

# WELCOME FAMILIES TO FREMONT HIGH SCHOOL

1

Class of  
2028

*This presentation will  
be posted to our  
website*



# Presentación en Español en la biblioteca



# This evening we will cover...

- Updates from Principal Emmert
- Mental Health Information
- Review abridged version of the student presentation
- Step by step instructions on filling out the course selection form
- Review important deadlines
- Optional breakout sessions with elective teachers at **the end**



# Bryan Emmert



- Entering high school
  - ◆ Activities & athletics
  - ◆ Preparing for college
- Parent Groups
  - ◆ PTSA, Los Padres, Kababayan, School Site Council, Athletic Boosters, Band Boosters and more







WELCOME TO  
FHS CLASS OF  
2028

## INCOMING STUDENTS

### MIDDLE SCHOOL VISITS

The FHS Guidance Counselors will present to students at the middle schools on the dates below.

Click to watch the [Course Selection Presentation Recording](#)

Powerpoint presented during middle school visits

- Cupertino Middle: January 19th
- Lawson Middle: January 20th
- Columbia Middle: January 25th
- Sunnyvale Middle: January 27th

### ONLINE REGISTRATION FOR THE 2022-23 SCHOOL YEAR

Registration for next fall's 2022-2023 school year will begin on January 4, 2022 and will be through the Online Registration tool (OLR). An email will be sent out to parents from Fremont High School District Residency. Check <http://www.fhsd.org/enrollment> for more information.

La inscripción para el próximo otoño del año escolar 2022-2023 comenzará el 4 de enero de 2022 y será a través de la herramienta de registro en línea (OLR). Un correo electrónico será enviado a los padres/tutor del estudiante. Entre a la página de <http://www.fhsd.org/enrollment> para más información.

### FRESHMAN PARENT HANDBOOK

If you need to get more information about Fremont please make sure to read our Freshman Parent Handbook. You should receive a copy of this handbook in your student's Fremont Folder which they will receive during course selection at their middle school.

Freshman  
Parent  
Handbook

Manual para  
padres

22-23 Important  
Dates

Steps Needed to Ensure  
your Student is  
Registered for 22-23

### Guidance Team

High School Planning

College & Career Planning

Student Wellness & Resources

Climate Office

Incoming Students

# Meet Your School Counseling Team



**Sandra Woosley**  
Last Names: A-C  
(408) 522-2459



**Vanessa Goulart**  
Last Names: A-C  
(408) 522-2430



**Sherry Fazio**  
Last Names: D-HUR  
(408) 522-2480



**Ana Franco**  
Last Names: HUS-MEK  
(408) 522-2428



**Dan Amezcua**  
Last Names: MEL-ROM  
(408) 522-2484



**Eric Medeiros**  
Last Names: RON-Z  
(408) 522-2423



# Mental Health Team

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- Our team consists of four school-based therapists (all LMFTs) and three school psychologists.
- We provide social-emotional support for students, as well as consultation for parents; however, we do not offer ongoing MH treatment for GenEd students.
- To make a MH referral for a student:
  - ◆ Wellness Check-in Form:  
<https://fhs.fuhsd.org/guidance-student-support/student-wellness-resources>
  - ◆ Contact Deirdre Louie at 408.522.2487 or [deirdre\\_louie@fuhsd.org](mailto:deirdre_louie@fuhsd.org)





# RESIDENCY and ONLINE REGISTRATION

Due - APRIL 12th,  
2024

COVID-19 Resources | [Click Here](#)

FREMONT UNION HIGH SCHOOL DISTRICT

[Students](#)
[Parents](#)
[Staff](#)
[Quick Links](#)

ABOUT US

DEPARTMENTS

ACADEMICS

OUR SCHOOLS

[f](#)
[t](#)

## ENROLLMENT FOR NEXT YEAR (2024-25)

**NEW STUDENT ENROLLMENT, INCLUDING ALL INCOMING 9TH GRADE STUDENTS IS NOW OPEN!**

The deadline for completing the Enrollment process is April 12, 2024 at 4:00 PM. Enrollment received after this time will be processed as they are received but will not receive priority course selection.

Please follow the important steps below to enroll your student for the next school year (2024-25)

- 1. Online Registration (OLR)**

This is an online tool that provides the district with all of the needed information to start a student's enrollment. This process requires you to enter data and for documents to be scanned or photographed so they can be attached to the form before submission. This tool requires a computer or phone but is best when completed using a computer. The Enrollment and Residency office has computers available if you need access to one. Each School will also have days in which parents can come in for help. To begin the OLR, scroll down to the **Online Registration** section below.
- 2. Student Course Selection Process**

Once you have completed the Online Registration information form and fully submitted all documents required, your information will be sent to the school for final processing. Then you will receive direct communication from the resident high school about course selection.
- 3. Monta Vista Transfer Program**

Don't forget, if you live in the Homestead attendance area, you can apply for your student to attend Monta Vista High School instead. Click on this link to learn more: [Transfer Programs](#)

**ON-LINE REGISTRATION (OLR)**

Use the "Online Registration" button below to access the Online Registration (OLR) system in order to start the enrollment process for new students wishing to enroll in the current school year. Before you start the OLR for 2024-25, please do the following:

Business Services

Bond Program

Enrollment Center

New Student Enrollment

Enrollment for Next Year (2024-25)

OLR Detailed Instructions

Enrollment Documents Needed

International Exchange Students

Residency Information & Laws

Student Transfer Options

Nutrition Services

Human Resources

Teaching and Learning

Special Services

Technology Services



# Making the Leap

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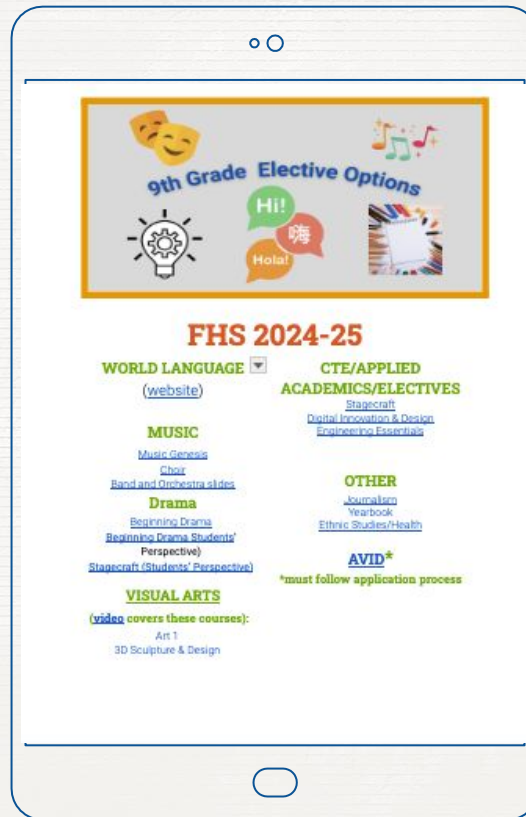


- Big Transition
- Get Involved
- Grades Count



# Want to watch the elective videos again?

[Click here: to watch the elective videos](#)



# Graduation Requirements

- 220 credits required for a diploma
- 10 credits for each year long course
- Each high school course is a year long



Subject Requirements	High School Graduation Requirements	University Admission Requirements
English	40	40
Math	20 (Algebra I and Geometry)	30 (4 years recommended)
Science	20	20 (2-4 years recommended)
Social Science	30	20
World Language*	10	20 (3-4 years recommended)
Fine Art/ Visual & Performing Arts*	10	10
Applied Academics*	10	
Physical Education	20	
Electives	60	10 (approved College Prep elective)
Other Requirements		SAT/ACT & SAT II
Subject Credits	220	150

*\*World Language, Fine Art/Visual & Performing Arts and Applied Academics are considered Selective Electives. Students must complete 10 credits **each** in two (2) of the three (3) Selective Elective areas.*

# Freshman Schedule

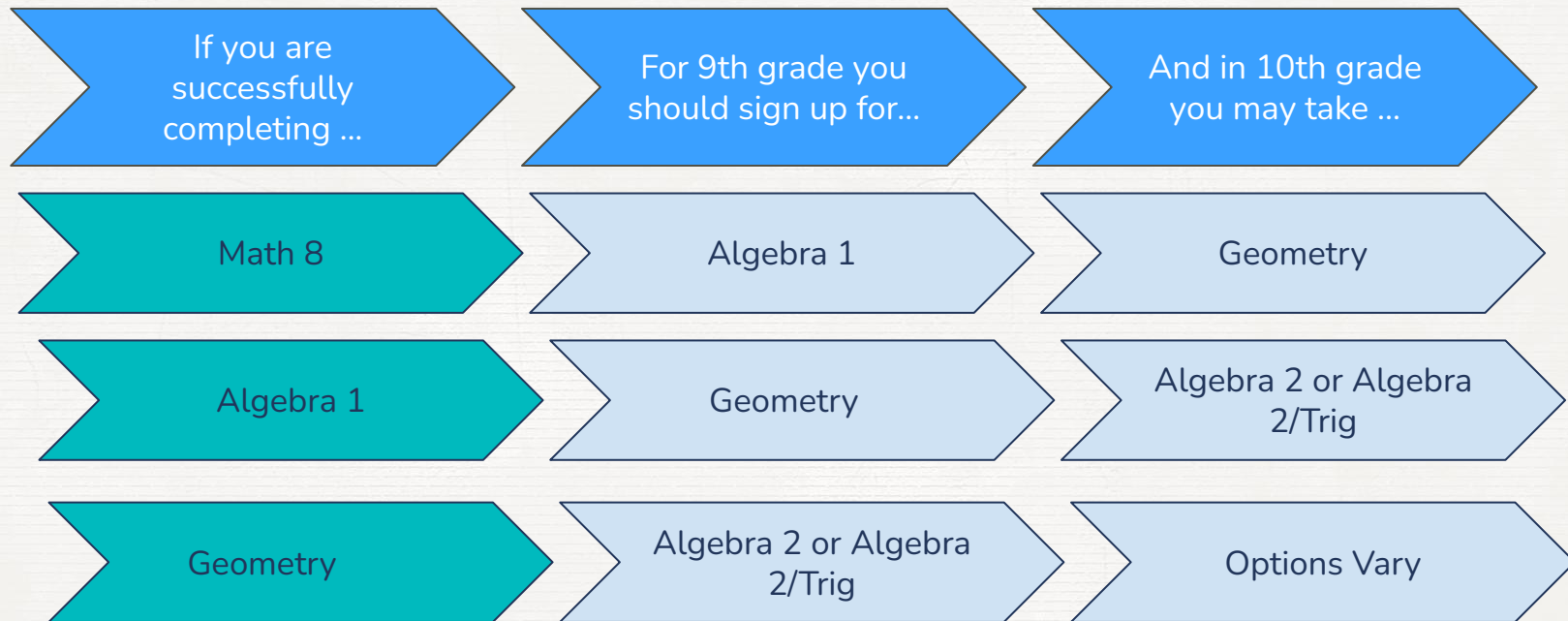


All students are guaranteed 6 classes:

1. English (required)
2. Biology (required)
3. Mathematics (required)
4. PE 9 (required)
5. Elective 1: World Language (**recommended**)
6. Elective 2: Fine art or applied academic



# Mathematics Courses



# ELECTIVES AT FHS

# World Languages

- Chinese
- French (level 2 and above)
- Japanese
- Spanish



# World Language Placement

See the [FHS website](#) for more info



No world  
language  
experience

Level 1

Successful  
completion of  
Level 1 in  
middle school

Level 2

→ Diagnostic test will be administered

Home  
language  
experience

Sign up for Level 2 AND check  
off the Native Speaker box

→ Diagnostic test will be administered

## DIAGNOSTIC DATES

### → Chinese

- ◆ March 5 @ 3:45PM
- ◆ FHS Library

### → Spanish

- ◆ March 5 @ 3:45PM
- ◆ FHS Library
- ◆ @ SMS → Feb. 28
- ◆ @ Columbia → March 8



# Visual and Performing Arts

## Fine Arts

→ 3-D Structure and Design



## Fine Arts

→ Art 1



# Visual and Performing Arts

## Music

- [Orchestra](#)
- [Concert Band](#)



## Music

- [Music Genesis](#)



## Music

- [A Choir \(Concert Choir\)](#)



## Theatre Arts

- [Drama](#)

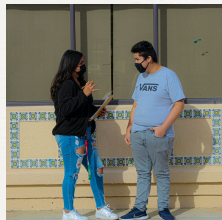




# Applied Academics/Career Technical Education(CTE)/Elective

## Applied Academics

→ Yearbook



## Applied Academics

→ Stagecraft Tech  
→ Student perspective

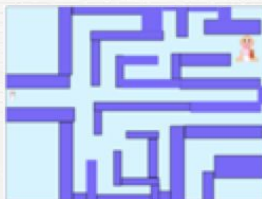


Prop CREATION PHOTOS 6th Block



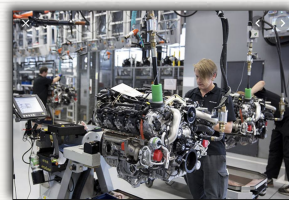
## CTE

→ Digital Innovation and Design



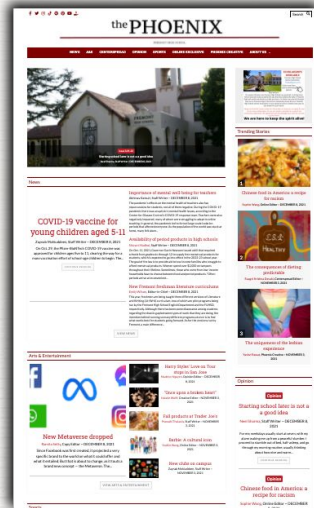
## CTE

→ Engineering Essentials



## Elective

→ Journalism



# Ethnic Studies/Health

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**\*\*Optional for class of 2028\*\***

- ✗ *The goal of Ethnic Studies is for students to develop the ability to analyze systems and structures of power with a particular focus on the experiences, cultures, and histories of historically excluded and marginalized groups*
- ✗ Allows students to have a guaranteed 7th class (if desired)
- ✗ Only 60 spots available





# Course Selection Form

**YOUR FULL NAME / SU NOMBRE COMPLETO**

### 1 Felipe Firebird

**YOUR EMAIL / SU CORREO ELECTRÓNICO**

2 felipe\_firebird@fuhsd.org

Enter to receive confirmation of submission.

**3** Go to form / Ir al formulario

Updated 12/15/2

# Must fill out all required information

9 9 9 9 9 9 9 9 9 9 9 9 9 9 9

**FREMONT HIGH SCHOOL: FREMONT UNION HIGH SCHOOL DISTRICT**  
**Course Requests 2021-2022**

**Last Name:** Firebird **First Name:** Felipe **Middle:**

**Date of Birth:** 02/14/2007 **Contact Phone:** 408-522-2400

**Current School:** ☐ Select...  
☐ Columbia MS  
☒ Cupertino MS  
☐ Sunnyvale MS  
☐ Hyde MS  
☐ Kennedy MS  
☐ Lawson MS  
☐ McAuliffe  
☐ Miller MS

**Do you have an IEP?** ☐ Select...  
☐ Yes, I do have an IEP  
☐ No, I do not have an IEP

**Choose classes wisely!** Once classes are assigned, there is rarely space in other classes to allow for level changes.

**Do you have an IEP?** ☐ Select...  
☐ Yes, I do have an IEP  
☐ No, I do not have an IEP

**Choose classes wisely!** Once classes are assigned, there is rarely space in other classes to allow for level changes.

# Selecting your core 4 classes

**Choose classes wisely! Once classes are**

**1. ENGLISH (select 1)**

☒ 1010 P Literature & Writing

**2. PHYSICAL EDUCATION (select 1)**

☒ 2510 P.E. 9

**3. SCIENCE (select 1)**

☒ 3110 P Biology

**4. MATHEMATICS (select 1)**

☒ Select...

2210 P Algebra 1

2230 P Geometry

2310 P Algebra 2 ++

2320 P Algebra2/Trig.++

Other (please type below) ++

☐ Other

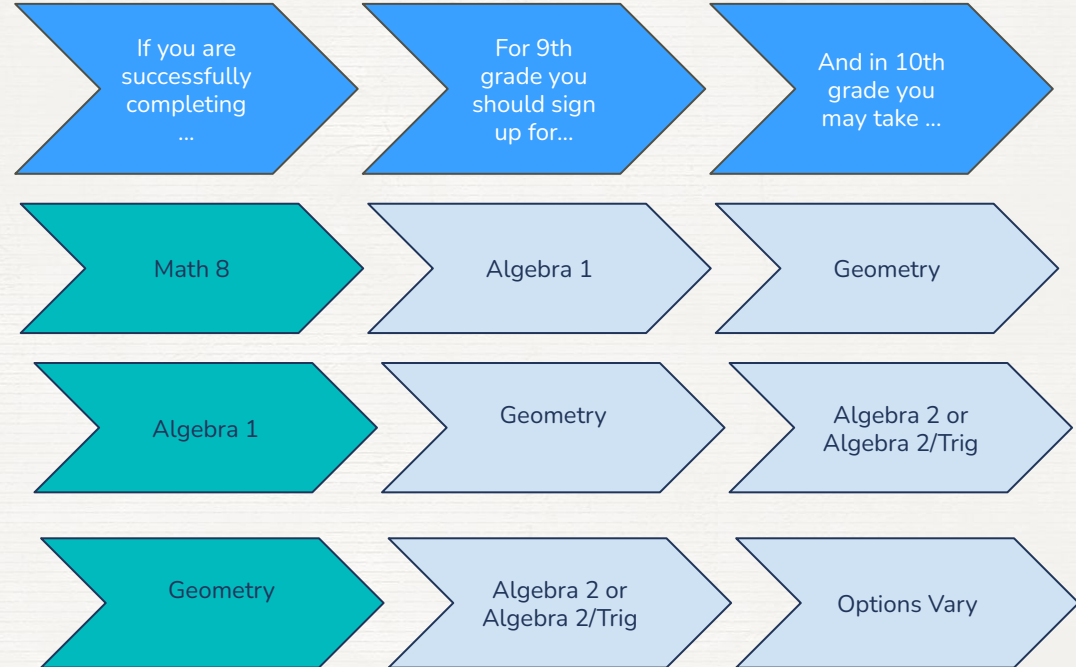
**Notes:**

\* Approval or application required

++ Completion of Algebra 1 & Geometry in middle or high school is required.

# Concurrent math Alg 2/Trig or higher required.

P College Prep Course





# Choosing your elective courses: Choose 2

1. Must select 2 electives
2. If you selected a language, and you're a Native speaker of the language or speak the language at home, please select the box "Native Speaker"

**Choose classes wisely! Once classes are assigned, there is rarely space in other classes to allow for level changes.**

## 1. ENGLISH (select 1)

- ☒ 1010 P Literature & Writing

## 2. PHYSICAL EDUCATION (select 1)

- ☒ 2510 P.E. 9

## 3. SCIENCE (select 1)

## 4. MATH (select 1)

- ☐ 2230 P Geometry  
☐ 2310 P Algebra 2++  
☐ 2320 P Algebra 2/Trig.++  
☐ Other \_\_\_\_\_

Check this if you speak the selected language at home

### Notes:

\* Approval or application required  
 ++ Completion of Algebra 1 & Geometry in middle or high school is required.  
 P College Prep Course

## 5. ELECTIVES (select 2 from different subject areas)

### World Language

- ☐ 4120 P French 2  
☐ 4310 P Spanish 1  
☐ 4320 P Spanish 2  
☐ 4010 P Japanese 1  
☐ 4020 P Japanese 2  
☐ 4410 P Chinese 1  
☐ 4420 P Chinese 2  
☐ 4430 P Chinese 3  
☐ 4440 P Chinese 4H

- ☐ **Native Speaker:** Check if you are a native speaker of the language you chose above.

(Placement tests will determine level if students are choosing Level 2 or higher.)

### CTE/ Applied Academics

- ☐ 8380 Yearbook  
☐ 1350P Journalism  
☐ 7770 Stagecraft Tech.  
☐ 7810 P Digital Innovation & Design  
☐ 8180 P Engineering Essentials

### Art Department

- ☐ 6110 P Art I  
☐ 6210 P 3D Sculpture & Design

### Drama

- ☐ 6710 P Drama

### Music

- ☐ 7060 P A-Choir (Concert Choir)  
☐ 7240 P Orchestra  
☐ 7120 P Concert Band  
☐ 7320 P Music Genesis

# Alternate Elective Choices: Choose 3

What other ELECTIVE classes would you like if we can't give you your first choice? Write down the name of the class

Completion of Algebra I & Geometry in middle or high school is required.  
# Concurrent math Alg 2/Trig or higher required.  
P College Prep Course

7810 P Digital Innov. Design ▼

7120 P Concert Band  
7320 P Music Genesis

**Alternate Elective Choices:** You must provide three class options to be used if one of the elective choices above is unavailable. You must be willing to take any of these courses equally. If you do not provide alternates, you may end with fewer than 6 classes.

8380 Yearbook ▼ 1

6710 P Drama ▼ 2

6110 P Art 1 ▼ 3

**Optional 7<sup>th</sup> Preference:** This section indicates preferences. None of these options are guaranteed and you DO NOT need to fill out this section. All students should plan on attending school between 8:00 am-3:25 and plan sports/activities accordingly. We will not rearrange class schedules. If you have a 7<sup>th</sup> preference, You can only check ONE OPTION from the choices below:

**CHOOSE ONLY ONE OPTION!**  
**(YOU CANNOT PICK BOTH)**

**Optional 7<sup>th</sup> Preference:** This section indicates **preferences**. None of these options are guaranteed and you **DO NOT** need to fill out this section. All students should plan on attending school between 8:30 am-3:50 pm and plan sports/activities accordingly. We will not rearrange class schedules.


**You can only check ONE OPTION from the choices below:**

- ☐ \_\_\_\_\_ I want a 7th class
- ☐ 9997 No class 7th block

## Current Bell Schedule

Weekly Bell Schedule - 2022-2023																			
Monday				Tuesday				Wednesday				Thursday				Friday			
Blocks 1-7				A				B				A				B			
1	8:30	9:15	45	1	8:30	10:00	90	Collaboration (No Students)	7:35	8:25	50	1	8:30	10:00	90	Collaboration (No Students)	7:35	8:25	50
2	9:20	10:05	45	2	10:05	11:35	90		4	8:30	10:05	95	2	10:05	11:35		90	4	8:30
Tutorial	10:10	10:35	25	Brunch	11:35	11:50	15	Tutorial	10:10	10:50	40	Brunch	11:35	11:50	15	Tutorial	10:10	10:50	40
3	10:40	11:25	45	3	12:00	1:30	90	Brunch	10:50	11:05	15	3	12:00	1:30	90	Brunch	10:50	11:05	15
Brunch	11:25	11:40	15	Lunch	1:30	2:10	45	5	11:15	12:45	90	Lunch	1:30	2:10	45	5	11:15	12:45	90
4	11:50	12:35	45	7	2:20	3:50	90	Lunch	12:45	1:25	45	7	2:20	3:50	90	Lunch	12:45	1:25	45
5	12:40	1:25	45					6	1:35	3:05	90					6	1:35	3:05	90
Lunch	1:25	2:05	40																
6	2:15	3:00	45																
7	3:05	3:50	45																

## Final Steps: Sign + click submit



(type the class below)

Select... ▼

9996 No class 6th block  
9997 No class 7th block

9997 No 1st Block  
9996 No 6th Block  
9997 No 7th Block

**1** STUDENT SIGNATURE: Click to sign here

DATE: 12/18/2020

PARENT/GUARDIAN SIGNATURE:

DATE: 12/18/2020

**2** Submit form / Enviar formulario

Updated 12/15/20



# Next Steps

- FEB. 7 (9am) - Attend Coffee with Counselors if you have more questions about course selection for next year.
- FEB. 9 - Submit your course selection form via Informed K12 - Each family will receive a course selection form via Informed K12.
- APRIL 2 - Review Course Verification Form sent out via Informed K12 email.
- APRIL 5 - Submit any changes to course requests for 2024-25.



# Paths For Tonight

## Option 1

- You know your elective choices
- Have heard this information before
- You have NO questions

**PLEASE SUBMIT YOUR  
COURSE SELECTION  
FORM ONLINE THIS  
EVENING**

## Option 2

- Want to know more about elective options
- Stay for elective presentations

**PLEASE SUBMIT YOUR  
COURSE SELECTION  
FORM BY FEB. 9**

## Option 3

- You did not receive the Informed K12 form. Check junk or trash folders
- Stay for elective presentations
- Contact Lorena Morena, AP Secretary to get a new form

**lorena\_moreno@fuhsd.org  
408-522-2412**



# Breakout Rooms

If a classroom is full, please join the next session!

Room - Teacher	Electives
<b>Shannon Theater</b> - Tanya Misfeldt	Stagecraft and Drama
<b>Library</b> - Israel Gonzalez	All World Languages
<b>Music Room</b> - Joe Kelly	Choir, Band, Orchestra, Music Genesis
<b>Room 153</b> - Bob Capriles	Engineer Essentials
<b>Room 163</b> - Ji Young Kim	Art
<b>Room 162</b> - Timna Naim/Justin Holthouse	3D Sculpture and Design
<b>Room 70</b> - Viviana Torres	Health/Ethnic Studies
<b>Fair Oaks</b> - David Heinke	Math, DID
<b>Room A206</b> - Emer Martin	Journalism



For up to date  
information check  
out our  
FHS website  
[www.fhs.fuhisd.org](http://www.fhs.fuhisd.org)

Questions? Join us at  
Coffee with the  
Counselors on Feb 7  
9-10am via Zoom

