

SHAC 11/7/2023 Meeting Minutes

SHAC called to order 11/7/2023 at 4:02pm

Diana Williams - Review of what SHAC is

Examples of discussion are: Health, Nutrition, Mental Health, PE, Activity hours

We meet at least 4 times a year

Wellness plan

Review/Recommend new curriculum

Members/introduction: Diana Williams, Gene Weinkauf, Erika Myer, Keri Hampton, Rita Gray, Cheryl Chambers, Ella Parmer, Tara Cutlip, Amy Petterson, Paula Stephenson, Sandra Choate

Wellness plan: Review annually, perform 3 year assessment. WELLSAT helps us score , ensure implementation, and make goals. No changes at this assessment this year.

Allergy concern mentioned by parent on Menu App

Response is allergy education to staff, explain 3rd party app and process of changing menu vs supply issues, refer to contact campus or food service day of meals as states on app menu is subject to change.

Gene Weinkauf - Food Service- Contractor with Chartwells K-12

Discussion on supply chain issue, Menu App issues, problems when order substitutions.

App reliability, updates, issues in changes of menu

Menu subject to change, suggest calling campus or food service that day

Supply changes and delivery is completely out of our control

Texas Department of Agriculture and USDA guidelines

Student involvement:

What like to see different, what are likes/dislikes

Sales, costs, highest sales products, Kiosks grab n go,

Food tasting options, adequate staffing, free product to students, obtaining student suggestions/opinions.

Possible to send out google survey, possibly higher participation

Thanks given to student for involvement in SHAC

Parent back to concern of menu change and what will be offered to student if allergy to what has changed that date: Offer Sunbutter sandwich is solution at this time.

Diana Williams - Nurse-Fentanyl Awareness

Educate 6-12th grade

BJH had DSHS out but mostly still only covered vaping

HELP center BIS but missed students who opted out of education offered

Campus education to those who missed that

Old concern was addiction or taking too many and try to overdose

New concern is that most are accidental - 1pill can Kill

Fake, Cheap, no way to know lethal until ingested

Started with a handful and now the numbers are countless of those that have lost life to this

VIDEO shown: Natural High PSA

Resources for parents

VIDEO shown: How to use Narcan

Next meeting:

Feb 13th

March 5th

Any ideas like to suggest, please email

Gene encouraged to get with us on student response

Meeting adjourned 4:55pm