



# COVID-19 FLOWCHART FOR EMPLOYEES

## Do You Have COVID-19 SYMPTOMS?

- Fever
- Sore Throat
- Chills
- Cough
- Fatigue
- Difficulty Breathing/ Shortness of Breath
- Muscle Aches
- Headache
- Nausea or vomiting
- Congestion or runny nose
- Diarrhea
- Loss of Taste and/or Smell

## Testing Site Information

CVUSD - District Office  
87-225 Church St., Thermal 92274

Monday - Friday

8:00am-10:00am and 2:00pm-4:00pm

[Primary Health Testing Registration Link](#)

## Helpful Links

[Riverside County Public Health - Guidance for Staff](#)

[Cal/OSHA - Non Emergency Regulations](#)

[Centers for Disease Control and Prevention](#)

**I HAVE TESTED POSITIVE**

## Complete the Google Form for Positive Staff

- After submitting result you will be contacted via email and given further instruction for your return to work
- Positive staff member to remain in home isolation for at least 24 hours from positive test date
- Staff should avoid contact with people at *higher-risk* for severe COVID-19 for 10 days\*
- Staff may still be contagious longer than this period of time (24 hours) and may consider isolating for additional days in order to reduce risk of exposures\*
- If you have symptoms, particularly if you are at *higher risk for severe COVID-19*, speak with a healthcare provider as soon as you test positive about treatment options\*

**I HAVE SYMPTOMS**

## Take Precaution

- Test at the onset of symptoms and mask immediately
- If you are at higher risk of severe COVID-19 infection and would benefit from treatment, you should re-test on Day 3 - 5

If there is a known exposure: follow 'I WAS A CLOSE CONTACT'  
If Positive: follow 'I HAVE TESTED POSITIVE'

**I WAS A CLOSE CONTACT**

## Close Contact – Recommendation

- Recommend to test on Day 3 - 5 following exposure **AND**
- Recommend to wear a well fitted mask when sharing indoor air space for 10 days following exposure
- If you do not have symptoms and are at *higher risk of severe COVID-19* infection and would benefit from treatment, you should test within 5 days\*
- If you have contact with people who are at *higher risk* for severe infection, you should mask indoors when around such people for 10 days\*

If you develop symptoms, follow 'I HAVE SYMPTOMS'  
If results are positive, follow 'I HAVE TESTED POSITIVE'

**Return To Work**

## Steps To Follow

- You may return after completing 24 hours of isolation without the use of fever reducing medication (Tylenol, NyQuil, DayQuil, Motrin, Advil, etc.)\* **AND**
- If symptoms are not present, mild or are resolving \* **AND**
- You will be required to wear a well fitted mask when sharing indoor airspace for a total of 10 days\*
- Staff should avoid contact with people at *higher-risk* for severe COVID-19 for 10 days\*
- If you have symptoms, particularly if you are at *higher risk for severe COVID-19*, speak with a healthcare provider as soon as you test positive about treatment options.

\*Per Riverside County School Staff K-12 guidelines

For any questions contact  
CVUSD Contact Tracing Team  
Contact\_Tracing@cvusd.us  
(760) 848-1223

Revised: 2/7/24