

- 2024 -

FEBRUARY

KANSAS CITY
PUBLIC SCHOOLS 

SECONDARY MENU

Daily breakfast options may include:

- Breakfast donut
- Breakfast bread or cookie
- Choice of cereal
- Choice of Pop Tarts
- Yogurt w/ muffin
- Choice of milk and/or 100% Juice

Daily main lunch entree options may include:

- Hamburger or Cheeseburger
- Chicken Filet Sandwich (Regular or Spicy)
- Pizza (Cheese, Pepperoni or Buffalo Chicken)
- Variety of Salads 
- Bosco Sticks w/ Marinara Sauce 
- PBJ Sandwich w/ Cheese Stick 
- Yogurt Parfait w/ Cheese Stick 
- Black Bean Burger 

Daily fruit choices may include:
Fresh, frozen, or canned (in 100% juice or light syrup) or 100% Fruit Juice

Daily vegetable choices may include:
Fresh veggies w/ dip, hot canned or frozen vegetable

 Indicates a meatless entrée or meatless option is available. Not all meatless options are vegan.

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MONDAY

5

Apple Frudel 

Crispitos w/ Cheese Sauce
Refried Beans
Choice of Fruit
Milk

12

Cinni Minis 

Chicken Biscuit
Baked Beans
Choice of Fruit
Milk

19

NO SCHOOL

26

Cinni Minis 

Crispitos w/ Cheese Sauce
Refried Beans
Choice of Fruit
Milk

TUESDAY

6

Breakfast Bagel

Potato Bar
Steamed Broccoli
Choice of Fruit
Milk

13

Breakfast Pizza

Taco Bar
Mexican Street Corn
Choice of Fruit
Milk

20

Breakfast Bagel

Pasta Bar
Steamed Broccoli
Choice of Fruit
Milk

27

Breakfast Pizza

Potato Bar
Steamed Broccoli
Choice of Fruit
Milk


WEDNESDAY

7

French Toast Minis 


Meatball Sub
Mixed Vegetables
Choice of Fruit
Milk

14

Breakfast Bites 


Boneless Wings
Sweet Potato Fries
Choice of Fruit
Milk

21

French Toast Minis 

BBQ Beef Riblet
Sweet Potato Fries
Choice of Fruit
Milk

28

Breakfast Bites 

Meatball Sub
Mixed Vegetables
Choice of Fruit
Milk

THURSDAY

1

Breakfast Burrito

Chicken Dumplings w/ Rice
Egg Roll
Steamed Corn
Choice of Fruit
Milk

8

Turkey Sausage w/ Biscuit

General Tso Chicken w/ Rice
Egg Roll
Glazed Carrots
Choice of Fruit
Milk

15

NO SCHOOL

22

Turkey Sausage w/ Biscuit

Chicken Dumplings w/ Rice
Egg Roll
Steamed Corn
Choice of Fruit
Milk

29

Breakfast Burrito

General Tso Chicken w/ Rice
Egg Roll
Glazed Carrots
Choice of Fruit
Milk

FRIDAY

2

Mini Pancake Bites 

Beef / Bean / Chicken Nachos 
Raspberry Churro
Black Beans
Choice of Fruit
Milk

9


Strawberry Bagel 


Fish Sandwich
Mac & Cheese
Green Beans
Choice of Fruit
Milk

16

NO SCHOOL

23

Strawberry Bagel 

Beef / Bean / Chicken Nachos 
Black Beans
Choice of Fruit
Milk