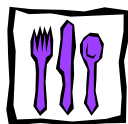


# Walled Lake Central High School

## LUNCH MENU



Central High Kitchen: 248-956-4735

Breakfast is available daily in the cafeteria includes juice or fruit, milk and a choice of one of the following:

Cheese, Yogurt, Breakfast Pastries,  
Bagels, Assorted Cereals

Menu is subject to change without notification.

## March



### Available Daily **COMBO LUNCH :**

#### **LUNCH INCLUDES:**

Entrée Vegetable  
Fruit Bread/Grain Milk

A variety of fresh fruits and vegetables and whole grain breads are offered daily. A choice of low-fat, skim and flavored milk is served daily.

All students will be required to take 1/2 cup of fruit or vegetable with their lunch.

Also, portion sizes are required to be smaller & healthier.

In addition, "Specials of the Day" and daily choices include salads, reduced fat and calorie entrees and snacks, pizza, chicken and homemade deli sandwiches. Some entrees are priced slightly higher than the standard meal.

**ALA Carte Sales** available for Milk, Beverages and Snack items at a cost

#### **Marco's Pizza**

Tuesday's & Thursdays

We do not accept foreign currency. All cash will be deposited onto the students accounts.

No Change back

Please note that all checks returned to us due to insufficient funds are subject to a \$25.00 fee.

Menu is subject to change without notification

3/1 Chicken bowl/ bosco sticks/pepperoni bread/ carrots

3/4 Mac&cheese/ tubbys sub/ ham&ceese bread/garbanzo beans

3/5 Marcos/spicy or regular chicken sandwich/ fresh carrots

3/6 Broccoli soup/chili/chicken noodle soup/ green beans

3/7 Marcos/bacon burger/cheeseburger/ fresh broccoli

3/8 Salisbury steak/mashed potatoes/pepperoni bread

3/11 Mac&cheese/tubbys sub/nacho supreme/black bean salsa

3/12 1/2 day \* breakfast is still served\*

3/13 Broccoli soup/ chili/chicken noodle/potato salad

3/14 Marcos/ Viking burger/bacon burger/celery

3/15 Sweet & sour chicken/ roasted broccoli/ pepperoni bread

3/18 Mac&cheese/ tubbys sub/nacho supreme/ baked beans

3/21 Marcos/ spicy or regular chicken sandwich/coleslaw

3/22 Broccoli soup/chili/chicken noodle/cooked carrots

3/23 Marcos/ bacon burger/cheeseburger/ fresh broccoli

3/24 Nacho supreme/ pepperoni bread/ bosco/ salasa

\*\*\*No school 3/25-3/29\*\*\*

## Daily choices

**Greek salad**

**Tortilla chips & cheese**

**Chicken wrap**

**Berry parfait**

**Crispy chicken salad**