

Knowing My Rules for Safety

1.

I **CHECK FIRST** with my parents, guardians, or other trusted adults before going anywhere, doing anything, helping anyone, accepting anything, getting into a vehicle, or leaving with anyone.

2.

I **TAKE A FRIEND** with me when going places or playing outside.

3.

I **TELL** someone **NO** if they try to touch me or do things in ways that make me feel sad, scared, or confused, because it's **OK** for me to stand up for myself.

4.

I **TELL** my parents, guardians, or other trusted adults if anything happens to me.

Sometimes there are people who trick or hurt others. No one has the right to do that to you. So use these rules, and remember you are **STRONG**, are **SMART**, and have the right to be **SAFE**. Always

- **CHECK FIRST**
- **TAKE A FRIEND**
- **TELL PEOPLE "NO" WHEN THEY TRY TO CAUSE YOU HARM**
- **TELL AN ADULT YOU TRUST IF ANYTHING HAPPENS**

NATIONAL CENTER FOR

MISSING & EXPLOITED
CHILDREN®
www.missingkids.com

OJJDP Office of Juvenile Justice and Delinquency Prevention
Office of Justice Programs ♦ U.S. Department of Justice

Charles B. Wang International Children's Building
699 Prince Street
Alexandria, Virginia 22314-3175
U.S.A.

The **National Center for Missing & Exploited Children**® (NCMEC), established in 1984 as a private, nonprofit organization, serves as a clearinghouse of information about missing and sexually exploited children; provides technical assistance to the public and law-enforcement agencies; offers training programs to law-enforcement and forensic, social-service professionals; distributes photographs of and descriptions about missing children worldwide; creates and coordinates child-protection education and prevention programs and publications; coordinates child-protection efforts with the private sector; networks with nonprofit service providers and missing-children clearinghouses regarding missing-child cases; and provides information about effective legislation to help ensure the protection of children per 42 U.S.C. §§ 5771 *et seq.*; 42 U.S.C. § 11606; and 22 C.F.R. § 94.6.

A 24-hour, toll-free telephone line, **1-800-THE-LOST**® (**1-800-843-5678**), is available in Canada and the United States for those who have information regarding missing and sexually exploited children. The “phone free” number is 001-800-843-5678 when dialing from Mexico and 00-800-0843-5678 when dialing from many other countries. For a list of other toll-free numbers available when dialing from specific countries visit www.missingkids.com, and from the home page click on the link to “More Services” and then on the link to “24-Hour Hotline.” The CyberTipline® is available worldwide for online reporting of these crimes at www.cybertipline.com. The TTY line is 1-800-826-7653. The NCMEC business number when dialing in the United States is 703-274-3900. The NCMEC business number when dialing from other countries is 001-703-522-9320. The NCMEC facsimile number is 703-274-2200. The NCMEC website address is www.missingkids.com.

For information about the services offered by NCMEC’s regional offices, please call them directly in California at 714-508-0150, Florida at 561-848-1900, Florida/Collier County at 239-566-5804, Kansas City at 913-469-5437, New York/Buffalo at 716-842-6333, New York/Rochester at 585-242-0900, New York/Utica at 315-732-7233, and South Carolina at 803-254-2326.

A number of publications, addressing various aspects of the missing- and sexually exploited-child issue, are available free-of-charge in single copies by contacting the
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