



Dear Parent:

Children need access to healthy foods and opportunities to be physically active in order to grow, learn, and thrive. Our students are offered healthy school meals with even more fruits, vegetables, and whole grains. In July of 2014, the **Smart Snacks in Schools** standards were implemented and have built on those advancements to ensure that our students are only offered tasty and nutritious foods during the school day.

By supporting healthy eating and physical activity, Warren County Public Schools is committed to providing school environments that promote and protect children's health, well-being, and ability to learn. Our district's **Health and Wellness Policy** emphasizes the importance of "smart snacks" in several areas. As the new school year begins, we want to make you aware of the nutrition aspects of this policy.

- **Classroom celebrations** should foster healthy food choices and portion control.
- Events involving food and/or beverages must be held in compliance with the federal **Competitive Food Rule**. This means that these events cannot begin until at least 30 minutes after the end of the last lunch period.
- To ensure that foods served to children are safe and sanitary, only store-bought items **with an ingredient label** may be brought to the classroom for snacks and parties.
- For **fundraisers**, food and beverages that do not meet minimum nutritional standards should only be sold 30 minutes after the end of the school day.

Thank you for your cooperation with this policy. If you have any questions, please feel free to call our office.

Sincerely,

Kelly Holt, SNS  
Food Service Director

