

# EAST CENTRAL ISD SPECIAL EDUCATION *newsletter*

## Intro

Dear Special Ed. Parents,

We want to take a moment to express our gratitude and share some updates and information with you.

We are thankful for your trust in our dedicated team of educators, therapists and support staff who work tirelessly to ensure the best possible experience for your children.

Together, we've seen remarkable progress and celebrate countless small victories.

As we approach the Thanksgiving holidays, we encourage you to reflect on the progress your children have made and the accomplishments they've achieved. It's a time to cherish the moments of growth and to be thankful for the journey ahead.

Wishing you and your family a wonderful Thanksgiving filled with love, laughter and cherished memories.

With gratitude,

Marissa Perez and Josh Kohutek  
Directors of Special Education

## Check out the community Calendar!



It's updated monthly on events that are happening in and around East Central ISD.

<http://bit.ly/3Xowcy7>



## Holiday Support



# Dyslexia

## 6 TIPS FOR THE HOLIDAY BREAK

Summary: The holiday season is upon us and school's out for winter break. Getting out of our routine can offer opportunities, as well as challenges. Here are some tips to deal with some of the challenges and embrace the opportunities.



## Behavior

Why It's important to practice setting expectations at home! Home and school often time have different expectation. This can be confusing for students who are learning new skills. ECISD adopts the Safe, Respectful, and Responsible as district expectations. Having these conversation at home, as well as school, doubles your students exposure these expectations.

[Family Expectations video:](#)



## Transition

Have you signed up for the Texas Medicaid Waiver for your student? There is now a convenient way to look up where your student is on the waiver list!

If you have questions about the Medicaid Waiver list contact your special education facilitator and they can get you in contact with a community specialist such as The Arc of San Antonio or AACOG.

[CLICK HERE FOR INSTRUCTIONS!](#)



# Academics

## Set Aside Time for Reading Over the Holiday Break!

These chilly days are perfect for curling up with a good book. Practicing reading when our students are not in school for longer periods of time help build kids' reading skills.

Our friends at [Scholastic](#) have provided "7 Tips for Getting Your Kids to Read Over Winter Break." These tips include:

- Try a reading challenge
- Find other books by authors or topic your kids already enjoy
- Take reading on the road
- Include non-fiction in the mix based on your student's interests
- Make it a family activity. Show your student reading is **IMPORTANT!**

*Read the whole article [HERE](#).*



## BLIS

Happy Holidays! As we enter this season of celebrations and visiting family and friends, consider using visuals to support your child in understanding behavior expectations while celebrating with .

For some sample social stories to help set expectations, see the [Holidays and Celebrations](#) section on the Indiana Resources Center for Autism.

## Life Skills

During the holidays, remember to have your child work on communication skills. Help your child speak or sign simple phrases like please, my turn, help and all done. This can mean a world of difference to children who might begin to feel overwhelmed with all of the holiday activities.

For parent trainings check out [ESC 20's Connect 20 Professional Development site](#). Enter keyword parent training



Please provide feedback!