## KANSAS CITY

## ELEMENTARY

## MENU

Daily breakfast options may include:

- Choice of cereal
- Choice of Pop Tarts
-Choice of milk and/or 100\% Juice
Daily main lunch entree options may include:
- PBJ Sandwich w/ Cheese Stick $\bigvee$

Yogurt Snack Pack $V$

- Turkey Sandwich

Grilled Cheese V
Hummus Snack Pack $V$
Black Bean Burger $V$
Daily fruit choices may include: Fresh, frozen, or canned (in 100\% juice or light syrup) or 100\% Fruit Juice

Daily vegetable choices may include: Fresh veggies w/ dip, hot canned or frozen vegetable
$\checkmark$ Indicates a meatless entrée or meatless option is available. Not all meatless options are vegan.

## MONDAY



## 19

NO SCHOOL


26
Bagel w/ Cream Cheese $V$ WG Banana BreadV *****
Mini Corn Dogs Glazed Carrots Choice of Fruit Milk

TUESDAY


Breakfast Bagel Long John Donut ${ }^{*}$ *****

Crispitos w/ Cheese Sauce Refried Beans Choice of Fruit Milk

Breakfast Burrito Long John Donut ${ }^{-}$ ******
Beef or Bean Tacos $\vee$
Bosco Stick w/ MarinaraV
Steamed Corn Peaches Milk

## Breakfast Bagel Long John Donut $\mathbb{V}$

 *****Beef or Bean Nachos ${ }^{\vee}$ Raspberry Churro Steamed Corn Choice of Fruit Milk

27 Breakfast Burrito Long John Donut $\vee$ *****

Crispitos w/ Cheese Sauce Refried Beans Choice of Fruit Milk

## THURSDAY



FRIDAY



## 2

Apple Frudel` Breakfast Donut $\vee$ *****
Fish Sticks w/ Mac \& Cheese Steamed Broccoli Choice of Fruit Milk
Breakfast Pizza Banana Breakfast Cookie ${ }^{\circ}$ ******
Dominos Cheese Pizza $\vee$ Mixed Vegetable Choice of Fruit Milk

9 Breakfast Bites | Breakfast Donut |
| :---: |
| $* * * * *$ |

Cheese Pizza ${ }^{\text {V }}$
Pepperoni Pizza Smile Fries
Choice of Fruit Milk


Fish Sticks w/ Mac \& Cheese Steamed Broccoli

Choice of Fruit Milk


