

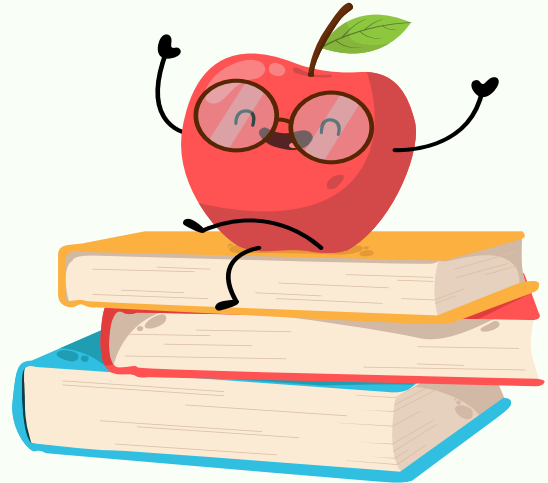
Monta Vista High School Course Selection

8th Grade/Incoming 9th
Class of 2028



Agenda

- Introductions
- Graduation and college requirements
- Course Selection process
- Things to consider when entering high school
- Reminders & Resources
- Q&A



Alpha Teams

Student Last Name	School Counselor	Assistant Principal
A — Ga	Ashley Voigt Ashley_Voigt@fuhdsd.org	Sydney Fernandez Sydney_Fernandez@fuhdsd.org
Gb — Lin	Belinda Olson Belinda_Olson@fuhdsd.org	Nico Flores Nico_Flores@fuhdsd.org
Lio — Sg	Sylvia Lam Sylvia_Lam@fuhdsd.org	Janice Chen Janice_Chen@fuhdsd.org
Sh — Z	Maribel Sanchez Maribel_Sanchez@fuhdsd.org = = = = = Clay Stiver (returns in April)	Mike White Mike_White@fuhdsd.org

Striking Balance

- Consider all opportunities and associated time commitments carefully!
- Engage in a conversation at home about:
 - **Daily living routines**
Family, friends, social media, unscheduled time
 - **Academic workload**
Increase in academic demands
 - **Extracurricular activity commitments**
Performing arts, sports, clubs, volunteering



4-Year Timeline

Grade 9

Getting to know yourself & MV

- Transitioning into high school
- Identifying your learning style & building study habits
- Developing self-advocacy & independence
- Naviance – interest inventories

Grade 10

Exploration

- Exploring new opportunities
- Discovering new interests
- Adventuring out into areas of curiosity and passion
- Naviance — career & major exploration

Grade 11

Centering your focus

- Centering in on your areas of interest (academic & activities)
- Seek balance – school, activities, life
- Naviance – college exploration and crafting a manageable college list
- Tests – AP, PSAT, SAT/ACT

Grade 12

Putting it all together

- Synthesize your experiences and pursue your discovery
- Seek balance – college applications, school, senior activities
- Naviance – fine tune your college list
- Tests — AP, SAT/ACT

Graduation Requirements

Requirement	Graduation
Social Science	30 credits (3 years)
English	40 credits (4 years)
Math	20 credits (2 years) <i>through Geometry</i>
Science	20 credits (2 years – 1 Life & 1 Physical)
PE	20 credits (2 years or 1 year and sports)
Electives	70 credits <u>In addition to 2 out of 3 Selective Electives</u> 10 credits Applied Academic 10 credits Fine Art 10 credits World Language
Total Credits	220 total credits required for graduation



9th Grade Electives (2 out of 3)

Applied Academics	Fine Arts	World Language
<p>JAVA</p> <p>Intro to Engineering</p> <p>Writing for Pub</p> <p>Principles of Business</p> <p>Intro to Woodworking</p>	<p>Art 1</p> <p>3D Sculpture & Design</p> <p>A Choir</p> <p>B Choir</p> <p>Concert Band</p> <p>String Orchestra</p> <p>Drama</p>	<p>Chinese</p> <p>French</p> <p>Japanese (level 2+)</p> <p>Spanish</p>

A-G College Requirements

Requirement	UC/CSU eligibility (A-G)
Social Science (A)	2 years
English (B)	4 years
Math (C)	3 years (through Algebra II) <i>**Need 1 full year Geometry course</i>
Science (D)	2 years
PE	
Electives (G)	1 year Fine Art (F) 2 years (or 2 levels) World Language (E) 1 year College Prep Elective
Total Credits	* 1 year course = 10 credits



UC/CSU: math, science, World Language recommends one additional year

Middle School Math Trends

If you passed...	Then you should take...
Common Core Math 8	Algebra 1
Common Core Math 8- Algebra 1	Geometry
Common Core Math- Geometry	Algebra 2 or Algebra 2/Trig
Summer school math for acceleration is NOT ADVISED!	



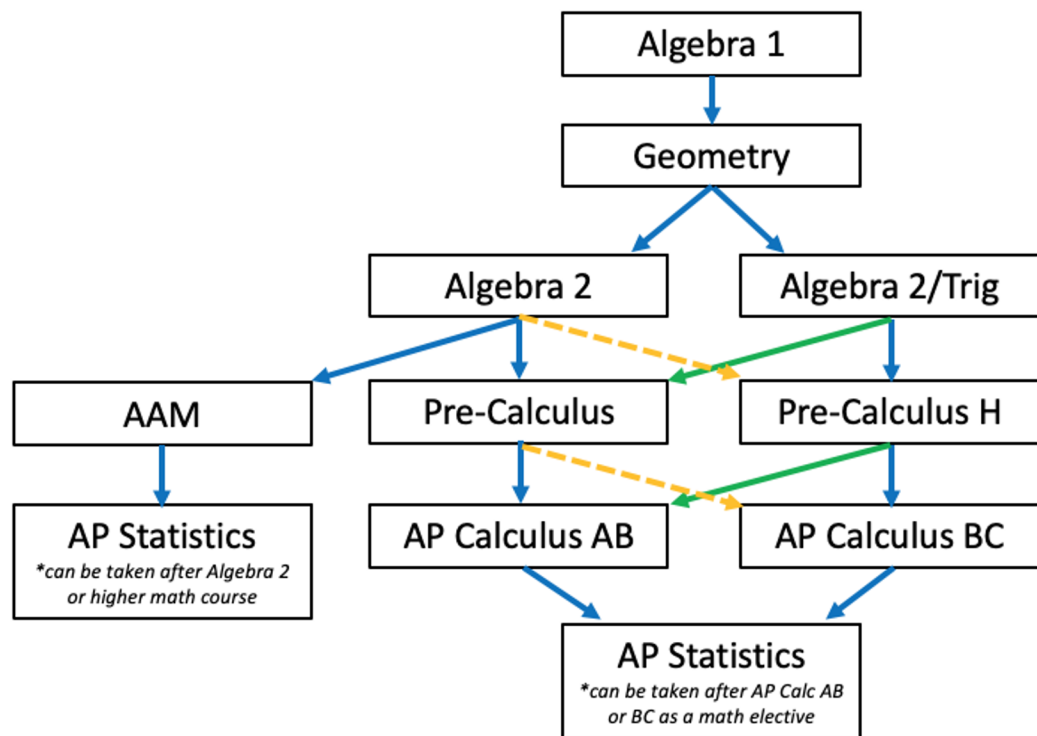
HANDOUT



Mathematics

Graduation Requirement = 20 credits or 2 years in high school (Algebra and Geometry minimum)

College entrance requirement = 3 years minimum (thru Algebra 2), 4 years recommended



Arrow Key:

Blue = the expected course progression assuming student is doing well academically

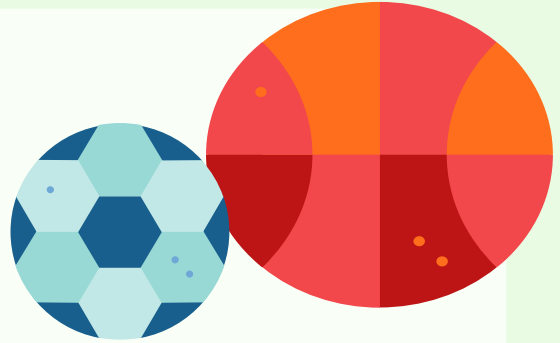
Green = students who may have found their previous course too challenging

Orange = alternative paths, not recommended without first consulting with current teacher



Skipping levels is NOT recommended and summer study is not considered sufficient preparation for high level math courses

PE 9 and Sports



- PE 9 is required for all freshmen
- Athletics/Sports are after school and outside of your MV schedule.
As a 9th grader you will earn elective credit for your sport.
- 10–12th grade you can earn PE credit for your sport
- Sports information can be found at <https://matadorathletics.org/>
 - If you are interested in participating in a fall sport, tryouts begin August 9th. Be sure to complete your physical exam in the summer.
- Outdoor sports are most impacted due to early game times (may want to request a free 6th or 7th – specify on the iK12 course selection form)

World Language

- **Chinese, French, Japanese & Spanish:**
 - Level 1 is most appropriate (*no prior knowledge needed*)
 - It's OK to repeat in the same language from middle school
 - Minimum **A-G** requirement is Level 2 completion
 - *No Japanese level 1 will be offered*
- **Chinese Diagnostic Test (Level 2+)**
 - Link to Google Form sign-up is on 2nd page of iK12 Course Selection Form
 - **Testing dates:** March 6 & 7 at MV Library at 3:30 pm

Typical 9th Grade Course Schedule

- Literature and Writing (English)
- Biology (Life Science)
- PE 9 (Physical Education)
- Math (select VERY wisely)
- Elective 1 (ex: World Language)
- Elective 2 (ex: Art 1)

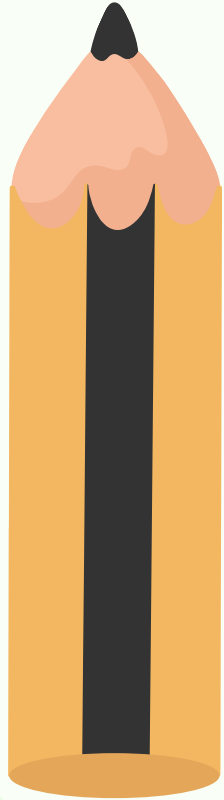


Summer Courses

- Summer courses do not count towards high school graduation requirements!
- Grade 9/High school transcript begins on August 19, 2024!



Selecting Courses



- Get information about electives before making your final decision.
Note that some electives will have more homework than others. (Use Time Management Worksheet)

HANDOUT

- Keep *overall balance, rigor* and *grade expectations* in mind
- Choose wisely! Your Top Six choices should be the classes you want the most
If you are absolutely in need of an open 1st, 6th, or 7th period, then you should put it in your top six choices.
- You do NOT have to choose a 7th class – placement into a 7th class is based on space availability
- No two classes within the same curricular department

iK12 Course Selection Form

Top Six Course Requests (this is not the order your classes will be in)

T O P S I X	Subject	Course Number / Name
	English	1010 Lit/Writing
	Science	3110 Biology
	PE	2510 PE 9
	Math	Select... ▼
	Elective	Select... ▼
	Elective	Select... ▼

Current 8th Grade Math

Course Name:

7th Choice Request (optional)

- 7th Choice should be a course you can live without as it is **not guaranteed** and **only based on availability**.
- The **majority** of 9th graders take **six courses** at Monta Vista.

Optional 7th Course

Select... ▼

*guarantee 6 classes, 7th only if there's space

*do our best to give students their top 6 choices

Chinese Level Placement

Incoming 9th Grade students with any working knowledge of Chinese (reading and writing) are strongly encouraged to participate in the Diagnostic Language Assessment to assist in identifying the appropriate level of placement. If you have questions about Chinese level placement, please contact I-Chu Chang at ichu_chang@fuhd.org. Please do the following:

1. Select Chinese 2 level or above as an elective on this course request form.

AND

2. Sign up for the [Chinese Diagnostic Language Assessment](#) by completing the survey link. You will be notified with confirmed testing date, time and location at a later date.

Parent/Guardian Approval

It is important that your student carefully considers their academic and extracurricular commitments when selecting courses. Students are encouraged to utilize a variety of resources to plan and select courses such as current academic performance and interests, college and career plans, teacher recommendations, online course selection materials, the Course Information Fair, and course selection Q&A webinars.

Your signature indicates that you've had a conversation with your student, have carefully considered the overall academic load and extracurricular commitments, reviewed the resources provided, and are committing to the above courses for the 2022-2023 school year.

Student Parent/Guardian
Initial Initial

☐

I understand that school staffing and scheduling decisions are made based upon my student's course requests above.

☐

I understand that **course changes may not be possible** due to staffing and scheduling restrictions, and I am committing to the courses selected above.

Student signature: _____

[Click to sign here](#)

Date: _____

01/23/2022

Parent/Guardian signature: _____

Date: _____

01/23/2022

Submit form / Enviar formulario

Steps to submit:

Student initiates form/fills it out



Click Submit button at bottom



Student enters parent/guardian email address to send to parent/guardian



Parent/guardian reviews, signs, and submits form



MVHS receives form

Course Selection Timeline

- iK12 Course Request Forms emailed to parents and posted on the MVHS website on **February 8, 2024**
- iK12 Course Request Forms due: **February 16, 2024 (TASK!)**
- Course verification mailed USPS: **Early March**
Request to change courses – DO IT NOW AS THE SCHOOL SCHEDULE IS BUILT ON THIS INFO
- Tentative student schedules emailed: **Early August**
Request to add (if available) or drop courses – NO GUARANTEES
- Final schedule first day of school (access on Infinite Campus): **August 19, 2024**
Schedule changes are not entertained after the first day of school

Comprehensive HS Experience

MVHS is a comprehensive high school! This is a time to:

- Explore deeply into the areas of interest
- Learn with purpose
- Have fun and try new things!

Activities:

- Clubs
- Leadership
- Music
- Theater
- Spirit/Cheer
- Dance
- Marching Band
- Color Guard
- Athletics



Helpful Resources!

- [Course Videos](#) Available NOW on MVHS Website
- Course Selection iK12 forms
 - [Feb 8 – Feb 16 registration window](#)
Do not rush with forms!
- Time Management Worksheet (with estimated homework)

[ABOUT US](#)[ACADEMICS](#)[COUNSELING & STUDENT SUPPORT](#)

COURSE SELECTION FOR 2024-25 SY

For important events/dates for each grade level see the following:

[CURRENT 8TH/INCOMING 9TH GRADERS](#)

[CURRENT 9TH - 11TH/RISING 10TH - 12TH GRADERS](#)

To learn more about the courses Monta Vista offers, click the button below to view course videos. Please check all links (including the course code) as some courses also have a course flyer, presentation, or social media link in addition to the course video

[Course Videos](#)
For 2024-25

The District Course Selection Guide, or course catalogue, provides valuable information on course descriptions by department, college admissions testing, guidance and planning and educational options.

[2024-25 FUHSD Course Selection Guide](#)

For further information on planning courses based on time management, Career Technical Education, recommendations from departments and graduation requirements, see the tabs below. Note that MVHS may not offer all of the district's courses; the MVHS Course List can be seen by clicking the button below.

[MVHS Time Management Worksheet](#)[2024-2025 MVHS Course Offerings](#)

9th Grade Electives

Intro to Ethnic Studies (semester)	Health (semester)
<ul style="list-style-type: none">● explore identity, perspectives and experiences of others● analyze complex problems locally and around the world● learn about people of color and other groups whose stories and experiences are usually missing from school and society	<ul style="list-style-type: none">● learn relationship skills, resolve conflict, communicate needs and boundaries● learn how to manage anxiety, cope with stress, develop strong self-care habits● learn deeper awareness towards alcohol, drugs and substances● learn how to track nutrition, exercise routine, and physical wellness



Questions?

For questions about your course selection, please email the appropriate Alpha Team. We do not meet with 8th grade families or students until after they are officially a 9th grader enrolled at MVHS, however, we are happy to answer questions regarding course selection via email.

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A — Ga	Ashley Voigt Ashley_Voigt@fuhsd.org	Sydney Fernandez Sydney_Fernandez@fuhsd.org
Gb — Lin	Belinda Olson Belinda_Olson@fuhsd.org	Nico Flores Nico_Flores@fuhsd.org
Lio — Sg	Sylvia Lam Sylvia_Lam@fuhsd.org	Janice Chen Janice_Chen@fuhsd.org
Sh — Z	Maribel Sanchez Maribel_Sanchez@fuhsd.org =====	Mike White Mike_White@fuhsd.org
	Clay Stiver (returns in April)	