

# AISD SHAC MEETING MINUTES

November 28, 2023

Esly DeLuna- Parent	Trey Washburn- Athletics
Tracy Melson- AEN/Parent	Avery Davis- AHS Student
Amy Newcomer- AJH Principal	Lauren Melson- AHS Student
Tim Payovich-AISD Police	Kerry Hargrove- AIS PE
Brian Welch- AEN PE	Leigh Williams- AHS
Ashlee Reed- AEN Principal	Melanie Guzman- AHS Student
Angela Taylor- AHS Nurse	Nikki Bowman-Reach Across Johnson
Lori Nunez- ADM	Jessica Lewis- AHS Student
Juan Sanchez- AES PE	Ana Encinas- District RN
Lynleigh Hazard- HS Student	Maryann Solis- AHS Student
Hannah Massey- LES	Abigail Trevino- AISD CN Director
Sandra Salinas- Parent	Payton Stephens- AHS Student
Taylor Childress- LES PE	

The SHAC meeting was called to order at 1:35pm by Abigail Trevino. She welcomed all in attendance and discussed the agenda for the SHAC meeting. Reviewed agenda items for today's meeting.

The meeting minutes from Sept 19, 2023 were reviewed and approved.

**Roles and Responsibilities of SHAC:** Mission-Vision- Goals, review the roles and responsibilities in slides.

**Health Services:** Abigail welcomed our guest speaker for this meeting, Dr. Jacob Szeszulski presented the program "Strong Teens Healthy Schools" by Texas A&M AgriLife Extension. He explained that grades 6th & 7th can participate in this program. Program is based on having students participate in a 16-week nutrition and physical activity program. There is also compensation after completing this program.

*AISD Clinic:* Ana Encinas spoke about updates in the clinic and the most common positives and negatives regarding Strep and Covid, she had charts to show updates on clinic visits.

**Nutritional Services:** Abigail Trevino talked about the TDA Audit for CN, and explained that CN menus do not need to be approved by SHAC anymore. We now have a new

program “CN Advisory Board” to approve menus and all SHAC members are welcome to participate in it if they are interested.

**Parent/Community Involvement:** *Reach Johnson County Prom pop-up:* Nikki Bowman spoke about a Prom pop-up event that will take place on Feb 26-27 in Waxahachie & Feb 29th-March 1st in Burleson. There will be booths set up on prevention for drugs, education, and mental health, at the end of the event there will be a raffle where all the participating students will have a chance to participate in a chance to win a prom dress or haircut for Prom Day.  
SHAC Night will be on March 28th.

**Counseling, Psychological & Social Services:**

Mrs Leigh Williams will have a counselor via zoom to speak about -TCHAT Mental Health Resource. Were not able to connect. Will reschedule for our next meeting February 6, 2024.

**Physical Education:** Coach Welch talked about the Kids Heart Challenge they will be participating in in February for 2 weeks. (around valentines day)  
-Lillian Elementary will be having Jingle Jog run on December 20th.  
-Intermediate is participating in the Cleaning Out Your Closet Challenge for shoe donations. Funds will help them with PE equipment.

**Meeting End at 2:19PM**

**All SHAC members were thanked for coming to the meeting and participating. The next SHAC meeting is scheduled for Tuesday, Feb 6th, 2023 at 1:30pm in the AISD Boardroom.**