

How To Use Rank One

- Go to www.rankonesport.com
- Click on the button “Parents Click Here”
- Click on “Go To Forms”
- Select “New Mexico”
- Select “Los Lunas Schools”
- Click on “Proceed to Online Forms”
- You may now either select “Continue as a Guest” or “New to Rank One? Create New” to create a parent account
- Now click on each tab to start the process and follow and reach instructions under each tab
- For the **Online Physical Forms** page, be sure to check mark each box listed, fill out the boxes, and sign in the signatures boxes
- For the **Permission for Medical Treatment** form, please fill out ALL boxes and sign
- For the **Medical History/Physical Upload Form**, you can either upload pictures of the first 4 pages of your child’s physical OR upload the physical in a PDF. If you select the PDF option, you will upload the entire physical in the first box only. You will know if your submission is successful when you see a green light, then click “submit”. **(Now follow the same procedure when uploading the insurance card).**
- For the **NFHS Concussion Form**, click on the link provided and complete the NFHS Concussion Course. Follow the instructions provided in the form.
- At the end of your submissions, please **remember that all tabs must say “Approved”** in order for your child to participate in athletics.