

# FEBRUARY



## FRIDAY

Breakfast Pizza Banana Breakfast Cookie

> Dominos Cheese Pizza Mixed Vegetable Choice of Fruit Milk

\*\*\*\*\*

Apple Frudel 

✓ \*\*\*\*

Fish Sticks w/ Mac & Cheese Steamed Broccoli Choice of Fruit Milk

## KANSAS CITY PUBLIC SCHOOLS

## **ELEMENTARY MENU**

## Daily breakfast options may include:

- Choice of cereal
- Choice of Pop Tarts
- Choice of milk and/or 100% Juice

#### Daily main lunch entree options may include:

- PBJ Sandwich w/ Cheese Stick
- Yogurt Snack Pack
- Turkey Sandwich
- Grilled Cheese
- Hummus Snack Pack
- Black Bean Burger V

### Daily fruit choices may include:

Fresh, frozen, or canned (in 100% juice or light syrup) or 100% Fruit Juice

## Daily vegetable choices may include:

Fresh veggies w/ dip, hot canned or frozen vegetable

Indicates a meatless entrée or meatless option is available. Not all meatless options are vegan.

## MONDAY

## Trix Yogurt w/ Muffin √ WG Banana Bread √ \*\*\*\*

Mini Corn Dogs **Glazed Carrots** Choice of Fruit Milk

Strawberry Cream Bagel WG Banana Bread

√

Chicken & Waffles Chick'n Meatless Nuggets V **Glazed Carrots** Choice of Fruit Milk

### **TUESDAY**

**Breakfast Bagel** Long John Donut

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Crispitos w/ Cheese Sauce **Refried Beans** Choice of Fruit Milk

**Breakfast Burrito** Long John Donut

Beef or Bean Tacos V Bosco Stick w/ Marinara V Steamed Corn **Peaches** Milk

> **Breakfast Bagel** Long John Donut V

Beef or Bean Nachos 

√ Raspberry Churro Steamed Corn Choice of Fruit Milk

## WEDNESDAY

Blueberry Muffin Top

√ \*\*\*\*\* Spaghetti w/ Meat Sauce Spaghetti w/ Marinara V **Green Beans** Choice of Fruit

Milk

French Toast Minis V

Blueberry Muffin Top V

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Cheeseburger

**Baked Beans** 

Choice of Fruit

Milk

Cinni Minis

Sausage Pancake Wrap Banana Breakfast Cookie \*\*\*\*\*

Tangerine Chicken w/ Rice Steamed Broccoli Choice of Fruit Milk

**Breakfast Bites** Breakfast Donut V \*\*\*\*

Cheese Pizza V Pepperoni Pizza **Smile Fries** Choice of Fruit Milk

NO SCHOOL

NO SCHOOL

NO SCHOOL

Cinni Minis Blueberry Muffin Top

√ \*\*\*\*

> Chicken Nuggets w/ Roll Chick'n Meatless Nuggets w/RollV **Sweet Potato Fries** Choice of Fruit Milk

Turkey Sausage w/ Biscuit Banana Breakfast Cookie

General Tso Chicken w/ Rice Mixed Vegetable Choice of Fruit Milk

Mini Pancake Bites V Breakfast Donut √ \*\*\*\*

Fish Sticks w/ Mac & Cheese Steamed Broccoli Choice of Fruit Milk

Bagel w/ Cream Cheese V WG Banana Bread 

√ \*\*\*\*

> Mini Corn Dogs **Glazed Carrots** Choice of Fruit Milk

**Breakfast Burrito** Long John Donut V

Crispitos w/ Cheese Sauce **Refried Beans** Choice of Fruit Milk

Eggo Waffle

√ Blueberry Muffin Top

√

Spaghetti w/ Meat Sauce Spaghetti w/ Marinara √ **Green Beans** Choice of Fruit Milk

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Breakfast Pizza Banana Breakfast Cookie

Tangerine Chicken w/ Rice Steamed Broccoli Choice of Fruit Milk



This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.