TOWN OF PUTNAM
COMMISSION ON AGING
200 SCHOOL STREET, PUTNAM CT 06260
860-963-6800 ~ www.putnamct.us
Meeting Minutes
TUESDAY, February 6, 2024 at 6:00 PM

Present: Louise Brodeur, Paul Desautels, JoAnne Sorel, Ann Russo, Stephanie Jarmolowicz, Laura Crosetti, Rec Director Willie Bousquet, (plus 11 guests)

Absent: Linda Lamoureux, Melody Cassio, Sheila Coderre

1. **Call To Order**: The meeting was called to order at 6:01 p.m. by Co-Chair Stephanie J

2. **Approval of Minutes** from January 2, 2024: Louise B made a motion to approve the minutes, 2nd by Paul D. Discussion: none. Motion carried.

3. **Petitions and Communications:**
   A) Sr Resources holding their monthly M-Teams meeting here at town complex tomorrow morning 2/7
   B) Monday 3/25/24 ECD is holding a Vietnam War recognition event in the early afternoon, most likely in community rooms, but will not affect senior lunches or activities.

4. **Unfinished Business:**
   A) Community Room/Kitchen Update:
      i Town Annual inspection/PERMIT (due Dec) & TVCCA PERMIT (due Dec): all Permits COMPLETED for the year. No action needed until Nov/Dec.
   B) TVCCA Update: They have a new food truck & holding a contest to name it – must include TVCCA in name, winner location gets free meal.
   C) Best Wishes Committee (Marcy): Continuing
   D) Senior Van(s) Update:
      i New Van Status: Ready to go – see list of mini-trips in item G.v.
      ii Current older van – mechanic has looked at it and will have it in good working order for trip season
   E) TVCCA Celebration Meals: 2/7 Ethnic Shrimp Stir-Fry, 2/13 Birthday & Valentines Beef Stew, 2/14 Ash Wednesday Cod
   F) Community Room Programming: nothing to report
   G) Topical Programs
      i **HAPPENING ONGOING:** Lifestyle Care (Monitor My Health) – Weekly 9 month ongoing program, good participation – too late to join in here at this point, but Killingly has recently opened a session
      ii **UPCOMING Gabbi Labonte:** scheduled for a Q&A Tues 3/19/24, 5-7pm
      iii **UPCOMING MAY 7th Senior Forum:** Scheduled for after the monthly COA meeting (to be at 5-5:30). 1st Session 5:45-6:45 = Dr. Botta on medications. 2nd Session 7:15-8:15 = Ellen Thurlow on Health Care Management
      iv **UPCOMING OCT 1st Senior Form:** Same timing as above. 1st Session = Putnam Police Dept on scams, 2nd Session = Jennifer Basto on Medicare
      v **Comprehensive Listing of all 2024 activities** was passed around and discussed – see attached
   H) Public Comments:

i. Thankful remarks passed around regarding COA attendees suggestions for lunch trips, plans for the year, continued disbursement of Life File cards.
ii. Movies will happen once a month with minimum of 10 pre-registered and attending. Movie choices are up to attendees.

5. Adjournment: A motion was made by Louise B, 2nd by Ann R to adjourn the meeting at 6:42 p.m. Motion carried.

Next Meeting: Tuesday, March 5, 2024, 6pm, Community Room 112

Respectfully Submitted: *Marcy B. Dawley*, Acting Secretary

Current Members: Co-Chairs: Stephanie Jarmolowicz & Louise Brodeur. Secretary: Melody Cassio
Linda Lamoureux, Paul Desautels, Sheila Coderre, Laura Crosetti, Ann Russo, JoAnne Sorel
Meetings 1st Tuesday each month, unless otherwise noted

Putnam COMMISSION ON AGING

COA NextGen → *Focused on Ages 50-60+*
COA → *Focused on Ages 60+*
Enjoying the best life now & prepping for future positivity

Trip Club FUN Meetings, Road Trip Lunch Adventures, Summer Picnic, Mini-Van Excursions & Dances
A YEAR of FUN with Willie B in 2024
*(*All are Subject to change due to unforeseen circumstances that may arise)*



Trip Club FUN Meetings
Community Room:
Thursdays @ 12 Noon

- Thursday, April 11th ~ April Fools Day Theme
- Thursday, May 9th ~ Mothers Day Theme
- Thursday, June 6th ~ Gardening Theme
- Thursday, July 11th ~ 4th of July Theme
- Thursday, September 5th ~ Back to School Theme
- Thursday, October 3rd ~ Halloween Theme
- Thursday, November 7th ~ Pilgrim Theme



Free Forums & Seminars
Meet in Community Room

- Tuesday, March 19: Gabbi Labonte on Probate Issues, 5-7pm
- Tuesday, May 7: Dr. Botta on Medications & Ellen Wilson on Health Care Management, 5:30pm
- Tuesday, October 1: Putnam PD on Scams, Jennifer Basto on Medicare



$20 per trip
(except for Summer Picnic & Christmas Party)
Payment required at time of sign-up.
No refunds for no-shows or day of trip cancellations.

- Thursday, April 25: Wright's Chicken Farm, Burrillville, RI
- Thursday, May 30: Foster Country Club, Foster, RI
- Thursday, June 13: Chinese Buffet & The Blessing Barn shopping, Mendon, MA
- Thursday, July 18: Senior Picnic, Putnam Elks @ $3 each, includes 3 raffle tickets for prize baskets
- Thursday, August 1: Gregg's & Mermaid Watch, Warwick, RI – *Choose: Fish & Chips/Grilled Chicken Club/Crunchy Chinese Chicken Salad*
- Thursday, September 19: Visit Roseland Park in Woodstock & The Lodge, Webster, MA
- Thursday, October 17: UCONN sports museum & Royal Buffet, Willimantic
- Thursday, November 21: Wright's Chicken Farm, Burrillville, RI
- Tuesday, December 3: FREE Christmas Party in place of COA meeting, Community Room



FREE Mini-Van Excursions
Limited to 9 unique seniors per trip, first come-first served. Putnam residents take precedence over other town's seniors if necessary. Drive your own vehicle if you would like to attend by van is full.

- Thursday, May 2nd: American Optical AO Museum, Southbridge, MA
- Thursday, August 29th: Ekonk Hill Turkey Farm tour & shop visit (includes ice cream & lots of other yummy stuff to buy), Moosup CT
- Thursday, December 5th: Christmas Barn shopping, Woodstock CT



Senior Dance Parties at the Elks FREE!

- Wednesday, September 11
- Wednesday, October 9 - Halloween
- Wednesday, November 13

See calendar layout on other side ->

Town of Putnam, 200 School Street, Putnam, CT 06260

The Putnam Commission on Aging is supported by the Recreation Department.
The Commission meets the 1st Tuesday evening of each month at 6pm in the Community Room.

Visit the Commission on Aging Web Page * 860-963-6800, ext 140