

Calvert County Health Department Presents

**2024
FREE QUIT
TOBACCO
CLASSES!**



CIGARETTES - CIGARS - CHEW - VAPES



Virtual only (10am-11am)

January 13 - March 2

Online or In-Person
Classes (6pm-7pm)

January 11 - February 29

March 21 - May 9

May 23 - July 18

Registration Required. CalvertHealth.org, call 410-535-5400,
ext. 359 or email jane.dodds@maryland.gov



Paid by MD Cigarette Restitution Fund