat and calorie entrees and snacks, pizza, chicken and homemade deli sandwiches. Some entrees are priced slightly higher than the standard meal.

ALA Carte Sales available for Milk, Beverages and Snack items at a cost

Marco's Pizza

Tuesday's & Thursdays

We do not accept foreign currency. All cash will be deposited onto the students accounts.

No Change back

Please note that all checks returned to us due to insufficient funds are subject to a \$25.00 fee.

Menu is subject to change without notification

2/1 Marcos/ bacon burger/ cheeseburger/ Italian or turkey sub
Fresh carrots

2/2 Meatball bowl/mashed potatoes/chicken smackers/bosco

2/5 Mac & cheese/Tubbys/ bosco/chicken tenders/black bean salsa

2/6 Marcos/ spicy or regular chicken sandwich/ coleslaw

2/7 Broccoli soup/ chicken noodle/ pepperoni bread/fresh carrots

2/8 Marcos/ bacon burger/ cheeseburger/ / side salad

2/9 Baked chicken leg/mashed potatoes/bosco/chicken smackers

2/12 Mac & cheese /chicken tenders/ Tubbys/ bosco/ garbanzo beans

2/13 Marcos/ spicy or regular chicken sandwich/ potato salad

2/14 Broccoli soup/ chicken noodle / pepperoni bread/ green beans

2/15 Marcos/ bacon burger/cheeseburger/ fresh carrots

2/16 Pasta w/ meatsauce/ bosoc/ chicken smackers/ fresh broccoli

2/19—2/23

Off mid-winter break

2/26 Mac&cheese/ Tubbys/ Chicken tenders/ bosco/ baked beans

2/27 No School

2/28 Broccoli soup/ chicken noodle/ pepperoni bread/ fresh broccoli

2/29 Marcos/ bacon burger cheese burger/ potato salad

Daily choices

Tortilla chips & cheese

Berry parfait

Greek and crispy chicken salads