



FRENSHAM

Boarding & Day School for Girls



Where boarding is a way of life

Mittagong NSW Australia



*Inspiring girls to be confident, respectful,
curious, creative and grounded.*

Welcome to Frensham

Thank you for considering Frensham for your daughter.

Established by Winifred West in 1913, Frensham is one of Australia's most respected boarding and day schools for girls. Frensham inspires its students to be critical, ethical and flexible thinkers, equipped to be future leaders in a complex and rapidly changing world.

Frensham is an outward-looking and forward-thinking school. Our passionate and dedicated staff work as a highly professional team that takes the time to consider and support each girl's individual learning, growth and development as independent, empowered young people. Our belief is that students rise to the intellectual life around them, which creates a culture designed to inspire intellectual and emotional growth and maturity, helping every student to thrive.

In a stimulating living and learning environment surrounded by an abundance of natural beauty, girls are challenged and supported to develop the skills and the motivation to contribute positively to their local and global community. They are taught to value kindness, resilience, empathy and compassion, and to carry these attributes with them for life, alongside the School's core values.

Lifelong friendships are formed through living and learning in residence, and girls are inspired and supported to work together to embrace and overcome challenges, and to celebrate each other's achievements. This sense of community shapes the character of the School and of our students. Success is measured in the way girls carry themselves beyond school – with a confident, courageous and generous spirit.

We very much look forward to welcoming you to Frensham to explore the possibilities for your daughter.

Geoff Marsh
Head of Frensham



Where boarding is a way of life.



Boarding at Frensham is a Way of Life

Boarding at Frensham is a wonderful experience where valuable and long lasting friendships are formed. Over 70 percent of our students are boarders and this sets us apart from all other Australian boarding schools for girls. We are the only school in Australia with a full day, tailored program across the entire week, with each year group's needs and interests catered for accordingly.

Boarders have scheduled study times, academic coaching, evening workshops, weekend sport and dedicated time for music practice. Activities are also scheduled across the weekend which allow for optional activities such as reading and relaxation with friends.

Students are encouraged to work independently and manage their time responsibly however teachers are on campus throughout the week for support and guidance. Each student is encouraged to be active and compassionate in recognising the needs of others and in responding with generosity and integrity.

"I love boarding. It's a bit like one long sleepover."

Year 7 student

Frensham is a boarding school, not a school with boarders.





Learning for the Future

We want students to thrive. With the belief that students rise to the intellectual life around them, Frensham creates a culture designed to inspire intellectual growth and emotional maturity.

Our educational program is personalised and flexible and we benchmark our academic outcomes for students and the School against global standards. We support our students to work together to embrace challenges and to celebrate each other's achievements.

A progressive approach

The world is more connected than ever. Entire industries are changing and new ones are emerging every year. In response, we are strengthening links internationally and refining our curriculum to future-proof our school and our students.

Teachers to inspire

Truly great schools are underpinned by outstanding teachers. Frensham teachers are known for their expertise and professionalism. Professional learning at Frensham is delivered by leading researchers and practitioners from around the world.

*“A teacher's work is not to dominate but to inspire,
not to mould but to awaken, not to control but to set free.”*

Winifred West, 1973

Emotional and intellectual maturity.





Jamieson Program

Adolescence can be a time for pushing boundaries and for risk taking. Frensham's Jamieson Program addresses one of the most important questions we consider as educators: 'What is it we need to learn in this complex and rapidly changing world?'

Our Jamieson Program is built on the belief that exposure to challenges, in a secure environment, can awaken in young people a belief in themselves that will stay with them throughout their lives.

The Jamieson Program focuses on global citizenship, health and fitness, critical and ethical thinking, and service and leadership. These focus areas help the girls to gain the confidence and courage to deal with the unfamiliar territory ahead. It also challenges students to consider the difference they can make, individually and as part of a group, when exploring real social, political and environmental issues.

The Jamieson Program includes student participation in Cambridge courses:

- **Year 9:** (IGCSE) Global Perspectives – providing opportunities for enquiry into, and reflection on key, global issues from a personal, local, national and global perspective.
- **Year 10:** (AS Level) History or Geography – advanced courses which challenge thinking, require deep content knowledge and prepare students for the rigour of HSC courses.

FRENSHAM is accredited by CAMBRIDGE to offer subjects from the International General Certificate of Secondary Education (IGCSE) – an international qualification for 14 to 16 year olds and the Advanced Courses (AS) for 16 to 19 year olds.



CAMBRIDGE
International Examinations

Cambridge International School

The Duke of Edinburgh's International Award

The Jamieson Program begins in Year 9 and all students are involved in cultural, practical and adventurous activities. They lead expeditions, learn the value of community service, gain practical skills and take part in physical recreation. Each activity sets a different challenge and encourages ingenuity, confidence and teamwork.



"I really enjoyed Global Forum. It made me think of the ways we could help people in parts of the world where they don't have some of the things we think are basic."

Year 9 student

Passionate engagement with school and community life.

*The Duke of Edinburgh's
International Award
is a core element of the
Jamieson Program*





Sport

Representative Sport is an essential and celebrated part of life at Frensham. Well over 90 percent of girls represent the School in the Independent Girls' Schools Association (IGSA) Competition every term.

Frensham's spirit is on display each Saturday morning at Frensham's sporting facilities. Owing to the School's expansive grounds, indoor venues and world class facilities, we host matches at home throughout the entire school year. Frensham parents are an integral part of the welcome we extend to visiting teams and their families.

Our Equestrian*, Rugby and Snowsports teams also represent the School at local, state and national events.

IGSA competitions and competitive team sports are organised by term:

TERM 1	TERM 2	TERM 3	TERM 4
<ul style="list-style-type: none"> • Cross Country • Equestrian* • Gymnastics • Tennis • Touch • Swimming • Water Polo 	<ul style="list-style-type: none"> • Athletics • Basketball • Cross Country • Equestrian* • Football (Soccer) • Gymnastics • Rugby • Snowsports • Swimming 	<ul style="list-style-type: none"> • Athletics • Equestrian* • Gymnastics • Hockey • Netball • Rugby • Snowsports • Swimming 	<ul style="list-style-type: none"> • Equestrian* • Gymnastics • Touch • Tennis • Swimming • Water Polo

** Riding is scheduled within the co-curricular program across the full year. Girls with their own horses ride at their choice of venue, at designated times. Lessons are scheduled by the School for those wanting to learn.*

Fit for the Future

Being both mentally and physically fit is a central part of Frensham's culture. Outside the classroom, we see sport as a great way for students to challenge themselves, uncover talents, build confidence and form strong bonds of friendship along the way.

The School has world class sporting facilities including a gymnasium, indoor swimming pool, cross country track, synthetic and grass fields, tennis courts and international standard netball and basketball courts.

Professional coaches and teachers support girls to maximise their skills and fitness and set the highest expectations for student conduct on and off the field.



Representative team sport is central to school life.



*Frensham's Conservatorium-style
approach to vocal and instrumental
Music Tuition inspires passionate
student engagement*

Music, Drama, Art and Design

Frensham has always nurtured the arts – they are an integral part of the fabric of the School. Whether it be in the performing arts (music and drama), art and design or writing, students are actively involved in creating and producing in a range of forms to express their unique and personal views about the world.

Our Design and Fabrication Studios form a creative hub where expert teachers lead courses in digital design and fabrication, supported by the latest technologies.



Curious and adaptive learner.





Today's dreamers are tomorrow's doers

Technological innovation and scientific discovery are at the core of our academic curriculum. STEM subjects (science, technology, engineering and mathematics) are supported by our state-of-the-art science and technology facilities.

We urge students to be innovative and entrepreneurial in response to ever-increasing opportunities to develop their creative, technological and collaborative skills.



The curiosity and courage to ask why.



*“Each generation has its dreams of what the world might be...
you are needed, your integrity is needed,
your vitality is needed, and your dreams are needed.”*

Winifred West, 1945

A Learning Community

Frensham's highly qualified teachers nurture students to think critically and creatively, and to value the learning process as much as the end result.

Our goals are:

- To meet the individual learning needs of all students by personalising programs, experiences and outcomes
- To promote a growth mindset in every student and member of staff
- To develop leadership capacity in all students and staff
- To create a learning community that embraces innovation, inspired by evidence-based research and external critique

Each year, our Foundation funds scholarships to support professional learning experiences for outstanding teachers.

In keeping with our position as a world-class school, staff represent Frensham nationally and internationally at courses and conferences.

"We have really amazing teachers who give us as much help as we need."

Year 12 student

"Love of learning is fostered by all... teachers and students working together, and towards something purposeful and important."

Frensham teacher

Academically rigorous, personalised learning.



Frensham Character

Frensham graduates are confident, respectful, curious, creative, and grounded.

Inspired by a strong sense of purpose, they understand that the challenge, 'In Love Serve One Another', calls on them to develop their talents and use them to make a meaningful contribution, for the common good.

Throughout their lives, our graduates demonstrate the skills and willingness to make a positive difference in the world.

SCHOOL VALUES					
Emotional and physical health and wellbeing	Unselfish pursuit of excellence	Individual growth	Service to others	Broad experience	Innovative and adaptive approaches
OUTCOMES BEYOND SCHOOL					
Confident and self-assured	Willing contributor	Curious and adaptive learner	Respectful and active citizen	Grounded future-builder	Solution architect
21 ST CENTURY KEY COMPETENCIES					
CHARACTER	COLLABORATION	CRITICAL THINKING	CITIZENSHIP	COMMUNICATION	CREATIVITY
QUALITIES AND DISPOSITIONS					
Confidence: demonstrates a sense of wellbeing, strength of character and grit through her: <ul style="list-style-type: none"> • Resilience and reliability • Integrity and honesty • Friendship and positivity • Gratitude, good humour and kindness 	Willingness: supports the attainment of excellence through her ability to: <ul style="list-style-type: none"> • Work with others • Develop and share her talents • Support achievement • Set high standards 	Curiosity: displays readiness to thrive in a world that requires ongoing learning through her disposition to: <ul style="list-style-type: none"> • Effect change • Set goals • Reflect, commit and act • Question and take calculated risks 	Respect: offers informed perspectives and service as a citizen through her disposition to: <ul style="list-style-type: none"> • Respond generously • Lead by example • Serve with humility • Embrace difference 	Groundedness: draws together the breadth of her education to communicate a vision that reveals her: <ul style="list-style-type: none"> • Focus on the future • Insight and ethical thinking • Aesthetic appreciation • Social and emotional maturity 	Creativity: experiences the excitement of breaking new ground through her disposition to: <ul style="list-style-type: none"> • Strive and persist • Discern meaning • Problem solve • Inspire passion

Grit, Gratitude and Good Humour

Frensham offers girls a rich and rewarding experience at a pivotal time in their lives.

Through the rhythm of daily life, they are taught that great things come through dedicated effort, patience and self-belief. It is this legacy that fires the Frensham spirit – and the way of life that girls come to know and love.

Character Education at Frensham

In a highly-connected world of increasing possibilities, we provide an education that inspires students to take up the challenge of our Founder – In Love Serve One Another – demonstrating the skills and willingness to make a positive difference in the world.

Frensham takes an evidence-based approach to describing and implementing both a framework for character education and an ongoing conversation within the community about how to best ensure students leave Frensham with this essential and unifying competency.

Our ultimate success is measured in the way our girls carry themselves beyond school, with a courageous and generous spirit as global citizens of today and tomorrow.

“Frensham offers a perfect balance of fun, friends and studies.”

Year 12 student

The unselfish pursuit of excellence.





FRENSHAM

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MEMBERSHIP

- Association of Heads of Independent Schools of Australia [AHISA]
- Independent Girls' Schools Association [IGSA]
- Australian Boarding Schools Association [ABSA]
- Boarding Schools' Association of the United Kingdom [BSA]
- International Coalition of Girls' Schools [ICGS]



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